



The Acorn

Adams County HCE Newsletter

2017-18 ACHCE Board

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Happy 2018!! We begin 2018 with a new IAHCE theme "Celebration at the Crossroads". Adams County can shorten the theme to "Celebration!" as we begin a year of celebrating 100 years of HCE in Adams County. You will find an article on life in 1918 in this newsletter introducing us to life 100 years ago. Each unit has been asked to share the history of their unit. In the February's Announcements both the Camp Point Unit and the Beverly/Liberty unit will be featured. We'll continue with a brief history of each unit through December, 2018. Look back through old secretary minutes and include any old photos you might find that can be copied, along with a recent photo of your membership. We'll use a Birthday/ Anniversary Party theme for our annual meeting in April and plan to have a county-wide 100th Anniversary Celebration in October during HCE Week. We hope that each unit will also plan special recognition during one of their unit meetings.

Here's a list of the dates units were established, as noted in the quilt behind

Darlene's desk: Camp Point	1917 CP Day
Beverly/Liberty	1918 Beverly
	1942 Liberty
Burton/Plainville	1917 Burton
	1920 Plainville Day
	1958 Plainville Night
GEM	1937 GEM
Paloma	1939 Paloma
Chatton	1947 Chatton
Unity Nite	1959 Unity
Quinsippi	1960 Quinsippi
Quincy Tumbleweeds	1997 Tumbleweeds
Sunshine Girls	2008
Special Interest Clubs	2006 Book Club
	2007 Quilt Guild
	2016 Card and Game Club

The 2018 Annual State Conference will be held March 13 through March 15 at the Thelma Keller Convention Center in Effingham, IL. All counties celebrating 100th Anniversaries this year will have special recognition at the Conference. The registration deadline is February 1. If you interested in attending, registration forms are available on the IAHCE website or by contacting a board member for a copy. Have you completed any embroidery, quilting or craft project this year? The deadline to register a Cultural Enrichment project is February 15th. Judy Milfs has the registration forms for cultural enrichment projects. Quilts are now limited to one per county.

We are looking forward to a busy 2018 highlighting the activities of units in Adams County HCE. We hope you enjoy learning a little about the history of HCE in Adams County as we celebrate 100 years.

Your Co-Presidents,
Heather Ator and Judy Milfs



The Oak Leaf

The purpose of this column is to recognize and highlight the many contributions of Adams County HCE members in our communities, along with the fun and unique activities or events by the units.

- The Adams County HCE Current Board Members and Past Presidents Christmas Party was held on Tuesday, Dec 12 at Tony's Too. Sixteen ladies enjoyed a delicious meal and fellowship. Each attendee was asked to bring donations to support the Illinois Veteran's Home. The Activities Office was very grateful to receive the above consolidated donations on Thursday, December 14.



- The Beverly/Liberty HCE took cookies and sang Christmas Carols with residents at Timberpoint Care Center in Camp Point on Tuesday, December 19. We enjoyed a meal together and gift exchange at Bailey House Restaurant. It was a delightful evening of Christmas cheer! We were also treated to a tour of Joyce and Phil Welch's home which they have beautifully decorated for Christmas.

- The Quincy Tumbleweed HCE held its annual Christmas Party on Sunday, December 10 at the Patio in Quincy. Thirteen members and four guests enjoyed fellowship and a Secret Santa Gift Exchange after a very delicious family style meal of fried chicken, roast beef, baked potatoes, green beans, dinner rolls, and peppermint ice cream for dessert.



- The Quinsippi HCE held their annual Christmas Party and Cookie Exchange on Tuesday, December 5 at the Patio Restaurant.

