

GUIDELINES FOR COUNTY FAMILY AND COMMUNITY ISSUES DIRECTORS

FAMILY AND COMMUNITY ISSUES DIRECTOR:

1. Is a member of the County Education Committee, of which the First Vice President is chairman
2. Is encouraged to initiate her/his own original ideas, in addition to the IAHCE Programs, or to select a combination of areas of concern that will best fit the needs of the county.
3. Prepare IAHCE Report Form (s) using programs you had in this category during the current year. Forms will be found in this Guidebook. Mail completed forms by January 31, to the IAHCE Family and Community Issues Director, whose name and address is listed on page 1 of this Guidebook.
4. Is encouraged to celebrate “HCE Great American Family Week” and submit ONE family for the Illinois Great American Family Award. The application for this award can be found in this Guidebook. It is due on January 31.

Suggested Programs:

FAMILY LIVING

Objectives: To provide experiences that will improve the quality of family members and/or family unit, strengthen and promote the growth and development of family members and/or family unit, and provide opportunities to promote and encourage energy conservation and efficient use of natural resources.

Suggested Actions:

1. Action plan to increase young family membership (recruitment).
2. “Family Day” program to include spouse and children in an educational situation.
3. Weekly family night
4. “Make a Difference Day” as part of IAHCE Month or IAHCE Week.
5. Personal and/or home safety.
6. Child, adult or elder abuse programs.
7. Vehicle and/or farm implement safety.
8. Avoidance of con artists or scams.
9. Energy efficient applications for the home.

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HEALTH, FOOD & NUTRITION

Objective: To educate members and community about benefits of proper health and nutrition, food handling and preparation techniques and healthy lifestyle choices.

Suggested Actions:

1. Exercise programs for health and fitness (charity walks).
2. American Heart Association programs to educate others about heart disease and symptoms.
3. Organ and Tissue donation programs.
4. Blood Drives
5. In collaboration with local hospitals and/or health departments, provide breast cancer awareness and mammogram information.
6. Nutrition programs to educate others about reading nutrition labels and making healthy food choices.
7. Programs to educate others about fitness programs and/or online applications to track weight loss, exercise and calorie intake.

CITIZENSHIP

Objective: To identify community and environmental needs and conduct programs to fill these needs.

Suggested Activities:

1. Inform the public of the impact and importance of “Citizens’ Power” in shaping the destiny of the community and nation.
2. Literacy programs for youth, adults and elderly with vision impairment.
3. Assistance programs for persons with chronic diseases/disabilities.
4. Drug and alcohol abuse programs.
5. Family and community values workshops.
6. Proper waste handling and waste management.
7. Adopt-a-Highway program.
8. Reduce-Reuse-Recycle (3 R’s) program.
9. Community gardens.
10. Respect and handling of the American Flag.
11. Conservation of renewable resources (fuel, forest products, water, etc.).

SPECIAL ACTIVITY:

Objective: Implement programs or educational activities related to family and community issues that do not appropriately fit in other identified categories.

ILLINOIS GREAT AMERICAN FAMILY

Sponsored by
ILLINOIS ASSOCIATION FOR HOME AND COMMUNITY EDUCATION

FAMILY

NAME

ADDRESS

CITY STATE ZIP CODE

PHONE: () () e-Mail _____
(HOME) (WORK)

Members living at home (& dependants at college/military) TOTAL _____

We hereby permit the Illinois Association for Home and Community Education to publish or otherwise share information contained in the recommendations about our family for the purpose of inspiring and equipping other people to build **Illinois Great American Families**.

SIGNATURE OF PARENT(S) DATE

RECOMMENDED BY:

NAME/TITLE

ORGANIZATION

ADDRESS

CITY STATE ZIP CODE

PHONE: () ()
HOME WORK

ILLINOIS GREAT AMERICAN FAMILY

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We are convinced that all members of the family recommended for state recognition can help inspire others to make the most of their family life. The name of the IAHCE Great American Family will be announced in time for the State IAHCE Annual Conference (usually held in March).

We have included reference to the **Illinois Great American Family sponsored by the IAHCE** in all materials we've used in promoting and carrying out our ceremony, to help underscore the non-commercial nature of this program.

SIGNATURE OF NOMINATOR (S) DATE

VERIFICATION: The following community leaders may be called for additional information/
recommendation.

NAME

POSITION/TITLE

ADDRESS CITY ZIP CODE

PHONE: () ()
HOME WORK

NAME

POSITION/TITLE

ADDRESS

PHONE: () ()
HOME WORK

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ILLINOIS GREAT AMERICAN FAMILY

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ILLINOIS ASSOCIATION FOR HOME AND COMMUNITY EDUCATION

(ATTACH RECENT PHOTO OF FAMILY HERE)

NAME OF FAMILY

NAME OF COUNTY

Summarize the family’s overall qualifications below. You may add up to 10 pages of supporting information. Include additional narrative, articles, letters, photos, etc.

1. How has the **INDIVIDUAL GROWTH** of each member – including parent(s) – been encouraged and supported?

2. How have **TEAMWORK AND LOVE** been nurtured in the home?

3. How has the family extended **FRIENDSHIP AND SERVICE** to others in the community?

Return these “GREAT AMERICAN FAMILY” forms by January 31st to the IAHCE Family Issues Director whose name and address is on page 1 of this Guidebook.