

Carolyn Fisher's Cable Beret
(worn by DuPage County at 2013 IAHCE Annual Conference)
(knitted in the round; four rounds comprise one cable)

3 ounces Medium weight yarn – yarn symbol 4 – worsted weight yarn

Size 8 (U.S.) circular knitting needle or a set of size 8 double pointed needles.

1 cable needle (or double pointed needle), 8 stitch markers (1 different to mark end of round)

The odd numbered rounds are the action rounds; the even numbered rounds are stabilizers.

For this pattern, always bring stitches on cable needle to the front of your work, never behind.

Cast on 96 stitches (sts) placing a marker after every 12 sts.

Knit four rounds of knit (k)2, purl (p)2 ribbing.

Round 1: k1, p3, place the next 2 sts on cable needle, k the next 2 sts, k the 2 sts from cable needle, p3, k1; repeat for the seven remaining sections.

Round 2: k1, p3, k4, p3, k1; repeat for the seven remaining sections.

Round 3 (first increase round): k1, increase 1p st in first p st, p2, k4, p2, increase 1 p st in last p st, k1 (14 sts); repeat for the seven remaining sections (112 sts).

Round 4: k1, p4, k4, p4, k1; repeat for the seven remaining sections.

Round 5: k1, p4, place the next 2 sts on cable needle, k the next 2 sts, k the 2 sts from cable needle, p4, k1; repeat for the seven remaining sections.

Round 6: k1, p4, k4, p4, k1; repeat for the seven remaining sections.

Round 7 (second increase round): k1, increase 1p st in first p st, p3, k4, p3, increase 1 p st in last p st, k1 (16 sts); repeat for the seven remaining sections (128 sts).

Round 8: k1, p5, k4, p5, k1; repeat for the seven remaining sections.

Round 9: k1, p5, place the next 2 sts on cable needle, k the next 2 sts, k the 2 sts from cable needle, p5, k1; repeat for the seven remaining sections.

Round 10: k1, p5, k4, p5, k1; repeat for the seven remaining sections.

Round 11 (third increase round): k1, increase 1p st in first p st, p4, k4, p4, increase 1 p st in last p st, k1 (18 sts); repeat for the seven remaining sections (144 sts).

Round 12: k1, p6, k4, p6, k1; repeat for the seven remaining sections.

Round 13: k1, p6, place the next 2 sts on cable needle, k the next 2 sts, k the 2 sts from cable needle, p6, k1; repeat for the seven remaining sections.

Round 14: k1, p6, k4, p6, k1; repeat for the seven remaining sections.

Round 15 (last increase round): k1, increase 1p st in first p st, p5, k4, p5, increase 1 p st in last p st, k1 (20 sts); repeat for the seven remaining sections (160 sts).

Round 16: k1, p7, k4, p7, k1; repeat for the seven remaining sections.

Round 17: k1, p7, place the next 2 sts on cable needle, k the next 2 sts, k the 2 sts from cable needle, p7, k1; repeat for the seven remaining sections.

Round 18: k1, p7, k4, p7, k1; repeat for the seven remaining sections.

Round 19 (first decrease round): k1, p next 2 sts together, p5, k4, p5, slip next st onto needle as if to p, p1, loop slipped st over p st, k1 (18 sts); repeat for the seven remaining sections (144 sts).

Round 20: k1, p6, k4, p6, k1; repeat for the seven remaining sections.

Round 21: k1, p6, place the next 2 sts on cable needle, k the next 2 sts, k the 2 sts from cable needle, p6, k1; repeat for the seven remaining sections.

Round 22: k1, p6, k4, p6, k1; repeat for the seven remaining sections.

Round 23 (second decrease round): k1, p next 2 sts together, p4, k4, p4, slip next st onto needle as if to p, p1, loop slipped st over p st, k1 (16sts); repeat for the seven remaining sections (128 sts).

Round 24: k1, p5, k4, p5, k1; repeat for the seven remaining sections.

Round 25: k1, p5, place the next 2 sts on cable needle, k the next 2 sts, k the 2 sts from cable needle, p5, k1; repeat for the seven remaining sections.

Round 26: k1, p5, k4, p5, k1; repeat for the seven remaining sections.

Round 27(third decrease round): k1, p next 2 sts together, p3, k4, p3, slip next st onto needle as if to p, p1, loop slipped st over p st, k1 (14 sts); repeat for the seven remaining sections (112 sts).

Round 28: k1, p4, k4, p4, k1; repeat for the seven remaining sections.

Round 29: k1, p4, place the next 2 sts on cable needle, k the next 2 sts, k the 2 sts from cable needle, p4, k1; repeat for the seven remaining sections.

Round 30: k1, p4, k4, p4, k1; repeat for the seven remaining sections.

Round 31 (fourth decrease round): k1, p next 2 sts together, p2, k4, p2, slip next st onto needle as if to p, p1, loop slipped st over p st, k1 (12 sts); repeat for the seven remaining sections (96 sts).

Round 32: k1, p3, k4, p3, k1; repeat for the seven remaining sections.

Round 33: k1, p3, place the next 2 sts on cable needle, k the next 2 sts, k the 2 sts from cable needle, p3, k1; repeat for the seven remaining sections.

Round 34: k1, p3, k4, p3, k1; repeat for the seven remaining sections.

Round 35 (fifth decrease round): k1, p next 2 sts together, p1, k4, p1, slip next st onto needle as if to p, p1, loop slipped st over p st, k1 (10 sts); repeat for the seven remaining sections (80 sts).

Round 36: k1, p2, k4, p2, k1; repeat for the seven remaining sections.

Round 37: k1, p2, place the next 2 sts on cable needle, k the next 2 sts, k the 2 sts from cable needle, p2, k1; repeat for the seven remaining sections.

Round 38: k1, p2, k4, p2, k1; repeat for the seven remaining sections.

Round 39 (sixth decrease round): k1, p next 2 sts together, k4, slip next st onto needle as if to p, p1, loop slipped st over p st, k1 (8 sts); repeat for the seven remaining sections (64 sts).

Round 40: k1, p1, k4, p1, k1; repeat for the seven remaining sections.

Round 41: k1, p1, place the next 2 sts on cable needle, k the next 2 sts, k the 2 sts from cable needle, p1, k1; repeat for the seven remaining sections.

Round 42: k1, p1, k4, p1, k1; repeat for the seven remaining sections.

Round 43 (seventh decrease round): k the k st and p st together, k4, slip p st onto needle as if to k, k1, loop slipped st over k st, (6 sts); repeat for the seven remaining sections (48 sts).

Round 44: k entire round; pattern ends.

Round 45: k3 together, slip next st as if to k, k the next 2 sts together, loop slipped st over the 2 sts k together (2 sts); repeat for the seven remaining sections (16 sts).

Cut yarn leaving a 24" tail; slip remaining 16 sts onto tail, pull tight, secure yarn.

Your beret is finished. Use remaining tail to attach a pompom (if desired).