ILLINOIS ASSOCIATION FOR HOME AND COMMUNITY EDUCATION

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NEWSLETTER

UNMASKING

IAHCE WEBSITE

www.iahce.org

Inside This Issue

Board Members	2
President's Letter	3
First/Second Vice President	4
Secretary/Treasurer	5
Education Reports	5-7
U of I Liaison/Website Info	8
Nominating Committee	9
Your IAHCE Board at Work	9
NVON-ACWW Report/Photos	10-11
District News	12-36
Tab Collection Guidelines/ NVON Photos	36
Dates to Remember/ACWW Photos	37
IAHCE Scholarship Winners	38-39
Effingham's Piano Player	39



the POSSIBILITIES with IAHCE in 2010

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From the Desk of the President

I hope you are having a safe and happy summer. It will soon be time to get back into our routine of school buses running, farmers about ready to harvest and for us getting back to HCC. First, we will have the District Workshops and then be ready to work in our own county.



Please make plans for HCE week by having a special activity and especially inviting a friend, neighbor or newcomer to your events. HCE is a great organization and we must share it with others. As I have traveled to many counties, there are many women who have been members for quite a number of years. The reason they have remained faithful to HCE is because of the friendships they have made and the knowledge gained from the variety of lessons. We need to share this wonderful secret with other women. So please personally invite someone to your unit or county meeting.

If you haven't been checking our website, <u>www.iahee.org</u>, please start making that a habit. At the June board meeting, it was decided to begin adding more to the website. So look at the website and let us know what you think.

s many of you know, I had to cancel several meetings as my youngest daughter has ovarian cancer. I traveled to Phoenix to be with her during this stressful time. Thank you all for your prayers that have been answered. She was very touched by the prayers and cards she received from many of you. Thank you.

 \mathbf{P} lessings to you and your loved ones.

Marilyn Daughhetee IAHCE State President



EXECUTIVE BOARD



Ist Vice President NYMPHA WHITE

While writing this article, it is still early summer with it's beautiful and velvety greeneries and colorful flowers around us.

We soon will be ready to commence our new HCE year, so let's have a good start.

Reading some of the county newsletters, it gives me a picture of the county's different HCE activities and lessons during the year. I am proud of the ladies in the counties for what you're doing for your organization, your communities and even to some parts of the world through your International donations.

Anytime your unit members think of a possible new lesson/program, please write it down and compile it so as not to forget it. Once you have accumulated a few ideas, please send it to me or Susan Taylor, our Liaison Officer from the University of Illinois Extension.

It would be a good idea if your county would record a list of your county's activities (besides the monthly lessons) and a short description of each activity and send it to the IAHCE First Vice President.

When you have elected a new Vice President in your county, please send me her name, address, e-mail and phone number so I can update our list of officers. Thank you.

Have a cool and lovely summer season and I'll see you all in August.

Nympha White



2nd Vice President SANDRA BECHTOLD

Summer is well underway. Most of you have had your annual meetings and now the county fairs are well under way and I hope you're having fun.



One thing that needs to be clear to everyone, yes the U of I Extension is reorganizing but we at HCE/HEA are separate. The counties are not merging like the Extension. There will have to be meetings with the County Directors as to what they can do for you and what your group can do for them. It won't be easy but we can work thru this too. If you have any questions, please contact us and we'll help where ever we can. This is just another phase—- we'll all work thru it together.

I'm so proud of everyone when I read your newsletters about what you are all doing. You're taking your membership seriously and having fun with it. Great programs are being done too. Be sure and bring all your ideas to the District Workshop. I hope anyone who can, will attend the workshops. This is your chance to meet with other counties, ask questions in our County office and share what your county is doing.

Take care and may God bless you all especially your loved ones in harm's way.

Sandra Bechtold



SECRETARY CAROLYN FISHER

Last week our friends were discussing how acronyms have become a major part of our everyday language. People go

"scuba" diving in the ocean. The word "snafu" is not slang.

EXECUTIVE BOARD / EDUCATION COMMITTEE REPORTS

Then, think about how many tines you have used a pneumonic devise to aid your memory. We are homemakers and we maintain our homes. Environmentalists are trying to maintain the "HOMES" - the five great lakes.

As an addition to the IAHCE District Workshops, challenge your brain and think about the words which you use everyday that are either acronyms or pneumonic devises.

Have fun with words and be brief.

Carolyn Fisher



TREASURER JANE CHAPMAN

Whoa, did I miss the beginning of summer or what? It is hot, muggy, and very wet in Southern Illinois on this 18th day of June. But having

returned from the June board meeting in Decatur, I see it is very wet over the state between here and there, too. I can't wait to see what July and August bring, probably be on the cool side!

Some counties have had problems making a connection with Van Gundy Insurance Company. We think it is because of the address change. The address to use to reach them is:

101 S. Towanda Avenue Normal, Illinois 61761. (309)452-1156 (309)452-7500 - FAX

Van Gundy is the company that we have liability insurance with and can provide your county with a certificate of insurance if you need it for any event you may be holding.

The District Workshops are rapidly approaching and I would appreciate any suggestions from you for topics to cover in my workshop. I have a few ideas and have received a few suggestions already but welcome more ideas. I think my e-mail is correct now in this newsletter so drop me a note if you come up with something of interest.

Best be bringing this to a close and get ready to go root on those St. Louis Cardinals! Go Redbirds! May you all have a great summer, don't get overheated, but do remember to laugh often! I hope to see you in August at the District Workshop meetings!

Jane Chapman



COMMUNITY OUTREACH VI HUEBNER

Summer weather has arrived with a vengeance. What great weather to relax and unwind in the pool. The State Board

members have just returned from their June board meeting. Many great ideas were shared. I feel that much was accomplished.

Continue working on the projects you are doing for 2010. I will unveil some new projects at the District Workshops in August. I have several ideas.

Our Project in Common for 2010 is "Let's Take Off". Some of you are doing a great job!

Enjoy your vacations and have a great summer. Looking forward to seeing you in August.

Vi Huebner

FAMILY ISSUES NORMA KORTE

Hello to everyone and greetings from Southern Illinois! I hope to have an opportunity to meet many of you by the time you receive this newsletter. My family is making plans to start har-



vest soon. Spring planting was on time this year, so we hope to start harvesting sooner as well. The grandkids will be back in school and 4-H records will be due soon!

EDUCATION COMMITTEE REPORTS

Discussion on Ovarian Cancer will be continued at the District Workshops with a focus on the Care Giver. Your responsibility as a care giver is important to the cancer survivor and how well they get through their treatments.

I would also like to remind you about the guidelines for the aluminum tab collection drive. The focus of this collection is to help organizations that assist families who have to face any type of unexpected major health problems. Organizations such as Ronald McDonald Homes for children do amazing things for families who need a place to stay during an extended illness. Whether it be a place to stay, a helping hand, or a meal, organizations like this do a great deal to help families. Ronald McDonald Homes recycle the aluminum tabs to earn money to operate their facilities.

I hope you are working on your state reports, and be thinking about a family to nominate and honor at the IAHCE Conference. Check page 36 for complete information.

Have a safe and happy fall!

Norma Korte



CULTURAL ENRICHMENT KAY BRINKLEY

I hope you have enjoyed a good spring and ready for a HOT

summer! I would like to tell you that I have a BIG VACATION planned for my family but that is not happening this year! Hope you all have better plans!

I am enjoying receiving newsletters from several of the counties. I am in awe at how busy you ladies are in your units and counties!

I am still learning my duties as Cultural Enrichment Director. I hope to be able to ask for your assistance in the weeks ahead to make my duties go smoother.

I am looking forward to meeting everyone at the District Workshops! Iam asking that all cultural enrichment ladies attending the District Workshops to please bring a craft with instructions for a show and tell to share with each other. I know everyone appreciates craft

ideas to take back to their counties.

I am thinking ahead to our IAHCE State Conference in 2011. I need to have volunteers for "Make-It Take-It". If we have several crafts to be offered at conference, it would hopefully peak more interest. I would love to have this all settled at the District Workshop, so please be ready to volunteer at this time so I can get the crafts for the "Make-It Take-It" in the newsletter and displayed at conference for all to see so everyone will know what they want to make in advance.

If any one needs to contact me, please feel free to do so by e-mail or phone. I am looking forward to working with all of you and eager to learn more about my job! I will be attending my first State Board meeting soon and from the agenda, it will be full of WORK and meetings. Your State Board is very busy. From this work, you will benefit. How exciting!

Stay cool, healthy and safe. Blessings to you all.

Kay Brinkley

INTERNATIONAL RITA STEWART

We are currently attending the State Board meeting in Decatur. The International Projects



committee just met today, June 13th where I reported on the names of counties being awarded \$50.00 who applied and met the evaluation criteria. These will be mailed to you by the end of June.

I announced to the committee the name of next

EDUCATION COMMITTEE REPORTS

years' Country of Study which was selected from those you suggested on the forms given to you to complete last March. The country will be announced in August at your District Workshop.

In August a report from ACWW will be shared with you which indicates how your donation to Pennies for Friendship was allocated. I hope you share the information with all the members in your unit and county.

This board meeting was held at the Decatur Conference Center where we went on a tour of the facility. As chairman, Sharon Middleton is doing much of the pre-planning. My responsibility will be locating and scheduling the Share Shops. If you have any ideas or suggestions for Share Shops, presenters, etc., share your suggestions with me via e-mail at: ritaraestewart@yahoo.com After receiving workable suggestions, I'll contact those involved and try to schedule them.

Rita Stewart

PUBLIC RELATIONS SHARON MIDDLETON

As I sit here to work on the newsletter, I'm excited on the upcoming events. First is the District Workshops. Traveling



from nearly the top of the state to nearly to the bottom of the state, the State Board gets to see all of the countryside and it's not all flat like some say! We see fields of corn, green beans and wind towers among those fields.

At the past board meeting in June, we voted to have the newsletter to be a part of the website: www.iahce.org That doesn't mean those that have subscriptions will be left behind. You will continue to receive your newsletter in the mail. Putting it online will make it available to all of our members - over 11,000 rather than just the 900 subscribers. As your subscriptions come up for renewal, you will be asked whether you want to view it online at

our website or continue with your subscription at \$6.00 per year for three issues. We are not making money with the \$6.00 but it does pay for the postage and printing. For those reading it online, it is up to them if they want to print it out or just save it for further reference on their computers.

I am excited about this adventure. Our whole idea behind this is to connect with all of our members. If going online will reach more of our members with what is going on all over the state in your counties, it will have done what it is suppose to do.

With that in mind, I need your help in receiving information from your counties on ideas of how you are working on membership, what projects you are working on, things you are doing for your community, etc. Sharing ideas between all of the counties helps everyone. Send in your articles for the next newsletter - deadline, November 1, 2010.

The 2011 Annual Conference will be in March here in my town, Decatur. We will be working to have an even a better conference than last year. It's a big job, but I'm sure we're up to it. The 2011 theme will be announced at the District Workshops in August. Come and learn about the offices you hold, enjoy the friendships and information to take back to your county and the excitement of the upcoming Annual Conference to be held at the Decatur Conference Center & Hotel. You can reserve your rooms now. That information will be in this newsletter under 'Dates to Remember' and the website also has a link.

Have a great summer and we'll see you in August!





IAHCE EXTENSION LIAISON

I hope your summer is going well with all of the gardening,

county fairs, events, and family activities. I have been packing up my boxes as my office is closing June 30. Check the newsletter for the change of address. I have used some of my own words of wisdom, we use only 20 percent of the things we have and the other 80 percent is stuff. It has been a decluttering month getting ready for the move. This is an interim move so, yes there will be another address change once the positions are open and secured.

