

ILLINOIS ASSOCIATION
FOR HOME AND COMMUNITY EDUCATION

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NEWSLETTER

Come Together



2015
Walk With

IAHCE

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ILLINOIS ASSOCIATION FOR HOME AND COMMUNITY EDUCATION

OFFICERS

Jane Chapman..... **President**
936 Holly hock Road..... cell 618-317-2727
Coulterville, IL 62237.....ejanec50@gmail.com

Norma Korte.....**1st Vice President**
3532 Mermet Road.....618-524-2778
Belknap, IL 62908.....kortec@kortefarms.com

Kathryn McNeely.....**2nd Vice President**
106 S. Hilton Drive.....309-473-2283
Heyworth, IL 61745.....kamcneely@frontier.com

Donna Richards.....**Secretary**
803 W. Jourdan Street, Apt. B3.....618-554-1790
Newton, IL 62448.....dsrichards001@hotmail.com

Beverly Combs.....**Treasurer**
17275 E. Lower Park Road.....217-826-2735
Marshall, IL 62441.....bvcombs@gmail.com

DIRECTORS

FAMILY ISSUES/COMMUNITY OUTREACH
Sharon Davis
16015 E. 700th Avenue.....217-536-6032
Watson, IL 62473.....skdavis21@gmail.com

CULTURAL ENRICHMENT

Peggy Long
2990 Knox Hwy 3.....309-483-6594
Altona, IL 61414.....pnjlong@otelmail.com

INTERNATIONAL

Pat Weitzmann
23485 Eagle's Nest Road.....847-395-6255
Antioch, IL 60002.....pweitzmann5@gmail.com

PUBLIC RELATIONS

Pat Hildebrand
302 N. Hutton Drive.....618-783-3567
Newton,IL62448.....normpat4@yahoo.com

CERTIFIED VOLUNTEERS / SALES

Esther (Joan) Stanley
3204 S Earle Court.....217-344-3339
Urbana, IL 61802.....ejoanstan1@live.com

DISTRICT DIRECTORS

Cara Ausmus.....**District 1**
509 Hwy 94.....309-582-4416
Aledo, IL 61231.....carahcel@gmail.com

Angela Hicks.....**District 2/3**
500 Moraine Hill Drive.....847-516-1529
Cary, IL 60013.....angelashicks@yahoo.com

Mary Eustace.....**District 4**
48010 166th Avenue.....217-829-4016
Pearl, IL 62361.....maryliz246@aol.com

Kathleen Emery.....**District 5**
21159 N. 1900 E. Road.....309-728-2784
Towanda, IL 61776.....ksemery@frontiernet.net

Marilyn Schaefer.....**District 6**
9891 N. Briar Lane.....217-821-0508
Effingham, IL 62401.....marilyn67@frontiernet.net

Janel Kassing.....**District 7**
328 S. Main Street.....618-282-3628
Red Bud, IL 62278.....janelkassing@yahoo.com

UNIVERSITY OF ILLINOIS EXTENSION LIAISON

Caitlin Huth.....**Extension Educator**
3351 President Howard Brown.....217-877-6042
Decatur, IL 62521.....chuth2@illinois.edu

FROM THE DESK OF THE PRESIDENT



August, 2015

Ok, April showers bring May flowers, so what does May and June monsoons bring?

Greetings from a very wet Southern Illinois and I think the answer to my question is a lot of yard mowing and weeds! Give me a couple of weeks and I will probably be wishing for a shower!

“We can and we will through teamwork continue to prosper and grow” that is the words being spread throughout the Illinois HCE membership. Using Joel Osteen’s newest book, “You Can and You Will” as a model we are encouraging all our “team members” to focus on the eight principles that Mr. Osteen writes about in his book:

1. Keep your vision in front of you – dream big,
2. Run your race – focus on your goal,
3. Expect good things – anticipate great opportunities,
4. Have a positive mindset – take control of your thoughts and attitudes,
5. Commit to excellence – do your best and maintain high standards,
6. Keep growing – be proactive, be intentional, build on your gifts, and continually improve,
7. Serve others – invest yourself in others,
8. Stay passionate – light the fire within and approach life with enthusiasm.

If the IAHCE board and the Illinois membership work together as a team and follow these 8 principles we can and we will grow and prosper.