- The Sunshine Girls went to Quincy Municipal Airport for their Christmas Party. The terminal building has The Blue Haven Cafe in the northwest side of the terminal building. Windows are all along the west side of the restaurant, and offer a panoramic view of the runways. We were able to see airplanes coming and going during our meal. Each of the ladies present at the luncheon received a 2-page article featuring pictures of the terminal and the history of the building of the terminal. Our unit tries to visit places with a history attached to them. The airport terminal was one of the many structures Quincy architect, John Benya, built in the Quincy area. Because parking is widespread at the airport, we decided to bring nonperishable food to our January meeting to give to the Catholic Charities Food Pantry. After the holidays there is always a need for food at the food pantries; especially, during the months of January and February.

IMPORTANT NOTICE:

- Heather and Judy are requesting each Adams Co. unit to email a list of Outreach activities that their unit participated in during 2017 to one of them. Please include any donations of money or goods and to where they were made. Also any activities with 4-H groups, nursing homes, schools, veterans groups etc. Please respond before January 15th. Our units impact our communities in many ways and we hope to continue to highlight Adams County in our annual report.

Applebee's Flapjack Fundraiser

The Adams County Home & Community Education is sponsoring a fundraiser with APPLEBEE'S restaurant in Quincy.

DAY: Saturday DATE: February 24, 2018 PLACE: Applebee's Restaurant (3827 Broadway) TIME: 8 A.M. - 10 A.M.



**Enjoy a short stack
for a tall cause.**

TICKET COST: \$5.00/Person. Remember: The tickets sell for \$5.00, but out of every ticket sold HCE keeps \$4.00. The money raised from this fundraiser goes toward the ACHCE Scholarship Fund.

VOLUNTEERS are needed to help on the day of the fundraiser. Anyone who volunteers needs to wear COMFORTABLE SHOES, tan slacks, a purple T-Shirt, and an apron.

Volunteers will be needed to do the following tasks: Make Coffee; Seat the Customers; Take Orders; Serve Drinks; Serve Food; Bus Tables. Remember---Refills are DRINKS ONLY; NO REFILLS ON FOOD!

VOLUNTEERS WILL NEED TO BE AT THE RESTAURANT ON SATURDAY, FEBRUARY 24, 2018 AT 7:30 A.M.

All units received tickets with the pickup Lesson for Living---5 ingredient Recipes---available December 1, 2017. Instructions for the ticket sales and returns plus a stamped, addressed envelope to Edna Flesner were included in the packet. Any tickets left and money from ticket sales received after February 17, 2018 bring to the restaurant on Saturday, February 24, 2018---or call Edna (217-696-2611) to make other arrangements.

To Volunteer or receive information about the fundraiser contact: Mary Voorhis 217-224-0084

Annual IAHCE Conference Entries

It's time again to gather our entries for exhibiting at the annual IAHCE conference being held March 13-15 at the Keller Convention Center in Effingham, IL. . Categories which may be exhibited are listed below.

Artwork (Charcoal, Oil, Acrylic or watercolor)
Counted Cross Stitch
Crafts (Wood and Rugs included)
Crochet Afghans
Crochet-Other
Hand Embroidery
Hand or Machine Pieced and hand quilted Quilt by HCE member
Heritage Needlework (Silk Ribbon, Hardanger, Tatting, etc.)
Jewelry (Handmade)
Knit Afghans
Knit-Other
Machine Embroidery
Machine pieced and machine quilted by HCE member
Nature Items (anything made of natural things, wheat, corn husk, etc.)
Photography
Quilt, hand or machine pieced by HCE member and quilted by non HCE member
Quilted-Other
Recycled
Scrap Booking (4 pages total, front and back, in 2 plastic sleeves)
Table Runners and covers
Wearable Art (any technique applied to purchased or self made item)
Wall Hangings
Current Annual Conference Theme
Craft from current Country of Study

NOTE: Above size maximums 24" including matting and frame or can be folded to 24" except quilts

Each County is able to exhibit eight entries, with one being a quilt. Entries must be the handwork of the exhibitor and finished within the past two years. Items entered in previous IAHCE shows are not eligible. Please let Judy Milfs know by Jan. 31st if you plan to enter an item. Her phone # is 217-224-7763 or fortyford@comcast.net. We look forward to a good representation from Adams County. Susan Sprague - Cultural Enrichment Chairman

Things to Do..... and Reminders

HCE Book Club

The HCE Book Club will discuss THE ROSIE PROJECT by Graeme Simison on Wednesday, January 17, 2018 from 11:00 a.m. to 1:00 p.m. at Daylight Donuts (48th). Debbie Cramsey will be the discussion leader.