I shared the following with the IAHCE State Board at their June meeting recently. Here are a few of the ways to survive the University of Illinois Extension reorganization. Due to many factors, the economy, state budget, unemployment, etc., change happens as organizations try to grow and survive.

There are new challenges and demands on everyone. Members of the organization need to learn to cope with change or suffer the consequences.

Here are some ways to cope with organizational change.

Be Prepared For Change — It is an inevitable part of life. Sometimes it happens fast and sometimes slow. Instead of fearing change, resisting it, or hoping it won't ever happen to you, it's much better to prepare yourself that it is likely to occur. Brainstorm how you might best respond.

Express Loss and Anxiety about the Future

When change does occur, don't pretend it isn't painful. It will be – there will be different people to work with, and expectations. You may lose people that you have worked with and have a relationship. Try to be upbeat and positive.

Watch Out for Unrealistic Expectations -

They cause stress and unnecessary suffering. Look for the need for better communication and well-being of the members and Extension staff.

Don't Let You or Others Be Abused - Don't mistake rumors for fact.

Acknowledge Any Increased Pressures, Demands and Workloads - Staff may be put under extra pressures to close offices, look for new office space, let people go and then need to pick up the ball on programming.

Remain Upbeat and Positive – You may feel angry, stressed, remain upbeat and positive in the things you do.

Get Creative – Here is a way to "rev up" your natural powers for creative intervention. Most problem solvers always involve risks. Remember to Brainstorm.

Adapted from: By Morton C. Orman, M.D. Copyright © 2002 M.C. Orman, MD, FLP www.stresscure.com/jobstress/reorg.html

See you in August at the District Workshops!

Susan Taylor Extension Liaison to IAHCE Board

NEWSLETTER ON THE WEBSITE!

To let the members know about the added addition to our website, the *State Newsletter*, we need contacts from each county to notify them that it is online. It will be online August 1, December 1 and May 1 of each year. No waiting for the postman with delays.

I will need an e-mail address of someone in each county to remind them that it is ready to be viewed. I would like the counties to insert this information into their newsletters to further inform your members.

Please remind your members who are subscribers that they will continue to receive their issue in the mail. When their subscription comes due, they will be asked which they would prefer. The cost will remain the \$6 per year for the three issues. Thank you!

SPECIAL REPORTS NOMINATING COMMITTEE

The Nominating committee of the Illinois Association for Home & Community Education is seeking the names of candidates who would like to serve a three year term on the State Board.

It is an honor and privilege to have your county represented on the State Board. Please help us identify those members whose enthusiasm, energy and expertise will benefit this organization. Your co-operation in finding qualified candidates will be greatly appreciated.

Officers and Education Directors to be elected at the 2011 Annual Conference are:

<u>First Vice President</u> - (Programs/Lessons) Must have previously served on the State Board.

<u>Treasurer</u> - Maintains accurate records of all incoming funds and outgoing expenses of the IAHCE Board.

<u>Public Relations</u> - Shares material to counties about writing news articles and working with the media. Edits and types all articles for the State Newsletter and keeps an accurate record of subscribers.

<u>Sales/Certified Volunteer Hours</u> - Keeps records of all volunteer hours and purchases items for the sales table and sells these items at Annual Conference and District Workshops.

Applications are in the grey guidebook on pages 54 and 55. Send completed applications before *September 25, 2010* to:

Vi Huebner, Nominating Committee Chair 205 Crestview Wood River, IL 62095 618-254-0368

Committee: Vi Huebner (Chair), Alice Grooms, Jane Wood, Carolyn Fisher, Jean Pieroni

YOUR IAHCE BOARD AT WORK

Board happenings, June, 2010.

- Reviewed Decatur Convention Center to determine rooms needed for 2011 Annual Conference.
- 2. State treasurer gave final report of 2010 Annual Conference which indicated a profit made.
- 3. Discussed the need for a projector to be used at Conference and District Workshops, used or may have to purchase new one.
- 4. CWC in need of funds for Sayre scholarship since no CWC meeting will be held this year to be able to take up donations. Will ask counties if they want to donate.
- Evaluations indicated the need for Education Directors to make comments on award application to provide information to counties.
- 6. "Tweaked" the County of the Year form.
- 2010 Annual Business meeting's Minutes Committee reported and minutes approved. Next year, corrected minutes will be in the program book.
- 8. Nominating committee is asking for names and/or applications for state positions to be vacant as of March, 2011.
- Voted to put newsletter online but still mail to those that want a hard copy. Their subscription will cover costs.
- 10. Will check for member with parliamentarian knowledge to assist at meetings.
- 11.Set dates for District Workshops, 2012.
- 12. Family Issues director discussed tabs project, wants counties to weigh tabs to provide that information to her, then counties are to donate locally to Ronald McDonald house or any charity of their choice.
- 13.Cultural Enrichment director wants a craft project and several copies of directions to be shown at District Workshops.

I would like to thank the IAHCE State Board for the appreciation card that was given to me for helping Sharon on redesigning the website (www.iahce.org) and keeping it up to date.

Clarence Middleton

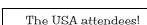
NVON & ACWW REPORTS

From Marilyn:

The state president of IAHCE is the delegate to NVON and alternate is the first vice president. IAHCE is represented by 5 delegates to the ACWW Triennial. However, the IAHCE president may cast all 5 votes herself for any votes taken, if she wishes. Unfortunately, a week before we were to leave for the triennial, I was called by my daughter to help her as she had just been told that the ovarian cancer had returned again for the third time. So I asked 3 of the delegates who are on the IAHCE state board to share the responsibilities that were to be mine. I thank them all for stepping in at the last minute.

I hope you enjoy reading about their trip and that you will learn more about NVON and ACWW. The following is a condensed report

from each of them:



More photos of the ACWW Conference on page 37 and On the website at www.iahce.org

Illinois 5
delegates at the
voting boxes for
the new officers.



It was my first time to go to a Triennial and at first, I felt lost with so many people. But that soon ended on meeting two nice ACWW members from Canada. Everyone was so friendly and excited to be there as we were.

What started with a large group of strangers soon became new friends and sisters with a goal. Women want and need rights, women want a safer and better world for their families and women want a cleaner and healthier world.

I thought the trip would be a long one but on the final night was surprised how the time had flown. USA night was a festive affair with music and dancing. The Farm Bureau and the volunteers did an outstanding job. As for Jo and her Triennial Committee, things went smoothly thanks to all their hard work. I just hope they enjoyed it as much as we did.

It was uplifting to hear about projects that are going on around the world. I can still close my eyes and hear the sound of joy and laughter that had been all around us during the conference in my mind.

I was lucky with my roommate, Sharon, being such great fun. Our speaker on 'Laughter' said that laughter made you healthy. If that's the case, I should be healthy for 20 years more.

We were a little sad to leave but all along our way home, we would by chance meet someone from the conference. What a treat and we all would agree, we had a great time! It's time to take a deep breath and get out and spread the word about our organization.

Sandy Bechtold IAHCE 2nd Vice President

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We were among lots of strangers but as Sandy said, the first ladies we ran into were from Canada. That was when we received our first "pin" exchange from their country. Sandy, of course, collected more pins than myself. Sandy is so outgoing, and friendly, that everyone warmed up to her instantly and exchanges were made all during conference.

NVON & ACWW REPORTS

On Tuesday, we attended the NVON meeting that preceded the Triennial. This was my second NVON conference as I attended the one last year in Our Lady of the Snows in Belleville. Marilyn had asked if I would be an alternate Delegate which was an honor to do. During this meeting, one of our members, Kathryn McNeely of Bloomington was elected secretary of NVON.

After registering on Wednesday for ACWW, we just checked out Hot Springs, AK. I then arrived in time that evening to practice with others on how to present the flags of all of the nations in ACWW. That was very interesting and not just a piece of cake!

Then the meetings began. First was our USA Area Meeting and then the Council Meeting, where things were discussed on what would be going on in the Plenary's (the business meetings with different agendas each day). At the first Plenary was the flag ceremony to set the flags. What an honor it was for me to be able to do this. There were several from Illinois that also carried flags. I carried Canada's flag in the opening ceremony.

We found out during these days of meetings, that we are in this organization to help those in need, create a safer and healthier world. I can now say that I have friends all over the world and when I meet them again, I will meet an old friend with the same goals as myself.

We had great speakers, and I should be healthier with all the laughing that Sandy and I shared. The only hitch to the conference that Jo and her committee had to deal with was the volcano ashes from Iceland that prevented many members to arrive on time. Many had finally arrived by the mid week and one, May Kidd, from Scotland became the new ACWW President. Sandy and I both were able to visit with her during the conference.

The last day during closing ceremonies, the flags were then taken from the stage by the volunteers. I had the honor again to take flags down and out of the auditorium followed by the ACWW board.

What an adventure that I will not forget soon!

Sharon Middleton IAHCE Public Relations

The National Volunteer Outreach Network held their conference on April 20th. Since IAHCE President Marilyn Daughhetee was unable to attend, I represented her as the main Delegate with Sharon Middleton as alternate. We elected Linda Gause from Indiana as our new President and Kathryn McNeely from Illinois as the new Secretary.

Wednesday we registered early for ACWW. As this was my first ACWW Triennial, it was an humbling experience. The delegates were divided by areas. Due to the eruption in Iceland, many were not able to fly in to Arkansas. There were over 600 plus delegates including the five of us from Illinois. The most exciting part of the opening ceremony was the parade of flags of 74 countries. I was proud to carry the Philippine flag. The flag bearers were all from the host country, USA. We all wore navy pants or skirts, with red tops and white jackets with matching scarves.

At this conference, we discussed and passed several resolutions and recommendations to be sent to the United Nations.

Meeting these ladies from different countries is a very wonderful and a lifetime experience of friendship, ideas sharing, common goals for the improvement of women's and children's economic, education and health especially in the Third World countries and peace around the world.

English was our common language at the conference but what makes it beautiful and fascinating is 'how each of us say it' and yet we all understand each other in perfect harmony. To sum up everything, it comes down to the theme of the conference, "Women Worldwide-The Voice of Today".

Nympha White IAHCE First Vice President

DISTRICT 1 MARILYN DE VRIES

JO DAVIES.....

Jo Davies County HCE held their 75th Annual HCE

Meeting, April 27, 2010, at the Calvary United Methodist Church, Stockton, Illinois. During the business meeting in the morning, IAHCE District Director, Marilyn De Vries, brought greetings from the State Board and installed the 2010-2011 officers.

The afternoon program was "Celebrating 75 Years - 1935-2010". A representative from each of the six units gave history of education programs, projects, money making events, Pennies for Friendship and how we work with U of I Extension and how HCE members also belong to IAHCE - NVON - CWC - ACWW. This included when ACWW held their meeting in Washington, D. C. in June, 1936. The National Home Demonstration Council was formed, just prior to the ACWW Washington, D. C. meeting, which in 1964 became National Extension Council and NAFCE in 1992 (which Illinois no longer is a member of).

Many historical books were on display. Since these are stored at the Stockton Heritage Museum, we also had a 75 year history window display at the Museum for the month of April and on April 27 the Museum opened up special for us from 3:00 - 4:00 PM so people could view other past history.

What else is happening! - One unit made 53 beautiful bibs for a nursing home. Fifty handmade book bags with books were delivered to a preschool this Spring. Some Linus Blankets have been made and donated. Stuffed animals (21) were given to the Sheriff's Department. This is just some of our projects.