I have been sharing the above paragraph at the annual meetings I have been attending and also with the board before our first meeting last week. I thought I should share it with more of the TEAM IAHCE members via newsletter. I hope that it will be shared with all the membership in some way, like maybe your county newsletter. Communication among the membership is one of my goals while your state president but I will need the help of everyone to accomplish this goal. We must share what we learn from Annual conferences, district meetings, district newsletters, and state newsletters. We cannot afford to have a notification go out to every member so we must rely on each of you to share the responsibility and spread the word.

Get ready! The board is going to use a word that a lot of people dislike and that word is “change”. One change that was discussed and implemented was to combine the director positions of Family Issues and Community Outreach. Our current Community Outreach director, Louise Rodatz, resigned due to her health issues. With much regret we hate to see Louise go but understand thoroughly what must come first in one’s life, your health. We wish Louise a clear road to better health and a possible return to the board down the road. Sharon Davis, the current Family Issues director, will assume the role of the new director position, Family and Community Issues, until the March conference where a new person will be elected for the newly combined directors. Sometimes change is good and beneficial for all involved and we, the TEAM IAHCE board feel this is a good change for the organization.

July will have me and several others from the state heading to West Virginia to attend the NVON Annual Conference. We will be extending an invitation to all attendees to the 2016 NVON Annual conference that will be held in Normal, Illinois, July 19th – 21st. We hope all of you will consider attending and if you would like to help contact your district director and we will pass the info on to Marilyn Daughhetee, the conference Chairperson.

Have a great summer! Always end the day with a positive thought, no matter how hard things were. Tomorrow’s a fresh opportunity to make it better!



Later,

Jane Chapman



EXECUTIVE BOARD



1st VICE PRESIDENT Norma Korte

Hello from Southern Illinois! Here we are again the beginning of summer and hot weather. We recently had more rain and started using the flood water pumps to save the crops. While I was in Urbana for the June Board Meeting, I learned we received more rain at home and had to start the flood water pumps in an attempt to save our crops.

BOARD MEETING UPDATES:

During the June Board Meeting, we were saddened to hear Louise Rodatz has resigned from her position as Community Outreach Director due to some ongoing health concerns. The Education Committee and IAHCE Board has decided to combine Family Issues and Community Outreach Directors into one office position. Several counties have expressed concern with recruiting enough HCE members to fill open office positions, so a new combined position seemed to be a logical solution. Consequently, we plan to elect someone to fill the open position of Family and Community Issues Director at the March Annual Conference.

In other discussion, we decided to present the 2015 Education Awards for Community Outreach the same as in previous years at this annual conference.

The board members also discussed new ideas for the August District Workshops, and shared ideas for ways to make the IAHCE Conference Education Awards Banquet run more smoothly. During my workshop at the IAHCE State Conference, I will distribute the list of 2016 lessons from the University of Illinois Educators, which includes the dates they will be presented.

AWARD APPLICATIONS:

As our organization continues to grow and evolve, please be reminded the Great American Family award is not just for “farm families”, but please include the *whole* family in the application. We hope to honor the entire family, even if some have chosen to pursue careers outside of traditional agriculture.

The application can be found on pages 31-33 in the guidebook. Please keep all your supporting materials to no more than 10, double-sided pages. As another note of interest, when you apply for any of the Education Awards, please fill out the form on page 52 of the guidebook and keep your supporting materials to no more than 10, double-sided pages. Refer to page 51 for more instructions on preparing your applications.

OPEN IAHCE BOARD OFFICES:

There will be three IAHCE state offices to fill at the 2016 Conference this year – 2nd Vice President, Family & Community Issues Director, and Cultural Enrichment Director – in addition to two District Director offices. **Please consider serving on the IAHCE State Board!** It is a great experience to meet new people, work together to help conduct programs for our organization, and help make a difference in the lives of people throughout the state who are involved in HCE.

I look forward to seeing everyone at Effingham (August 11), Decatur (August 12), and Oglesby (August 13). Have a blessed summer and productive canning season!

Norma Korte



2nd VICE PRESIDENT Kathryn McNeely



Hope each county will be represented at the August District Workshops! It's a chance for you to exchange ideas. I enjoyed attending Kankakee County's 100th anniversary celebration.

Sorry to hear that 2 counties are planning to dissolve. Hopefully members will join surrounding counties and retain their HCE membership.

Have you asked recently retired teachers or other retirees to join HCE? Widows might enjoy the chance to meet others and take part in activities. As many of you know, it's a change in your lifestyle when losing a mate.

Hope you are finding time this summer for some fun and relaxation!

BE HAPPY..