Description: The book describes Don Tillman's, professor of genetics, quest to find a suitable wife. He puts together a 16 page document that will weed out the undesirables. He soon finds out that love is not always what looks good on paper.

Anyone who enjoys reading is welcome at the HCE Book club. for information call: Mary Voorhis 217-224-0084

HCE Scholarship Applications



Attention parents and grandparents! It's not too early to encourage the college student or high school senior in your family to apply for a 2018 Adams County HCE scholarship. The deadline for applications is **March 1, 2018**. Applications can be obtained from Darlene Spurrier at the Farm Bureau Extension Office or from your unit president. The sponsoring member must have been a member of HCE for two years. The student will need to submit their current transcript, two letters of reference, a photo and a written personal statement. Students are eligible to be awarded scholarships twice. It's anticipated that the scholarship grants will total \$500 this year. Winners will be announced in April, prior to the annual banquet.

HCE Card & Game Club!

Due to circumstance and weather, the card club will be canceled for January and February. It will start back up on March 28, 2018.



Thank you,
Camie Hempelman and
Sharon Beedle

Lesson for Living

The January Lesson for Living is: **Forensic Science**
Jan. 16, 10-11 a.m., Farm Bureau Basement
Minor lesson: We Are a Part of the World

To be presented at your February meeting.

Volunteer Hours

Reminder, all member volunteer hours for January – December 2017 are due to Pat Lawber **by January 15, 2017**. Each member should submit their information to their unit's designated recorder. Volunteer hours should be broken down into HCE hours and other community hours. Remember your volunteer hours are very important ... it helps make Adams County HCE strong.

Pat's e-mail address is plawber @comcast.net if the you have any questions.

Cultural Enrichment

To our ACORN readers who did not make it to the last cultural enrichment lesson on Nov 17, from 9:30 a.m. – 3:00 p.m. you missed a splendid opportunity to learn new skills of card making and scrapbooking.



(Photos: Left: Darlene Spurrier, Middle: Board Co-President, Judy Milfs, Right: Board Co-1st VP, Sandy McKlevie)

Celebrating 100 Years of HCE in Adams County — How it Began

Cooperative extension work in agriculture and home economics began with the passage of the Smith-Lever Act in 1914. This is a United States federal law that established a system of cooperative extension services, connected to the land-grant universities, in order to inform people about current developments in agriculture, home economics, public policy/government, leadership, 4-H, economic development, coastal issues (National Sea Grant College Program), and many other related subjects. It helped farmers learn new agricultural techniques by the introduction of home instruction.

In February 1918, Adams County was organized as Adams County Home Bureau. In 1962, the name was changed to Adams County Homemakers Extension Association. Today we are known as HCE (Home and Community Education). Over the years lessons and interests have changed but our purpose has remained the same — to disseminate information about topics that are interesting and vital to modern day women and families, participate in many community projects, and social and "just for fun" activities.

Our current membership is 163, and divided between 10 units, 1 mailbox unit and three special interest groups (HCE Book Club, HCE Quilt League and HCE Card Club). We will highlight the unit histories throughout 2018.

What was life like 100 years ago?

In 1917 America was just entering WW I. Europe had been at war for three years. American men were going off to war and some women took over jobs vacated by men – farming, forestry, in transportation on buses and railroads, and in factories. Half of all families lived in rural areas between 1915 and 1920. The average household was crowded as few could afford to live alone. Children remained under their parents' roofs until after they were married and had children. People rarely divorced and widows moved in with adult children. The average family had more children than today to help on the farm. Children were more likely to die – 10% died in their first year of life. Babies were usually born at home without a physician present. By 1920 just 28% of youths 14 – 17 years were in high school. A High School education was rare in rural areas.