HCE worked with U of I Extension and the

Department of Human Services in a "5 Easy Ways to Love Chicken" for food pantry participants. A class of about 20 participated in preparing and cooking the chicken and rice as a complete meal. They also took home food, a food thermometer and a pan the chicken could be prepared in. It was a lesson on how to prepare food available at the Food Pantry. This took place at a school kitchen.

Instead of "The Biggest Loser" project/lesson suggested by IAHCE, our Family Living Director is working with the schools in the county, their third graders and the U of I Extension in a "Favorite Foods" project, concerning the students food likes and the sugar content in their diet. The goal is to show the students the amount of sugar in some of their favorite foods, especially pop they drink.

"Memory Fitness and "Local Food Movement" were the most popular HCE "Lessons for Living" this year in our county.

Our membership is still above 100 and we are hoping to keep it this way.

Marcella Arnold Public Relations

LEE.....

We've had an eventful time since last September when we held a fundraiser cookout at the Dixon Wyanet Meat store on Labor Day. We learned the Green Egg grill works very quickly so we could easily keep up with the orders.

A few of the highlights in October as we celebrated HEA Month included: A necklace craft combined with our update meeting for unit representatives and former Lee County HEA Board members; WIXN radio interview promoting HEA; received the "Memory Fitness" training school; attended the local Welfare Council meeting to share our programs

and plans with other representatives of our county agencies; conducted a second necklace craft session; held a session for cutting material for book bags which members take home and sew; sponsored an all county meeting featuring Esther Tracey who presented "The Abraham Lincoln Family"; and collected the 1000+copies of the U.I.E. Ag. Newsletter.

In December, we participated in the Dixon Christmas Walk by having a Cookie Walk at the U.E. Bank. Our members generously provide cookies and candies which are very attractive to the attendees and provide a great fundraiser for us.

We also help with local blood mobiles.

Patricia Wilson and I presented the "Declutter" lesson to the Dixon AmeriCorp group of 38 attendees in February. Three members attended the Knox County HCE Class Day and enjoyed the experience very much - a lot was learned on a variety of subjects.

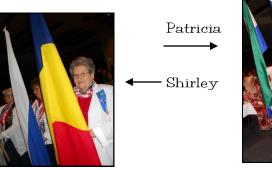
Six Lee County HEA Board members attended the March IAHCE Annual Conference in Bloomington.



Kim Lauer, Lee County Family Issues Director staffing the booth at the Sauk Valley Child Fair. Featured "Childhood Obesity". Showed good food (Cheerios) and bad food (rope candy). The children were allowed to spin the food wheel for a chance to win a book bag.

Patricia Wilson and I attended the April NVON and ACWW meetings in Hot Springs, Arkansas. We learned about the many humanitarian efforts being conducted throughout the world supported by our

"Pennies for Friendship" funds that are collected annually. Women are enabled to develop skills for making money to sustain their families and work toward improving their living conditions. They develop support groups and learn business methods. These skills also empower women to overcome social and cultural inequalities. We enjoyed meeting and visiting with women from several other countries as well as American states. The customary dress of other countries was very impressive as was the flag ceremony involving the presentation of the flags of 73 countries and of the United Nations.



Patricia and I volunteered and were honored to carry flags at the opening and closing ceremonies. We enjoyed touring several points of interest.

Shirley Rees Public Relations

ROCK ISLAND......

The sun has been in short supply this May and June, the rain has



not. However, with Mardi Gras as the backdrop for our Eighty-Ninth Annual Meeting on June 12th, members of the Rock Island County HCE had sunny smiles. A couple of those sunny smiles belong to Sue McCannon and Susie McCormick shown above.

Rock Island, con't

Emma Hoke, President, was especially pleased to recognize NINE (9) 50 year members from Rock Island County. Those members are Jean Miletich, Ruby Potterson, Marilyn DeSchepper, Anna Jane Core, Joan Blaser, Carol Erickson, Gerry Harmon, Janice Jahn, and Mary LeClair. Our Membership Director, Carol Stogsdill, happily announced that we had increased membership last year by eleven members. Brenda Wells, CVH Director, commended all members for participating in the CVH program. She announced that Rock Island County members had increased reported hours by 3,100 hours over the previous year. Five Certificate of Recognitions and three 500 hour Gold seals were awarded.

Our new Officers and Directors were installed by Joan Blaser, past president and a 50 year member. Michael Woods, Director of University of Illinois Extension office, spoke concerning the future reorganization of all Illinois counties. The Rock Island County office will probably combine with Mercer, Henry and Stark. Our program was "Learning More About Social Security" and pinpointed "What women should know...". A Salad luncheon following the meeting was enjoyed by all. Raffle prizes and door prizes were in abundance as usual.

Our Cultural Enrichment Director, Lucille Michels, was pleased with the attendance at two painting classes in May and June. Other classes will be arranged in the fall. Some Rock Island County members also taught at the Homemakers Craft Camp which is held annually in Rock Falls/Sterling. Women from all over Illinois attend the various craft classes that are offered. Additionally, several Rock Island County volunteers taught a five day summer 4-H sewing camp at the Extension office in Milan. The 10 girls learned basic machine operation and completed a Nine patch pillow, a water bottle carrier, and a summer dress. We were all exhausted but had so much fun. We were such a success we've been asked to continue classes on a monthly

basis.

Our next County event will be the Recycling booth that is sponsored by HCE at the Rock Island County Fair July 21st through July 23rd. Although "going green" has only recently hit the front page, our Creative Recycling Director Nancy Edlund has been educating Rock Island on this subject for years, and years, and...well, a long time. Units and individuals are feverishly working on craft and educational items that have been made from recycled material. These items are then given out to the general public who attend the Fair. Raffle tickets for a denim quilt made by Lucille Michels are also sold as a fund-raising activity.

Here's wishing you a sunny summer...maybe with a little less humidity!

Brenda Wells and Pat Morthlund Co-Directors of Public Relations

WARREN.....

Wow! Warren County HCE is so fortunate to welcome <u>9 new members</u> into our organization. All these ladies joined us at the "Women's Lifestyle Fair" at Monmouth College on May 22, 2010. These women bring fresh ideas/interests to HCE. Thanks for becoming involved.

More good news! Our new 4-H Club, "Happy Gardening Growers" has 6-8 members. Their Leader, Jean Nelson, is so motivated by these young people. She has arranged tours to local Nursery's, Nature Preserves and Plant Swap Meets to peak their interest in gardening. Each member has created their own container garden, as well as work on terrariums. How exciting!

Cameron Unit
members along with
the 4-H Club,
Cameron Kids, which
they support.

As many of you know, the University of Illinois Extension has combined Warren County with Knox, Henderson and McDonough. This change will take effect in July 1, 2011. So many changes will be coming within these counties, and we will continue to keep you informed as specifics become available.

Summertime gives each of us a chance to vacation, relax and regroup for our Fall programs and special events. Warren County HCE Board members will be attending the District Workshop in August. Our schedule becomes very busy in September, October, and November.

September 1st, we will be hosting the International program on Israel. Then, on September 15, we are hosting the Warren Achievement Center Party. Each of these events provide 50-60 people with a fun-filled time with friends and neighbors. Your County Board members work together to provide a lot of energy and time volunteering at these special happenings.

On October 20th, we hold our Annual Meeting for Warren County membership. We recognize our new members, in addition to celebrating those members who have been members for 10+ years. This is a very special gathering for our entire county, and we all enjoy the participation and involvement of every Unit.

In November, everyone jumps in to help with our annual money making event, our "Craft Show & Bake Sale". This will be held on Saturday, November 20th. Everyone is welcome to come shop and eat our delicious treats.

Peg Chambers
Public Relations



DISTRICT 2/3 JEAN PIERONI

Even 'tho you're reading this in August, it's still June at my house. Your state board has finished it's spring meeting

and it was a successful one. It was held in Decatur where the 2011 Annual Conference will be and I hope you're thinking of attending.

The next event is the District 1 & 2/3 Workshop to be held in Sycamore at the United Methodist Church Tuesday, August 17. Not only is it a chance for your county officers to learn more of their positions, but it's FUN and a chance to re-acquaint with old friends and make new ones. I'll be sending information about this workshop to your county officers soon.

Enjoy the rest of the summer!

Jean Pieroni

KANKAKEE.....

Kankakee County HCE has been busy the last couple of months. After we returned from conference, everyone was busy getting ready for our annual meeting in May and installation of officers for 2010-2011.

We had our plant sell in which we sold 38 plants. A couple of our members work at the Rhubarb and Strawberry festivals in May and June. We are in the process of sewing pillows for children that are in need. The month of July, we will be getting started on another quilt to be auctioned off to help raise money for gifts to help in our community.

This is just a little bit of what is happening in Kankakee County.

Rita Overacker Public Relations

KENDALL.....

Kendall County HCE has set the date of their 12th Annual Victorian Tea. It will be held on Sunday, October 10th at Cross Lutheran Church, on Rt. 47 south of Yorkville. The theme is "Here Comes The Bride," featuring bridal fashions from 1905 to 1985, given by the Decades of Dresses gals from Elmhurst, IL. Kendall County HCE members may also be sharing their wedding dresses—or their grandmothers. Three types of tea and tea "goodies" will be served. The price has not changed, it is still \$12 for adults, and \$7 for children 12 and under. For reservations, call Joan McEachern at 630-553-6407.

Joan McEachern

LAKE.....

Here are some of the activities that LCAHCE members have been engaged in since May.

Once again, Lake County Volo Unit member, Betty Wertke, with help from her unit and some contributions from other LCAHCE members and friends, has amassed an amazing number of coupons, with a value of \$363,553.31, which are on their way to Spangdahlem Air Force Base in Germany. An army base in Brussels, Belgium has also requested coupons - in response, Betty has shipped them coupons with a value of \$15,893. The coupons are honored beyond four months past their expiration dates and are important to our military troupes in Europe because the food and other items are very expensive there. As she sends the boxes flat rate priority, and it is an APO number, the post office cuts \$2.00 off the rate per box. The ladies love to visit and clip and sort. The group is known as "Volo Clippers".

Mary Lester and Betty Wertke Co-Chaired an annual bake sale held in conjunction with the Lake County U of I Extension plant sale.
Arlene and Sue Jehlica, Donna

Schoenberger, Sandy Hanke, Dorothy Rodewald, and Mary Ellen Keegan were their hard working helpers. Our next fundraiser will be the Christmas Cookie sale.

This year also, Lake County is having a booth at the county fair for the first time in quite a few years. We are doing a consumer display, "What you buy is what you get". This will be a comparison of the ingredients in a can of fruit cocktail. We will use cans from different stores and different brands, separate the ingredients in cups and at a glance people can see just how much of an ingredient is in each can. We also will be having membership materials and display some of our International, Cultural and Community Outreach programs.

Pat Weitzmann, our International Director, has started preparing us for the 2011 International Day celebration, introducing us to some of the history and customs of Israel by preparing articles which are published each month in the Lake County *Close-Ups.*

Our newsletter editor, Mary Ellen Keegan, has added a new column to Lake County Close-Ups, titled, "Something to Try". Our members are invited to share helpful suggestions of procedures that have worked for them.

As CVH chairman, Betty Wertke will be constantly reminding our members to keep track of their hours and we should have a lot of hours by the end of the year.

Betty Jean Thompson Public Relations & Betty Wertke

ASK A FRIEND TO
JOIN YOU
AT YOUR NEXT
HCE MEETING!