*Enjoy every moment of your life...
Life is too short to waste on grudges..
Laugh when you can,
Apologize when you should....
and let go of what you can't change.*

Kathryn McNeely

EXECUTIVE BOARD

SECRETARY Donna Richards



Thank you to those of you that have sent me your roster of county officers after your county's annual meeting.

If you have had your annual meeting and have not sent your updated officers list, please fill the Secretary Report Form (guidebook page 21) completely out and send to me and your District Director. Our addresses can be found in the guidebook on pages 1 and 2.

Filling the Secretary Report Form (guidebook page 21) completely out every year keeping us updated as to your current officers even though there were no changes in your roster is very helpful. It allows your IAHCE Board the opportunity to better communicate updated information to you and your counties.

I look forward to seeing you at the District Workshops.

Donna Richards



TREASURER Beverly Combs



Welcome summer! As I write this, it is very hot and muggy here in south central Illinois as I think it is every where in the state with all the rain we have had recently. Great for field and garden plants though.

Please note that the water filter project came to an end June 30th. Wow, Illinois did a great job on this NVON special project with our contributions totaling \$11,093.52.

I have already received some monies for Pennies for Friendship (PFF) though they are not due until November. I do appreciate that you are sending the transmittal form along with the check. If you do not have a transmittal form, you can get one from the IAHCE website www.iahce.org. Go to page 22b under Treasurer in the Guidebook. Paper trails are very important for the treasurer's office and that is why I need to have a transmittal form from every county.

The District Meetings are rapidly approaching and I am looking forward to seeing many of you again and to meeting new people. Have a safe and enjoyable summer.

Beverly Combs

EDUCATION COMMITTEE

INTERNATIONAL DIRECTOR Pat Weitzmann



Exciting things are happening within IAHCE for the International education program.

At the June 2015 Board meeting \$1,400 in donations given to youth oriented organizations:

\$500 for IFYE - 3 youths traveling to Finland:

Kyan Probst (Monroe County), Abigail Baird Winnebago County), Kali Vlastos (St. Clair County)

\$500 for LABO inbound program - 50 Japanese youth in Illinois mid July – mid August

\$400 for Illinois 4H Foundation

The Homemaker Exchange project moved to the next phase. Our offer of exchange has been accepted. I am working with two women from the Village Development Society Saaniku in Estonia to bring them to Illinois in March 2016. It's not too early to volunteer to be an HCE host family for them. Just contact me with your interest and any questions.

The ACWW project 0981 in Sri Lanka that IAHCE adopted in March is going well. The project provides Cultivation Skills and Education/School Support for Children, Women and Families. We pledged £2,140 within a year. (That's about \$3,214.) See a separate article in this newsletter for more information and pictures. **So, when you are donating for Pennies for Friendship, consider giving something extra towards the Sri Lanka project.**

Whether your county did an ACWW ' Women Walk the World' activity this Spring or are doing one in the Summer, thank you for walking for your health and raising awareness of women's needs. See some Walk pictures elsewhere in this newsletter. Please send your Women Walk the World 2015 pictures and story to me, if you have not already done so.

In early 2016 IAHCE would like to make a donation to a non-profit organization in Illinois that helps people in our state. This is from a portion of Pennies for Friendship being collected in year 2015.

Each county is asked to bring to the August District Meetings basic information on their suggested non-profit organization.

Also, at the district meetings I will talk about partnering with local non-profit organizations to give 

EDUCATION COMMITTEE REPORTS

International, continued

Year 2016 Women Walk the World events more local impact. An update on the Homemaker Exchange will interest many. And, International Directors will receive Year 2016 Country of Study materials.

Here's a clue to guess the new country of study: It's a unique travel destination and helps supply the USA with fresh produce in our coldest months.
Keep learning and life Fun!

Pat Weitzmann

brought home there is not much demand for the cards now. They are discontinuing the program, but there is a program to send cards to kids in hospitals, I will find out more about that, but again, I am a believer in helping in your own area. So if you have a hospital in your area, see if they could use some, and take your cards there, I'll bet even us old people wouldn't mind a card from a stranger while in the hospital.

See you in a couple of weeks.

Peggy Long



CULTURAL ENRICHMENT **Peggy Long**

We just finished our June board meeting, and we have some real exciting things coming up for you at Annual Conference this year.

One thing I really can't wait for, I am even going to see if my husband will come join us for this. But you have to wait until the district workshops to find out. That is also where you will find out what each educator has planned for next year. So hope you can come join us for a fun day, and always a good lunch. Also Mary is planning a skit for her and I, this has to be good, so come laugh with (or at) us.