People in rural areas rarely had indoor bathrooms or running water. Electricity was rare. Cisterns and wells were the usual. Few people had a refrigerator or central heating. Stoves were often wood burning. Almost no one had a clothes washer or a radio. Dryers, air conditioners and TV sets did not become common until about 50 years later. Most people did not have cars and rural roads were poorly maintained and rut filled, resulting in isolation for most of the winter months. There was no last minute Christmas shopping or mailing of gifts or cards, because few people could get to town. Food was less varied than today and most of the food was raised at home or swapped among neighbors.

On August 10, 1917 shortly after the US entered WW I the US Food Administration was established to manage, conserve and distribute food in support of the war efforts. European Allies were facing starvation because their fields had been converted to battlefields or left unharvested. Future President Herbert Hoover was appointed head of the agency by President Woodrow Wilson. Hoover developed a voluntary program of support. Posters urged citizens to reduce personal consumption of meat, wheat, fat and sugars. "Food will win the war!" Americans were encouraged to eat fresh fruit and vegetables, which could not be transported overseas. Local food boards were established for guidance, canning hints, and recipes with suitable replacements. "Meatless Mondays" and "Wheatless Wednesdays" were encouraged. Food shipments to Europe doubled within a year. After the War, Hoover continued to organize shipments of food to millions starving in Central Europe, as head of the American Relief Administration.

Christmas in 1917 fell on a Meatless Tuesday and many recipes were shared for "Mock Turkey" that avoided meat, fats and wheat, saving the real thing for "Uncle Sam's" soldiers. Communities rallied together that Christmas to send socks, underwear, blankets and sweaters to local soldier units.

In 1918 Russia dropped out of the War and American joined the European Allies. In November, 1918 the Allies were able to defeat Germany and win the war. Women over 30 years of age were granted the right to vote in 1918 as a thank you for their contribution to the war effort. The irony was that the women who moved to the cities to work in factories or in transportation were usually in their teens and early twenties. They were not granted voting rights. The women usually rented a room in a boarding house in town and returned home to visit only a few times a year.

Could it be that the early Home Extension Units were established to share canning techniques and recipes, and to work together knitting socks and sweaters for the soldiers? The women would have few additional means to socialize except at church or with family. It is thought that the first Home Extension meeting in Adams County was a picnic held in 1917 in Camp Point.

Kiddie Bazaar 2017



Dates to Remember

January

9	ACHCE Board of Directors Mtg.	9:30 AM	Farm Bureau Basement
10	Quilt Club	9:00 AM	Farm Bureau Basement
16	Lesson for Living: Forensic Science	10:00 AM	Farm Bureau Basement
17	HCE Book Club	11:00 AM	Daylight Donuts 48th & Broadway
24	HCE Card & Game Club	(CANCELLED—Will resume in March)	

February

9	Lesson for Living: Dementia and Alzheimer's Disease	10:00 AM	Farm Bureau Basement
13	ACHCE Board of Directors Mtg.	9:30 AM	Farm Bureau Basement
14	Quilt Club	9:00 AM	Farm Bureau Basement
21	HCE Book Club	11:00 AM	Daylight Donuts 48th & Broadway
24	Flapjacks Fundraiser (article on page 3)	8-10:00 AM	Applebee's
28	HCE Card & Game Club	(CANCELLED — Will resume in March)	

*"Reputation is what others suppose we are.
Character is what we really are."*

How to Submit Articles to the Acorn or Announcements:

Submit articles, information and photos to Linda Chezem, Editor by email at lsc5776@gmail.com or leave at the University of Illinois Extension office. The deadline for submission is the 15th of the month for the next month's issue.

Please remember to include your activities for the Oak Leaf articles.