La SALLE.....

The 92nd Annual Meeting of the LaSalle County Association for Home and Community Education met on June 24th for a dinner meeting with 60 members and guests. Our theme "Our Purse of Riches" was presented with various purse centerpieces. Our speaker, Marilyn Smaha, gave a presentation on the history of purses and showed different styles of purses.

President Gail Hayward welcomed everyone and introduced the board. She introduced our two guests: Jean Pieroni, District 2/3 Director and Nympha White, State First Vice President.

President Hayward called the meeting to order. Karen Mattes led the Pledge of Allegiance and read the Prayer Creed. Paula Freepartner explained "Coins of Friendship" and how the money is used in different countries.

Secretary Judy Waldron presented the Homemaker of the Year 2009-2010 award to Judy Rosengren of Serena. Rosengren has been a HCE member for 37 hears. She has held many offices and served on various committees for HCE. She has volunteered

for many projects including: blood drives, 4-H Fair Board, state levels, 25 years for Red Cross, bingo at local nursing homes and other service groups.

She was an Elementary teacher for 34 years and still teaches an eight-grade gifted program part time.

Judy and her husband Randy have done extensive traveling and have visited 31 countries and 5 continents. They have four children and seven grandchildren. Judy and Randy have hosted "Harvest Celebration" through their church for many years. This

helps raise money to support clean water and education in needy countries. Judy is very deserving of this award and we congratulate her and her family.

After our delicious meal, Carol Elmore introduced our speaker, Marilyn Smaha, who spoke on purses.

Our business meeting followed with minutes and budget presented and approved. Darlene Hettel gave a report on the 4-H Fair and requested some help for the food stand.

Second Vice President, Judy Rosengren, awarded Handy Homemakers with the Unit of the Year 2009-2010. They accumulated the most points for activities and community services of all the county units.



Mabel Gleim of Mendota was presented a 60 year certificate from the state.

Secretary Judy Waldron presented certificates for volunteer hours and stated that 38 members had participated.

Door prizes were announced and the meeting was adjourned.

Carol Link Public Relations



Mc HENRY.....

In April we had our 92nd Annual Meeting which was held at Marquise Banquets in Wonder Lake. The new officers were installed by Jean Pieroni, District 2-3 Director. The entertainment was an auction with "Bake It, Can It, Make It, or Beg It", as the theme. The Mayor of Woodstock, Brian Sager, was the auctioneer. We all had a lot of fun and it turned out to be a great fundraiser.

We had a wonderful time on our bus trip to Greendale, WI on May 4th. We had a guided tour of Greendale, which was a town originally developed by President Franklin Roosevelt's New Deal in the wake of the Great Depression. Greendale was primarily a project to employ labors during the depression and also provide good housing at reasonable rents for moderate income families. After the city tour we toured the Taste of Home facility, which publishes many of the magazines and cook books that you are familiar with such as Country Women, Birds & Blooms, Taste of Home, Reminisce, etc.

On May 26th we had our International Day. We enjoyed the Argentinean cuisine which was prepared by our HCE members. After the lunch we enjoyed a Travelogue on Buenos Aires and Argentina.

We have been busy this spring with our Community Outreach Projects. We delivered pull tabs to Ronald McDonald House in Chicago, made Linus Blankets, took men's clothes and bedding to the Disabled Veterans Home in Hebron, hygiene kits for the Youth Bureau in Woodstock, gave hygiene items and toys to Turning Point in Woodstock, and hygiene items, handmade scarf's, shawls, purses, magazines and materials for crafts to Valley Hi Nursing Home in Hartland.

Florence Spesard Public Relations

WILL....

The past few months have been busy ones for our membership. For those of us who enjoy the art of cooking and even more eating the fruits of our labor, the cooking presentation this spring by "Chef Dave" was a delicious success.

The 16 members who attended were treated to a variety of taste tempting dishes. From tips on how to make a "Mother" sauce to caring for your kitchen utensils, "Chef Dave" was happy to share his many years of expertise.

Our Annual Meeting was held at the Farm Bureau Building with members from 10 of 12 units in attendance.

Area 4-Her's presented their winning speeches during the morning. The afternoon's entertainment featured Lou Adams, a singer and keyboardist, who sang and also led the audience in singing music from New Orleans in keeping with the Mardi Gras theme -- "Unmasking the Possibilities with IAHCE."

Lunch was pot luck and once again our members culinary talents didn't go unnoticed as the food would even make "Chef Dave" very proud.

Joan Fleckenstein, Cultural Enrichment Chairman, treated us to a variety of taste tempting deserts direct from her very own bakery in Mokena. We also honored our past

presidents and members who had belonged to the organization for 50 years or more. Past presidents present included Ruth Bene, Joan Fleckenstein, Betty Sidener, and Doris Sangmeister.



Plans have been underway for our annual picnic in July that will consist of a pot luck lunch, lots of fun and a craft or two.

Marianne Eisenbrandt Public Relations



DISTRICT 4 JAN EDWARDS

As District IV Director, I have enjoyed traveling to Annual Meetings.
Spring and early summer reveals a glorious change to the landscape from fallow fields to GREEN!
Agriculture is alive and

well in Illinois.

I began my travels in late March to Hancock County and attended the last in Scott County June 17th. Every county is unique but continues to enjoy the benefits of active members that insure the organization's purpose and longevity. Indeed—our membership continues to be the backbone of our organization.

Thanks to Mary Lea Prentice for attending Adams County Annual Meeting because of my husband's health. He has improved with the assistance of a defibrillator since April 23rd. Due to our eldest son's wedding in Florida in early June, IAHCE President Marilyn Daughhetee attended Morgan County's annual event. The members appreciated and enjoyed her visit.

All counties are anticipating changes in the re-organization of Extension, but I'm confident District IV will cope with the necessary changes and adapt. At our ages we have seen this before!

I hope counties can attend the August 18 District Workshop in Decatur. Counties will receive a letter and registration form. It's an ideal time to share ideas and attend workshops that will assist you in your duties. The upcoming theme will be announced and a few other surprises are in store for members in attendance.

Please feel free to call me or any state board member with questions or concerns. We need to know how we can assist. After attending eight Annual Meetings I am sure my favorite part of this position will be traveling to District IV counties. Thank you very much.

Jan Edwards

ADAMS.....

On May 20, 2010, the Adams County HCE had a "Getting to Know you Better" salad luncheon. It was a Cultural Arts activity and very well attended. Each lady attached the recipe of their dish for the ladies to copy if they so chose. The theme was "Unmasking the Possibilities with HCE".

After lunch, there was a Mardi Gras parade of "Umbrellas and Masks" conducted by Camie Hempelman.



There were door prizes and raffle prizes. There were several handouts. One was especially interesting on the American Indian. Money collected from the raffle went to the Scholarship fund.

The Tumbleweed and Sunshine Girls Units' have donated personal items to be sent to soldiers in the Persian Gulf, Iraq and Afghanistan.

Pat Vaughn Public Information



DISTRICT NEWS.....

PEORIA.....

Mark your calendars for October 19th, 1:00 to 3:00 and plan to attend an out of the ordinary Lesson for Living given by Lee Murdock of Kaneville. He will be presenting 'The Underground Railroad, Waterways and History of Illinois'. You may remember his terrific storytelling from the IAHCE State Conference a few years back. This special session will be at our University of Illinois Extension auditorium in Peoria. Reservations are a must. Please call Julie Courdt at (309) 674-8554 for more information.

Other upcoming events - The end of July is our county 4-H Show where HEA/HCE provides a lunchroom for the 4-Hers and families. BBQ sandwiches, hot dogs, nachos and member baked pies and cakes serves two purposes. It gives our 4-H families affordable meals and also is a fundraiser for us.

The annual bazaar, our major fundraiser for the year is Saturday, October 16th at First Baptist Church on Lake Street in Peoria. Each unit hosts a booth of crafts, baked goods, plants, raffle item and more. Lunch is also provided along with a used book/magazine sale. In addition, local vendors from Watkins, Discovery Toys, and Tupperware, etc. will have tables. This is a great fundraiser for us as members can make crafts in their leisure and also share their awesome baking skills.

Past activities include - District 4 Director Jan Edwards visited our county for our Annual Meeting in May. She give a little talk and then installed our board following the Mardi Gras theme. Thanks Jan!

We also had our Officer Training Meeting in June. We provide a light continental breakfast for attendees to meet and greet. Then the County Officers lead workshops for the unit officers.

Julie Courdt

PIKE.....

Aaaaah summer! It is so refreshing to be all that you can be when you count up your blessings and realize the volunteer hours you have put in so far this year. What a contribution each and every one has to give!

Our Annual Meeting was held on April 22nd at the Pike County Farm Bureau. We had a wonderful turnout with 93 members present. We continued with the theme of "Unmasking the Possibilities". Our program was about a simple American girl, Nellie Grant. We never know what turns our life can take or who we touch with our kindness. Nellie was a President's daughter, a White House bride and she ended up in Springfield, IL and some of her mementos in tiny Griggsville, IL right here in Pike County.

Recently, our District 4 Director, Jan Edwards took pleasure in announcing state scholarships that came to our area this year. Out of the ten granted, we received three going to Garrett Howland, Cody Shepherd and Alysse Smith. Congratulations to our young people on this achievement as we know they are our future.

I pray you enough happiness to keep your spirit alive and everlasting.

Mary Eustace Public Relations

TAZEWELL.....

Tazewell County HCE held its 92nd Annual Meeting at the Tremont Methodist Church on May 3. Ruth Rademacker presented an excellent slide show about the journey of the Donner Party from Springfield, IL to California in 1846.

Mildred Lamprecht, assisted by District IV Director Jan Edwards, installed the officers for 2010-2011: President, Mary Jane Riley; 1st Vice President, Ingrid Smith; Secretary, Wilma

Pulfer; and Treasurer, Rosemary Palmer. 2nd Vice President, Jan Busche was unable to attend.

A ways and means booth netted \$67.01 and an additional \$157.61 was collected to benefit the House of Hope, Tazewell's safe haven for abused women.

Members are gearing up for the 4-H Fair in Pekin's Mineral Springs Park August 2-5. A ways and means booth will be set up, but the larger project will be the food stand which will provide nutritious items for participants and fairgoers. Efforts are also being made to secure vendors for a flea market to be held in the park's arena.

Shirley Kelly Public Relations



Food for Thought......

Wasn't it President Abraham Lincoln who said, "United we stand; divided we fall."? It's been a number of years now since the state association changed its name to HCE. Isn't it time that those who still go by HEA join the 21st century and change their name to HCE? Publicity-wise, it would be a great advantage.

Adams County
Shirley Kelly
Public Relations



DISTRICT 5 JANE WOOD

What a wonderful spring I have had visiting your Annual Meetings and learning what each county has been doing. I loved

your ideas of having special teas, luncheons, or lesson days for prospective members and new members. I wish I could have come to all of them. The super lesson days intrigue me, also. These days include lesson, crafts, and lunch. Members and guests come spend a day with HCE. Keep working on those innovative ideas and getting new members. Be sure to bring your successful ideas to District Workshop.

When you receive this I will have attended our June State Board meeting and final information has been mailed to County Presidents about District Workshops. Please get in touch with your president NOW to register for the workshop. This is where you can get help carrying out HCE programs and learn about officers' duties. Attending workshop is a great way to start your club year. You'll go back to your county with fresh ideas for an exciting year.

Have a colorful fall and "Unmask the Possibilities with HCE" for members - returning and new.

Jane Wood

CHAMPAIGN.....

Champaign County HCE has been very busy these last few months. April 8th was our Annual Luncheon and installation of officers. We enjoyed a lovely sandwich, salad and dessert buffet at the Champaign Country Club. We had 87 members and 9 guests attend. Our entertainment was Chris Vallilo, who presented music from the Showboat era. He played a Jew's harp, a steel guitar and a dulcimer. He also wrote some of his own

Champaign, con't

music. He was enjoyed by all. Mary Jane Wood installed the 2010-2011 officers.

On May the 2th a bus load of people went off to enjoy another of Dorothy Rogers memorable trips. This time they were off to Nashville, Ind. on a day trip. First they went to the popcorn factory where they had 290 flavors to choose from. The next stop was for lunch at the Holy Cow Steakhouse and Grill, then on to the For Bare Feet Factory where they saw how socks are made. They each got to choose a free pair of socks to take home. Their last stop was for dinner at the Season's Lodge. They were entertained by Kristine Scott, who played 37 bells all by herself. Dorothy is planning another of her fabulous trips for the end of September. Always something to look forward to with Dorothy.

May 25th was our "Unmasking the Possibilities Tea". 97 ladies attended our Tea/Luncheon. We enjoyed a beautiful fashion show, with clothes provided by Bon-Worth Store of Tuscola, IL., and modeled by women from our units. A light lunch was served. The board provided coffee, tea and chicken salad sandwiches and some of the units provided desserts, veggies, fruit and chips. We had a mini-lesson on Mardi Gras with the King cakes included. We ended up with 10 new members. It was an enjoyable way of getting new members.

We have started a new Champaign Nights Unit. The first meeting was Wednesday, June 16 from 7-9PM at the home of Eileen Miller. She had only a handful of ladies but is hoping for more next month. Future meetings will be the 3rd Wednesday of each month from 7-9PM.

We are continuing to make neck coolers for the soldiers. Our next workday will be July 26th from 9:30AM - 2:00PM. There was a nice article in the Champaign News Gazette about making neck coolers.

Sue Christensen Public Relations

CLARK.....

Clark County has been working hard on its membership drive with each unit working their hardest to achieve new members. Each unit has done the quote, roll call, exhibit and poem for two months for the County HCE Handbook that is coming out in August. Contributions are used to make the ladies more interested in each month's lesson to be given.

We have two members that were charter members in 1944 that are still with units of the county. Sixty-six years have brought many changes for Louise Burkybile and Hazel Wright. The two ladies do not attend many of the events, but are still interested in the projects that we accomplish.

We have been told that with the newly organized district units that we will be with Edgar and Crawford counties. Bridges are being worked on for this transition.

Fall sewing projects are being worked on by the ladies to help benefit the local nursing homes and Heritage Veteran's Home in Hutsonville.

A small display was set up for the Clark County Fair that was the first of June. This display was set in the Arts and Crafts Hall. Materials were given to possible members and other interested people. Several people again did not know the background of HCE and the community projects that they did. A good eye opener for all.

We are keeping our eyes and ears open for possible ways to better serve our community.

Deloris Maurer Public Relations

EDGAR.....

Most of Edgar County H.C.E. county officers were able to attend the 2010 state conference

in Bloomington. State President, Marilyn Daughhetee and newly elected State Cultural Arts director, Kay Brinkley took the time to pose for a picture with fellow members from Edgar County.



Lots of great ideas were shared and noted for possible ideas in our county.

The Annual Meeting was fun with the Mardi Gras state theme. New members were elected which now has a representative from each unit but one. Hopefully this will bring thoughts and ideas from throughout the county. By-laws were also updated.

The new county board has not wasted any time getting busy. Details for H.C.E. week in October is not completed, but dates are set. On Tuesday, October 19th Mike and Peg Dixon will be speaking on Australia and Saturday, October 23th will be our annual craft day. There will be several crafts for adults as well as 4-H members who would like to get a jump start on 2010-2011 fair projects. The county board will furnish a noon meal (small fee). This is open to everyone, so if more information is wanted, please call Marge Houghland at 217/463-7610.

Carole Halloran Public Information

MACON.....

Macon County HCE celebrated the "Sights and Sounds of Spring" on May 6 at our Annual Spring Meeting. Flowers and music by the Rock Springs Dulcimer Club carried out the theme.

A highlight of the day was the introduction of Donna McKinley of the Hickory Point Unit in recognition of HCE membership dating back to 1945. Donna's daughter attended the meeting as a surprise for her mother. Thirteen other members were recognize for membership of 50 years or more.



Nancy Rude, director of Oasis Center, a day care center for individuals who have no home, spoke in the afternoon. She told us of many experiences she and her staff have had in their efforts to meet the needs of people served by the center. Services available include laundry, personal grooming, assistance with job hunting, counseling and many others, especially a safe place to be when the weather is unpleasant. HCE members donated several boxes of supplies to be used by those who spend their day at Oasis. In addition a 50/50 drawing was held and half to benefit Oasis. The holder of the winning ticket, Sally Dennis, also donated her winning amount to Oasis.

Three units, Boodette, Oakley and Hickory Point, were honored for 100% participation in the reporting of Certified Volunteer Hours. In all, Macon County HCE members reported 18,439 hours of volunteer service for 2009.

IAHCE Board members visited Decatur on June 14 to finalize plans for the District 5 Workshop and the 2011 Annual Conference. Members of the Macon County HCE Board were honored to host them for an evening of conversation, appetizers and a tour of the Macon County Extension offices. We look forward to greeting IAHCE members from all over the state at the Decatur Conference Center and Hotel in 2011.

Macon, con't

Creativity flourished on June 22 as Macon County HCE members learned a variety of embroidery skills. HCE member Barbara Abbott and two members of the Decatur Needle Arts Guild, Barbara Solheim and Mary Alice Eisenbarth, presented workshops on silk embroidery, Shisha (decorative work featuring mirrors) and penny mats.

Plans for International Day on Thursday, September 16, are being made by International Chairman, Margaret Leonard with help from many HCE members. Members from Piatt County will join Macon County for a day of activities including displays and a speaker. We hope DeWitt County will also participate. Lunch will offer an opportunity to sample many foods typically served in homes of Israel. The event will be in the Illini Room of Macon County Extension. In past years our International Event has been during the Decatur-Macon County Fair, so the change of location offers a temperature controlled facility.

Macon County HCE Board has contributed \$200 toward the purchase of a defibrillator which the Master Gardeners are purchasing to be kept in the Extension office.

Again this summer, HCE members will be donating snacks and home baked goodies to be sold at concerts of the Decatur Municipal Band. Cold drinks will also be offered for sale at the Central Park concerts on July 12 and August 9. This fundraising opportunity supports the scholarships given annually to family members of HCE members.

Nancy Muirheid Public Relations



Mc LEAN.....

Our members continue to be busy during these summer months. The Unit meetings have ended for the summer, but we have been busy preparing and serving the Barbeque booth at the Hey Days Festival in May in Heyworth. Along with bringing in money, it is a good way to let communities know about our organization. This is the second year to have a baked goods booth on the 2nd Wednesdays of June, July, August, and September at the Downs Village Market. The shoppers tell us they look forward to the wonderful goodies we make.

The theme for our Annual Meeting July 13th is "Unmasking the Possibilities of HCE". We will parade our decorated umbrellas and masks that we showed off at the IAHCE Conference. During the business meeting we will honor our many 50 year members and our new members and install the officers for the coming year. We will learn what lessons and cultural enrichment activities are planned for the coming year and what other activities are scheduled for another beneficial year for our membership. The day concludes with good entertainment and an excellent meal.

We will have a booth at the McLean County Fair, August 4 - 8th that will provide information about membership, information on the lessons and activities planned for the coming year. The Cultural Enrichment Contest is open to the public as well as members. We provide information and patterns for the many ways that we reach out to the troops.

August is a busy month. After the fair there is the District Workshop on the 18th in Decatur. Many of our officers attend. Also, the old and new boards meet together. Finally the Orientation Workshop meets to prepare officers for the 2010-2011 year.

Bus trips are an important part of HCE. Plans are in the works to see the Barn Quilts in

Kankakee County, and the Fall Trip is "Back Roads of Iowa" in October. These trips are helpful in bringing in new members.

These summer activities help promote Home & Community Education to more and more people. We hear many say they don't know what Home & Community Education is. We strive to get the word out whenever we have the opportunity.

Sheila Wells Public Relations

PRAIRIE.....

2010 found Prairie Association developing plans for the year. However, plans were changed due to the massive challenge sent down from the U of I Extension due to the financial crunch in the state as a whole.

Since Moultrie and Douglas counties combined some years ago, new friends, ideas and memories have allowed the two counties to mature and continue with even more advances in programs.

Membership has been a challenge due to many factors such as....health, change in residence, death. Yet the counties continue. With two units sponsoring 4-H local achievements and the possibility of inviting residents of extended care and long term care become members with local units sponsoring them. The winter newsletter will give you an update.

Again, the quilt program proved to be a great success with Marilyn Dufford, the Quilt Lady, teaching the third grade students the steps of making a quilt. The students create their blocks, the HCE ladies sew them together and finish them into quilts. When completed, they are returned to the school to be raffled. The classes receive half of the money collected and the PAHCE receives the other half.

Our Annual Meeting followed the Mardi Gras theme with beads, beads and more beads. Many masks were designed and modeled by members.

The Prairie Association board presented the skit entitled "Meet the Tater Family" which was one which gave food for thought.

Decorations have been recycled for use by the Diabetic Support Group and Relay for Life who were using the Mardi Gras theme.

The scrapbook has be enlarged, containing a brief history of extension life in Moultrie and Douglas counties since 1934.

Plans are developing for 2011 with positive thoughts, making new friends, ideas and growth.





Winona Saathoff Public Relations

DICTRICT 6 DEBBIE BORRIES

I have been traveling to different counties since March, installing officers. I would like to thank all of my counties in District 6 for their hospitality.

You always make me feel very welcome! Remember I can attend your county once a year at no cost to you, if I speak on membership. If you need me more, just ask and I will check with the President for an okay. I am only a phone call away for any questions.

I have been enjoying the newsletters I receive—you do such amazing things! Being a volunteer is in the blood and hearts of HCE members! Did you know each volunteer hour

Debbie Borries, con't

is now worth \$21.51? Be sure to keep track of those hours (January to December) and send it in to be counted for your county and for you to receive an award.

The IAHCE Board met in June and has so many good things planned for the March Annual Conference 2011. Start saving so you can attend —it will be so much fun! The Decatur Convention Center has been revamped and is very attractive.

Let me know if you need any information. Have a great summer!

Debbie Borries

CRAWFORD.....

Three HEA members attended the 86th Annual (Illinois State IAHCE) Conference in Bloomington. Ava Lansbery, LaDonna Harris

& Barb Miller enjoyed the many workshops which were offered including Ethical Wills, Memory Loss, Officer Updates, Digital Cameras, String Art,



Computers, Monarchs, Pecans and District 6 Updates. They also attended the Awards Banquet and the Elsie Mies Banquet. This year's theme is "Unmasking the Possibilities with IAHCE. Some colorful costumes were presented.

The Morning Glories HEA Unit planned the "Picnic in the Park" held at the lovely Oblong City Park. Everyone enjoyed grilled hot dogs and all of the other homemade goodies provided by the Morning Glories members. After lunch, bingo was enjoyed by all who attended. There were even some of our county Long-Term Care resident members who participated in the fun.

The young moms group, MUMS, recently presented a \$150 check to the Robinson Public

Library to purchase new books and provide Children's Story hour resources. The Mums Unit has 16 members who support mothers in all areas of parenting, homemaking, health and fitness, relationships, money, and finance.



The Oblong Sunbeams HEA unit planned a fun-filled day of craft demonstrations, lunch, and even a homemade candy booth was available to buy various candies and chocolate creations made by the ladies of the Southeast LaMotte HEA unit. Marge Shipman brought a display of her lovely creative cement leaves. She actually uses real leaves she collects and makes them into beautiful garden and/or home accents. Charlotte Tincher brought her collection of handmade greeting cards. She makes some with her own designs and origami paper folding attached to the fronts. Debbie Tedford demonstrated how to make decorative plates using fabrics and Mod Podge. The Sunbeam ladies provided lunch of chicken and ham salad sandwiches, chips and, homemade cookies.



For the past three to four years, the Try Hard HEA Unit has furnished cookies for the Ridgeview Care Center cookie walk held during Nursing Home Week in May. Each month two of the Try HARD HEA members goes to Ridgeview on the last Wednesday of the month for a cooking demonstration. They have made egg salad, fried pies, and even fried green tomatoes. Residents that are able to come to the dining room always enjoy the food and the special attention they receive during the visit. It is a time for the residents to reminisce about their lives and relate stories of their past.

FAYETTE.....

Spring, 2010, in Fayette County proved to be the beginning of a busy time for the Home and Community Education Units, as they proceeded with their monthly meetings as well as prepare for their much anticipated "Get Acquainted Day" held April 8th, and make plans for the June Annual Meeting and Potluck which is enjoyed by all.

Our theme, "Mardi Gras" and "Unmask the Possibilities" was a lot of fun. It issued a challenge to us to extend our own abilities and opportunities within our units, as well as encourage the units and club as a whole to reach out and do more. It provided us with the challenge and inclination to make others more aware of the HCE and all it does, not only for our community but for other worthy causes as well.

Our spring "Get Acquainted Day" was well attended and the ladies who decorated umbrellas and masks in the Mardi Gras fashion lent a lot of color and fun to the meeting.

Those participating were Joan Adermann, Margaret Yakel, Sandra Runge, Phyllis Pryor and Delores Dukeman, who won the contest with her lavishly decorated umbrella and

fancy mask.

A special and favorite guest was the popular, unpredictable and inimitable "Miss Daisy" who had the



ladies in stitches as she told hilarious jokes about old age and all it entails and sang ditties about growing old ungracefully. Miss Daisy (a.k.a. Michelle Weaver) is actually young, a Baptist preacher's wife and has a beautiful singing voice.

Following "Miss Daisy" was the long awaited "Make it-Bake it, Sew it-Grow it" auction, with many beautiful, useful and delicious items

covering the display tables.

Elizabeth Kasten, our official auctioneer graciously emerged from recovering from surgery and served as our auctioneer again with Joyce Fisher's assistance.

The late Vi Baer was also on hand to support the fundraiser auction, both by contributing items to the auction and by bidding generously during the auction.

The auction went well with some pretty heavy bidding for Lucille Fisher's homemade Irish soda bread.

Our 61st Annual Meeting of Fayette County Association for Home and Community Education was held June 22, 2010 in the Vandalia Holy Cross Lutheran Church. A total of forty-two (38 members and 4 guests) registered at 11:00 AM for the meeting and potluck meal.

Members of the Bond County HCE were invited to the meeting. Responding officers: President, Georgianne Tompkins; Secretary, Jeannette Brown; and Pat Sutton, Cultural Enrichment Director. District 6 Director, Debbie Borries was also present for the installation of officers.

As all gathered in the spacious room, it was enjoyable meeting and visiting with the other units again. President Flo Allen requested Panzi Blackwell to ask the blessing and following the bountiful potluck meal, Flo Allen called the meeting to order and led the pledge to the flag. Memorials were held and roses placed in vases for Vi Bear of Vandalia Day, memorial to Anita Smith and for Ruby Schaub and Emily Reece, of the Sefton Unit.

The business meeting was conducted and reports received. Debbie Borries officiated the installation. Awards were handed out for "Outstanding Leader Award" to Flo Allen, certificates and seals were given for CVH hours, recognition to units.

Fayette, con't

Flo Allen read a poem entitled:

"Unmasking the Possibilities"

for the Fayette County HCE written by Panzi Blackwell

Within each one lies an unlimited potential. The fruit of which could be quite substantial, For any goal to be attained, And any mission to be sustained, If we could just 'Unmask the Possibilities'

If each Unit would strive to unmask,
Any talents and skills for each task,
To give to each home and community,
Knowledge, health, wholesome morality,
We would then "Unmask the Possibilities"

To be a leader and stimulate mentalities.

Promote physical and wholesome moral qualities,

To equip our home with affection and respect,

And our conduct be most circumspect.

There will be opportunities to "Unmask the Possibilities"

To recognize needs and respond as a group, And each HCE Unit merge as a troupe, HCE homemakers have the abilities, To "Unmask the Possibilities".

April 8, 2010

Panzi Blackwell Public Relations

JERSEY.....

Jersey County Homemakers Education Association recently celebrated their 79th Anniversary by honoring several of their members and especially Evelyn Stumpe and Elizabeth A. Schwab who had achieved their 50-year membership.

Evelyn is a member of the McClusky Unit of the Homemakers Association and Elizabeth is a member of the Jerseyville "B" Unit. Both joined HEA in 1960 and were asked to give a short resume of their time spent in HEA, which resulted in lots of reminiscing. They join the 15 other ladies who have already achieved their 50-year status and there is a total of 47 ladies who have been members for over 25 years.

Officers and Directors were installed by
Debbie Borries of Effingham, District 6 Director
for IAHCE. They are Sandra Bechtold McClusky Unit, President; Mary M. Thompson
– Fieldon Unit, 1st Vice-President; Emma L.
Sullivan – Fidelity Unit, 2nd Vice-President;
Elizabeth A. Schwab – Jerseyville "B" Unit,
Secretary-Treasurer/Publicity Director; Ida
May Pickel – Panhandle Unit, Family Issues/
Community Outreach Director; Marietta Bates
– Elsah Unit, International Director; Wendie
Hosmer – Homemakers E. T. C. Unit, Director;
and Karen Ziegler – non-voting delegate from
McClusky Unit as Cultural Enrichment
Director.

Emma L. Sullivan, 2^{nd} Vice-President, Membership conducted a Remembrance Service for Helen Muffley of the Jerseyville "B" Unit and Mary Arnold of the Panhandle Unit who passed away earlier this year.

Patty Faughn, Family Life Educator of the University of Illinois Extension presented a program on "Humor in Volunteerism", she said that we should all have a little humor in our life to help relieve stress.

Members are already making plans for their 80^{th} Anniversary which will be celebrated on May 12,2011.

Other activities included this summer are a lesson Rhubarb on June 17, which will include "taste testing" of recipes and our Annual Family Picnic on July 22 which includes a "homemade ice cream social". Sandy Bechtold, Mary M. Thompson, Karen Ziegler and Mary Lou Hess will be attending Illinois Homemakers Camp at Monticello in July also and hope to bring back new ideas for the Craft Club which will resume in September.

Elizabeth Schwab Public Relations

MADISON.....

Greetings from Madison County. We've had a busy spring with our Annual Meeting on April 29th with the theme "Unmasking the Possibilities" and decorating the tables with potted plants and masks to illustrate the theme with members placing a smaller mask in the pots reflecting what HCE meant to them. We were honored to have Debbie Borries with us as well as Jan Burnett, our Extension Director, who brought us up-to-date on the latest changes occurring with extension and probable future changes. We welcome four new members on the board, -Peggy Satoris, Cultlual Enrichment Director; Nancy Sakaulski, Family Issues Director; Anita Cain, Community Outreach; and Betty McKinnon, 1st Vice President.

We welcome Vi Huebner as our new President of MCAHCE and look forward to working with her. We cannot thank our Past President, Marilyn Korte, enough for her many years of dedication, enthusiastic leadership and perseverance as she served as our President and before that, Cultural Enrichment Director on the Board. Our own Wally Fisher presented

the entertainment on "The Humble Handkerchief" as she showcased some 100+ handkerchiefs and relating many stories that went with them including WWI and WWII.



Our May 17th, we had our Victory Tea for new members and their sponsors. Our 2nd Vice President, Joyce Cornwell and the 2nd Vice President of each unit were responsible for decorating one of the tables, so we had a variety of ideas and creativity. The hostesses



Front l-r: Cindy Jobe, Lynn Steinmann, Kathy Reinacher, Marge Scovitch, Peggy Sartoris Back l-r: Millie Hamilton, Judy McPike, Gail Hughes, Brenda Leitner, Cynthia Cleary, Rebecca McGarthy Wayne, Joan Roy, Joyce Cornwell, 2nd Vice President

wore hats as they greeted our guests. We were enthusiastically entertained by a bell ringer soloist, Diane Bickel of Collinsville. It was a wonderful evening.

We concluded May with our County Event on May 25th which was a tour of the Illinois Artisan Museum in Whittington, IL (not Waddington, as I had previously reported) with lunch at a local café-Burtons and a stop at a greenhouse in Richview, IL. It was a very pleasant day.

Please mark your calendars for our "Christmas in November—Let it Snow" on November 4th at 6:00PM at the Edwardsville Moose Lodge, 7371 Marine Road, Edwardsville, IL. For members and guests outside of Madison County, your reservation of \$8.00 can be sent to Maureen Betts, 5054 Old Carpenter Road, Edwardsville, IL. 62025 for an evening of entertainment, good food, prizes, raffle prizes and a silent auction.

District 6 and 7, we will see you in Mt. Vernon in August. Enjoy your summer everyone.

Gloria Hartman Public Relation



MARION.....

The 64th annual meeting of Marion County Home & Community Education was April 28, 2010 at the Extension Office in Salem. Chairwoman Donna Annan called the meeting to order. Margaret Shaffer led the 39 member and 3 guests in the Pledge of Allegiance and the clubs collect. Lynn Weiss, interim county director gave a brief update on possible changes in extension. Recognition was made to Dorothy Smalley as a 50 year member, Charter members: Elsie Finn, Wilma Vandeveer, Maxine Barksdale, Ruby Shaffer, and Hazel Loomis. Certified Volunteers (for 500 hours or more volunteering this year) were: Dorothy Bruce, Freda Chasteen, Bessie Copple, Betty Hensley, Phyllis Henson, Betty Kracht, Lois Kracht, Delores Mabry, Treva McDowell, Evette Nagel, Yvonne Rusiewski, Bernice Schmidt, Audrey Talbert, Wilbur Talbert, & Bev Virobik.

A Memorial was held for: Agnes Brannon, Vera Johnston, Gwen Redeker, Dessie Skaggs, Betty Hensley, Virginia Mahlandt, Nola Robb and Ruth Storment who have passed away during the year.

Marion County received the President's Award in Family Issues, for Health, Food and Nutrition, and 2009 Single County's highest percentage gain in membership at the State Conference that was held in March 2010 in Bloomington, IL.

Yvonne Rusiewski received the Homemaker of the Year award. Her sister Geraldine Lear accepted her plaque, coffee cake with maple icing and a bouquet of flowers, as she was unable to attend due to sickness. Geraldine stated that Yvonne was very much honored to receive this award and she couldn't have accomplished the programs that we had and other things without the help of everyone else. Several past homemaker of the year recipients' were present and displayed their plaque.

Jeanette Hoeinghaus installed the officer for

the next year: Phyllis Henson-chairwoman; 1st. Vice-Pat Young; 2nd. Vice-Dorothy Bruce; Secretary-Paula Barksdale; Treasurer-Freda Chasteen. She used the Mardi Gras theme by giving each a strand of colored breads.

Our Guest Speaker was Joyce Coffey. "How do you pass it on" was her topic, telling how important it was to tell our family things about our ancestors, including HCE.

Champaign Salad, crackers, spritz cookies, pink lemonade, tea, and coffee was served.

Donated door prizes were won by Rosalie Maxey, Joyce Coffey, Wilbur Talbert, Dorothy Bruce, Mary Knight, Lois Kracht, Ruth Williams, Mary Doudera and Marie Young.

Retiring chairwoman Donna Annan thanked everyone for their help the past year.

Debbie Borries did a night lesson "A Taste of Belgium" International Lesson June 10, 2010. She had a very interesting slide show. We had 29 HCE members and 5 guests in attendance. Those in attendance sampled Chicken with Tomatoes and Mushrooms, Spinach Mashed Potatoes, Hearty Winter Vegetable Soup, Belgium Cinnamon Cookies and Brussels Sandwich Cookies. Each took home a booklet with many interesting facts about Belgium and several recipes including the ones served.

Phyllis Henson Public Relations



DISTRICT 7 TREASA BROOKMAN

Greetings from District Seven! My term is almost up, nominating committee has been charged and



they will find a replacement for me I am sure. It has been a joyful four years. I finished Barb Spencer's term and then you elected me. I am sure a very good replacement will be found. Election will be held August 19th at District Workshop in Mt. Vernon. Be sure to use the form from the grey guide book.

Please contact one of the nominating committee if you would like to run for District Director:

Marge Wilcox, Chairman Jefferson County 618-732-8226 <u>mwilcox@mvn.net</u> 1103 W. 4th St. Bluford, Il 62814

Norma Korte Massac Co. 618-525-2778 kortes@kortefarms.com 3532 Mermet Rd Belknap, IL 62908

Janel Kassing Monroe County 618-282-3628 jkassing@htc.net 328 S. Main Red Bud, IL 62278

Perry County is following through with the "Biggest Loser" and is going to have INSPIRE! Conference to be held in Pinckneyville on August 26, 2010 in the evening. The keynote speaker for the evening will by NBC's Biggest Loser Season 4, Runner-Up, Julie Haden!!!! More information at www.motivationfitness.homestead.com for definite times.

Southern Illinois Craft Camp is coming up September 14-16th at Du Bois Church Camp, Du Bois, IL. Contact Imogene for registration and more details,

Imogene Lamczyk 4900 Indian Trail Ashley, IL 62808 618-485-6108

This year we will allow you to come two days, but you have to pay camping fees for both days.

Treasa Brookman

HAMILTON.....

Hamilton County HEA held its annual county wide picnic this past June. We met at Dolan Lake Illinois State Conservation Area. It was a beautiful day and a great way to kick off summer vacation. A presentation on wildflowers a.k.a. weeds was given ending with the lighting of a flaming torch made of mullien. Combining fun with education has been a goal of our organization. Our June Lesson for Learning "Can You Cross the Center Line?" provided challenging but enjoyable exercises designed to help boost brain alertness. During the training session colorful balls were flying everywhere as participants tried passing a ball from one hand to the other while crossing the midline of the body.



Susan Johnson & Geraldine Barker

Hamilton County HEA will be celebrating its 50th anniversary this coming year. We have a great slate of lessons and programs scheduled. It will definitely be a "golden year" for Hamilton County.

Susan Johnson Public Relations

JEFFERSON......

I hope everyone is enjoying their summer.

We started May with a Flea market/sloppy joe luncheon and flower sale/pick up. All the Units represented did well and enjoyed the day. The flowers were beautiful. Everyone was well pleased with them.

Our Annual Meeting was held May 3rd with a 9 a.m. registration time. The table decorations (done by Tina Trotter) were beautiful and done in the State Theme of "Unmasking the Possibilities". Our lunch time meal was catered by the Waltonville Café and was delicious.

David Belcher, our favorite reporter, from the Mt. Vernon Sentinel attended but left before lunch so he would not be tempted to eat anything not on his diet. (Sara Tanner from Perry County came up in December and gave the lesson on 'Getting Fit'. David covered this lesson and it inspired him to lose weight.) David has been writing a weekly series on his weight loss journey and has lost over 60 pounds in the last 6 months. In his series he has given credit to HCE and Sara Tanner for getting him started.

Our May lesson was on 'Memory Fitness', something we all need. This was a fun lesson as we had some brainteasers to do. It's never too early to work on your memory fitness.

Our quilt is ready and so are the tickets. We are already selling them. Our quilt will be on display with tickets available for sale at the District Workshop to be held August 19th in Mt. Vernon.

The lap robes that were made in April were delivered to White Oaks Nursing Home on June 11th along with bibs and walker bags. All were greatly appreciated.

Our June lesson was not only interesting but also delicious. Treasa Brookman gave the lesson on 'Cooking for 1 or 2' and made several of the dishes so that we could taste them. According to the 2000 census 59% of all households now contain 1 or 2 people. With that fact in mind, this lesson is very valuable – in fact my very own household went down to 1 just after the first of the year when my daughter moved out.

We are preparing to help the 4-H by judging their general projects at the Jefferson County Fair and then with the 4-H BBQ in August 7th where each Unit is asked to supply either sheet cakes, cupcakes, cookies or fruit pies to be served with meals. The BBQ is the 4-H's biggest fundraiser each year.

In August we are looking forward to the District Workshop. Hope to see many of you there.

Marge Wilcox Public Relations

MASSAC.....

We held our Annual meeting on March 13 with a large display to help us "Celebrate Aprons". Martha Bremer prepared a power point to tell the history of Aprons and the different styles through the years. Members modeled a few of the aprons brought in for the celebration and each unit decorated a table with the Apron theme. With 61% of our membership present along with guests, we felt it was a good day for HCE in Massac County!



We were pleased to have Norma Korte elected as IAHCE Family Issues Director. Members throughout the state will get to know Norma as she visits the district and state events.

We are making plans for our first AJMPU Unit Educational information booth at the Super City Quilt Show this year on September 11 & 12. The show will be at Harrah's Riverfront Event Center, Metropolis. Plans are being made by Metropolis Tourism to have several demonstrations, guest speakers, and a Super Block Challenge. We plan to play a video of activities from the five county unit and have educational material for visitors to pick up. We are also working on a quilt block for guests to work on and take home to finish.

The annual Massac HCE Salad Luncheon will be held on October 6, at Metropolis Community Center, with "What's It Worth" from WPSD TV checking out some of the antiques that will be brought in for the day.

One other big event that we are working together on with the AJMPU Unit is our Mini Conference. Plans are being made to have it on November 6. Exact time and place have not been arranged because we are outgrowing our present location. If you are from a surrounding county, you are welcome to come and share the day with us! The lessons presented will be used for our Unit lessons for 2011 program.

Have a good fall! Massac County HCE



PERRY.....

2010-2011 Perry County Home & Community Education Association Board members: Marilyn Williams, Colleen Furry, Georgia Fagerland, Frances Milam, Sue Burnett, Jane Chapman, Carolyn Bathon, Rita Stewart, Elaine Vancil, Bunny Grasso. Absent: Marilyn Peradotto.

New officers and directors were installed by Treasa Brookman, District 7 Director.

The 62nd Annual Meeting of Perry County Home & Community Education Association was held at Sunfield Methodist Church on May 6, 2010. The theme was "Unmasking the Possibilities" which featured a Mardi Gras theme.

After the dinner, President Jane Chapman conducted the business meeting. Officers for the coming year were installed. Scholarship winners in the area of agricultural and/or consumer science were announced for the year: Adam and Angela Epplin. They will receive \$500 scholarships to further their education in their chosen fields of study. Their applications were forwarded to the IAHCE board for consideration of another scholarship. The quilt shown above is our raffle prize and tickets are available for sale.

University of Illinois extension personnel, Rhonda Shubert, gave the Extension Report and thanked HCE for their valuable help and financial support to the 4-H Federation.

Walking awards for those who walked more than 125 miles this year went to Marilyn Williams, Bunny Grasso, Georgia Fagerland, Diana Woodside, Kathi Quandt, Anne Tabing, Elaine Vancil and Mary Catherine Keene.

Rita Stewart announced Perry County won a Special Interest Event for their program on Belgium and Hawaii. Community Volunteer Hour winners were: Dolores Kellerman, Sue Kuhnert, Judy Malinski, Erlene Pierce, Rita Stewart, Sara Tanner, Jane Chapman, Colleen Furry, Mary Catherine Keene, Sue Robinson, and Elaine Vancil.

District 7 Director, Treasa Brookman spoke about increasing membership and complimented Perry County on their programming. Jane Chapman gave the President's challenge to work for more

members and continue to strive for a healthier lifestyle.

May 22, HCE had a booth at the Pinckneyville Community Hospital Health Fair. Healthy snacks and literature were handed out. Some board members attended the District 7 meeting held in Benton.

Try to attend some cultural events and help the bad economy by touring Southern Illinois this summer.

Jane Chapman held a luncheon in June for the old and new board members. Upcoming events will be the District Workshop in Mt. Vernon in August as well as the INSPIRE! Conference featuring Julie Hadden, second runner-up in Season 4 of the TV's Biggest Loser. It will be held in Pinckneyville on August 26.

Carolyn Bathon Public Information

POPE/HARDIN.....

Our Spring has been busy with various activities. The 64th Annual Meeting of the Pope-Hardin HEA was held April 11th. The theme was "Spring Fling". The decorators Flung some potting plants onto the tables for a Spring look. The Board members Flung some interesting, useful or otherwise good rummage for the Chinese Auction which was the brainchild of Joyce Anderson, our Special Activities chairman. It created lots of activity, conversation and fun. The Hallelujah Square from Bethany Baptist Church was very entertaining with their puppets and sense of humor.

There was a good representation of our home-makers talent in the Cultural Arts display and contest. Entries included quilts, paintings, photography, stepping stones, and decorated gourds. Harriet Schneidinger's quilt "Kaleidoscopeic Stars" won Best of Show.

Mary Rhoads received her 50 Year Membership Certificate. A memorial was held for this past year's deceased: Joanne Altoff and Virginia Cox.

District 7 Director, Treasa Brookman installed our officers utilizing the IAHCE Conference theme of "Unmasking the Possibilities" with Mardi Gras beads.

It was a lovely **Spring Fling**.

Our Special Activities Chairman organized and hosted a Tasting Luncheon April 27th at the Main Street building in Elizabethtown. Pope and Hardin County HCE members submitted recipes and donated the food products for the Tasting Luncheon. Each attendee received platefuls of the samples of delicious food and a recipe booklet. This event was one of our activities to gain new members for HCE. We have voted to make this an annual event. It was fun and successful.

We are most thankful to our ladies for submitting all of their donations to our Marion, IL. Veterans Hospital. The week prior to Memorial Day we delivered the trunk load of items for the veteran's use at the hospital and nursing home. They are most appreciative and their eyes lit up as their delivery was made. Our Pope and Hardin County members are busily collecting items for our next trip to the VA hospital the week before Veteran's Day.

Dolin and Wilda Robinson with loaded car.



We have had a very busy Spring and are looking forward to our Summer activities.

Joanne Martin Public Relations

SALINE.....

Saline County Community Outreach Chairman, Marsha Patterson has been busy promoting several projects. Committees helped her send sorted categories of 4,161 coupons to a Japan U. S. Base which is valued at \$5,280.05. Several units took baskets to the Pregnancy Center for the mothers with a newborn and units assisted with donations to make "take home" lunch and snacks for the needy children in school. Marsha will be on hold for a while as her last test and results show her cancer is back. Our thoughts and prayers are with her for a speedy recovery.

HEA welcomes Kay Long to the Board as Family Issues Chairman replacing Jeanette Alexander who past away earlier this year.

Our HEA County Chairman, Barbara Lambert, was invited and visited Habitat for Humanity organization. They were looking for volunteers to help the families selected for the houses being built. Several units have agreed to help decorate a room, help select carpet, paint, kitchen flooring and furnishings.

Saline County HEA Board is planning a fundraising for the 4-H. According to the paper and information gathered, Saline County has not received any money from the Department of Agriculture this year who pays 4-H premiums. This is bad news for HEA with 7 counties being combined and no announcement as yet where the main office will be.

Well, it's almost fair time so enjoy the summer and try to stay cool.



Treasa Brookman at Annual Meeting.

> Georgia Murphy Public Information

WASHINGTON.....

Washington County HCE members held their 63rd Annual Meeting at Hoyleton, Illinois Community Club Hall April 26th. The theme was "Unmasking the Possibilities with WCHCE" with registration at 6 PM. Dixieland music was provided. President Ann Schnitker, opened the meeting. Presentation of HCE Banner, Pledge to the Flag and the Collect was led by the board members. An exercise poem led by the board members "Get Up and Move for HCE" was enjoyed as members participated!

Three new members were welcomed - Eunice Ruter, Charlotte Skillman and Joan Giger.

Remembrance of deceased members - Evelyn Meyer, Marie Gilbert, Mary Beckmeyer, Eileen Auld.

Members of Washington County HCE that received their awards for Volunteer Hours this past year were awarded certificates and gold seals by Norma Slone, County CVH Director at the Annual Meeting. Mary Barrett had a total of volunteer hours which was fourth in the state!



Front Row: L to R - Norma Slone, Adeline Blumhorst, Doris Meier, Mary Barrett, Nancy Russell

Back Row: L to R - Bernice Hemminghaus, Gerri Twenhafel, Christine Bevil, Dorothy Harre, Ann Schnitker

Absent: Cora Schmidt

The installation of officers was preformed by Rita Stewart, State International Director: President, Ann Schnitker; 1st Vice President, Jan Endres; 2nd Vice President, Gerri

Washington, con't

Schnitker; Secretary, Sue Mueller; Treasurer, Kathleen Betlejewski; Public Relations, Adeline Blumhorst; Cultural Arts, Shirley Hogene; International, Bernice Engelmann; Community Outreach, Mary Barrett; 4-H & Youth, Janet Windler; CVH, Christine Bird; Ways & Means, Marietta Dahncke.



A trip to New Harmony, Ind. is planned for August 11, 2010. The tour includes Philip Johnson Design Roofless Church, Harmonist Design Houses, lunch at Red Geranium and shopping. A bus tour or a walking tour of the area will be available. A non-refundable fee of \$45.00 payable in advance to Washington County Extension office, 9623 Wall St., Nashville, IL Phone #618-327-8881.

Adeline Blumhorst Public Relations

NVON IN HOTSPRINGS - 2010



Delegate/Alternate Nympha White and Sharon Middleton New NVON Secretary, Kathryn McNeely of Illinois





Illinois members who attended the 2010 NVON Conference (missing Melva Reid)

GUIDELINES FOR FAMILY ISSUES PROJECT TAB COLLECTION

The collection of aluminum tab collection project will be a statewide activity to help charitable organizations. The aluminum tabs will be donated to organizations, such as the Ronald McDonald House, who in turn recycles the tabs and uses the money to help keep their facilities available to families who need assistance.

- 1. Each county in Illinois is allowed to participate in the project.
- 2. For this project, only the aluminum tabs (not the entire can) should be collected.
- 3. The aluminum tabs should be weighed and certified by a written weigh scale ticket. The scale ticket should include the following information: name of business where scales were used, signature of employee completing the scale ticket, official weight printed on the scale ticket.
- 4. Deliver the aluminum tabs to any local, charitable organization (such as a Ronald McDonald home or other organization). Pictures should be taken when the tabs are delivered, and a brief story written that explains how the tabs will help the organization or families who are assisted by the organization.
- 5. The report of each county's activity for this project must be mailed by the postmarked date of January 31. Items in the report should include:
 - Scale tickets with name of business, signature, and weight information
 - Pictures that depict the delivery of the tabs and the story that describes how the tabs will help the organization or families associated with the organization. (refer to Guideline #4)
 - Short written statement that describes what your county has learned from this project.
 - The report will be on display at the State Conference.
- 6. The county with the largest amount of tabs collected and delivered will be recognized at the State Conference in March. A county wide trophy will be presented.

Final reports should be mailed to the Family Issues Director, Norma Korte.

(No money should be turned in to any HCE representative. If the county chooses to recycle cans also, then please give the money to a charitable organization of your choice or use it for your county funds.)



Nympha carrying the Philippine Flag.

PHOTOS FROM THE ACWW TRIENNIAL CONFERENCE HELD IN HOT SPRINGS, AK APRIL, 2010



Rose, Sandy with May Kidd & Sharon. Below Nympha with May Kidd our new ACWW World President





Sandy in her "I have an attitude' Hat

How can you not smile when vou see someone with a red nose! Nympha



Illinois Delegates - Sharon Middleton, Nympha White, Joan McEachern, Sandy Bechtold & Nancy Remmers

UPCOMING DATES

September 25, 2010 - State Board Application Deadline - Mail to Vi Huebner

2010 IAHCE Workshops

District 1 & 2/3.....August 17 United Methodist Church, Sycamore District 4 & 5......August 18 Decatur Club, Decatur District 6 & 7......August 19 Holiday Inn, Mt. Vernon

2011 IAHCE ANNUAL CONFERENCE

March 22-24, 2011 at the Decatur Conference Center & Hotel in Decatur. Registration forms will be online at www.iahce.org later this fall. You can reserve your room now at the Decatur Conference Center & Hotel at: 217-422-8800 and say you are with IAHCE.

NVON (National Volunteers Outreach Network) July 19-21, 2011 - Hotel Sierra, Green Bay, WI

CWC - September 21-22, 2011 - Columbus, Ohio

ACWW

2013 - Chennai, India.

NEWSLETTER DEADLINE - November 1, 2010



Beverly Earnhart Indiana New USA Area President



Shirley Rees, Melva Reid and Patricia Wilson



Joan McEachern with a friend.



Crown Princess Azizah of Malaysia with her entourage. South & Far East Asia New Area President

More photos are available to view @ and@ www.iahce.org www.acwwusa2010.shutterfly.com

2010 IAHCE SCHOLARSHP WINNERS

KELSEY RAE Mc CLAY

Kelsey Rae McClay, Oakdale, Il., Washington County. Her grandmother Ruth Meyer is a 50 Plus year member and her other grandmother Mary McClay is a member also. She is attending Maryville University in St. Louis



studying for a Doctorate of Physical Therapy. She wants to become a licensed Physical Therapist in a rural health setting.



CODY CURTIS SHEPPARD

Cody Curtis Sheppard, Pearl, IL., Pike County. His grandmother has been a HCE member for 50 years. He is

attending Jon Wood Community College at Quincy, IL in the Agriculture Transfer Program and then will transfer to U of I for Agriculture Engineering. He would like to work for Case International or some other Agriculture Equipment Company upon graduation.

ADAM A. EPPLIN

Adam A. Epplin, Cutler, IL., Perry County. His family has been connected with HCE for 23 years. He has



completed two years at Rend Lake College and now plans to attend SIU Carbondale taking Ag. Systems Technology/Animal Science. Upon graduation he plans to have Bachelor's degree Ag. Systems Technology/Minor Animal Science. His biggest goal is to assist his brother and father in the advancement of our farm operation, while also being employed with a

local agriculture company, such as Land-o-Lakes or Maschhoffs.

GARRETT WESLEY HOWLAND

Garrett Wesley Howland, Perl, II., Pike County. His mother has been a member of IAHCE for 11 years. He has attended John Wood Community



College and now plans to go attend Western Illinois University at Macomb. He is going to study Agriculture Business, with a JWCC-Associates Degree, WIU-Bachelor's Degree. He plans to go into the AG marketing upon graduation.

EMILY ABIGAIL WARHURST

Emily Abigail Warhurst, Somonauk, IL., DeKalb County. Her mother has been a IAHCE member for 13 years. She plans to attend Joliet Junior



College taking Ag. Science/Agronomy,
Horticulture and possibly Ag. Teaching. She
plans to get a degree in Ag. Science and
Horticulture with a teaching certificate. She
would like to work at a seed corporation or as
an Ag. Teacher



ANGELA E. EPPLIN

Angela E. Epplin, Cutler, Il., Perry County . Her mother has been a member for 24 years. She has attended Rend Lake

2010 IAHCE SCHOLARSHP WINNERS

College and now is attending Southern Illinois University at Carbondale. She is studying Animal Science, Pre-Veterinary Medicine, Chemistry major. She would like to work at a mixed veterinary practice in Southern Illinois after graduating veterinary school.

M. ALYSSE SMITH

M. Alysse Smith, Pittsfield, IL., Pike County. Her family has been a member of IAHCE for 10 years. She has attended John Wood Community



College and Quincy University. She is planning on a Bachelor's degree in nursing and will either work in a hospital or doctor's office after graduation.

JOSHUA BRADLEY NICKELSON

Joshua Bradley Nickelson, Pleasant Plains, IL., Sangamon County. His family has been

involved with IAHCE for 30 years. He has attended Southern Illinois University and plans on a Bachelor's of Science degree in Forestry. He would like to work for the Forest Service, EPA or other agency as a Hydrologist.

DEREK L. FERREE

Derek L. Ferree, Havana, IL., Mason County. His grandmother has been a member for 12 years. He is planning to attend University of



Illinois taking history courses. He is planning

on a BS degree in Pre-Law and then become an attorney.

JULIA ELLEN De GROOT

Julia Ellen DeGroot,
Winchester, IL., Scott County.
Her family has been involved
with IAHCE for 35 years.
She has attended Lincoln



Land Community with Associate in Sciences
Degree and plans to attend MacMurry College
studying Social Work/Criminal Justice. She
wants a bachelors in Criminal Justice and
work on Probation and parole or Counseling.

Scholarship Committee:

Treasa Brookman (Chair), Vi Huebner, Kay Brinkley, Debbie Borries



WHAT HAPPENED TO THAT BOY PIANO PLAYER FROM EFFINGHAM?

Ellie Maroon, Past State President has been receiving inquiries about that young

piano player we had at our Effingham Annual Conferences. That piano player, Kris Becker of Altamont, IL has grown up. 27 year old Kris now resides in Houston, TX.

He has preformed at Carnegie Hall, the Kennedy Center, Hong Kong Cultural Centre. He was a winner of a Yamaha Young Performing Artist competition. Kris has an album out now titled



"Inventions". The flyer for the album states the album is "stylistically diverse original music that is intelligent, attractive, virtuosic, intense, melancholic, fun, beautiful, and passionate. Yes, he is all grown up and doing great!

ILLINOIS ASSOCIATION FOR HOME & COMMUNITY EDUCATION

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