When you come I will have some of the patterns from our great make-it-take-it at last conference, and would really like it if you would bring some ideas for some crafty things to share with the group. I will make copies for you if you need me to. Also I will be asking you to volunteer for our next make-it-take-it at the really fun filled state conference in March in Peoria. Each year our make-it-take-it gets better and better, and I sure couldn't do it without you. This year we should have our own room, and we don't have to wait until the dining room is cleaned up to start, just go around the corner to a different room. Fantastic, huh?

Also if you have a project that you would like us to use for the state project, let me know as soon as possible. I have one idea, but need something else. Oh that reminds me, Operation Write Home says with the soldiers being

FAMILY AND COMMUNITY ISSUES **Sharon Davis**



Hi Ladies

Well in June your State Board met and I'm excited about some things ahead.

In the resignation of Louise Rodatz who we really miss, the State Board voted to combine Community Outreach and Family Issues. They felt that these two was similar positions so they decided to combine them and give it a new name. The new name is Family and Community Issues.

I'm really looking forward to meeting the Community Outreach ladies and seeing the ladies from Family Issues in August at the District Workshops.

We are going to be learning further about Bullying and we are also going to learn about flag etiquette. In recent news casts we have been seeing the flag stomped on and as of today a model using it in the pool to lay on and wrap around her.

That is not the way the flag is to be used. So I feel it's time we need to educate ourselves and the younger generation on our American Flag etiquette and what the flag represents.

Have a GREAT summer and I will see you in August.

Sharon Davis

EDUCATION COMMITTEE REPORTS



PUBLIC RELATIONS Pat Hildebrand

The District Meetings are going to give us a chance to meet and take a look at how we can “tell the HCE story”. I’ve seen your newsletters and some of your membership brochures and other materials you’ve used in marketing your programs and events. Many good ideas with creative thinking!

I would like this meeting to be a time of sharing what works...and even what doesn’t work...in your county.

- ✦ Would you each bring a copy of your county HCE newsletter?
- ✦ If you have a membership brochure, handout, or whatever you give to potential members, would you bring a copy of that?

See you in August!!

Pat Hildebrand

CVH/SALES Joan Stanley



Hope to see you at the District Meeting! I will have an information packet there for each county.

Are you counting up those volunteer hours? Mark them down and add them up. Check iahce.org for detailed information. I know you volunteer so count up those hours.

REMINDER:

Anything done for a family member does not count.

If you would like anything from SALES when I am at the district meeting let me know. I will have some items for sale at all three district meetings.

Hope to see you there and do enjoy your summer

Joan Stanley



EXTENSION REPORT



U OF I EXTENSION LIAISON Caitlin Huth

Welcome to summer! It has gotten hot quick here lately, but University of Illinois Extension is a flurry of activity across all our programs.

University of Illinois Extension will be offering an update “Yes! You Can: Preserving Safely” home canning lesson. For anyone needing it, we will be testing pressure canner lids/gauges in the class or at your local Extension office. Some offices will be offering the additional freezing and drying lessons in this series. Just more ways to preserve your foods!

As well, we will be offering a variety of programs on brain health, including “FIT WITS” and “Head Strong.” While keeping our bodies healthy is important, don’t forget about maintaining a healthy, active brain. Extension educators devoted the month of March to brain health on the “Family Files” blog: <https://web.extension.illinois.edu/hkmw/eb380>.

For the 2016 year, UI Extension will be offering Educator-taught and package lessons. The new ones this year are “Five Ingredient Fix” and “Staycation and Vacation Planning.” The schedule is now set and will include a few evening options for some lessons. If your county hasn’t already registered for lessons, contact your local Extension office to have them register for you.

Thank you in advance for all your volunteering this summer. Many of you are actively involved in 4-H fair season and other events. Just a friendly reminder for log hours. Your efforts are greatly appreciated.

Enjoy your summer!

Caitlin Huth
Nutrition & Wellness Educator

Just for fun from Caitlin

There are four people named Everybody, Somebody, Anybody and Nobody. There was an important job to be done and Everybody was asked to do it. Everybody was sure Somebody would do it. Anybody could have done it, but Nobody did it. Somebody got angry about that, because it was Everybody’s job. Everybody thought Anybody could do it, but Nobody realized that Everybody wouldn’t do it. It ended up that Everybody blamed Somebody for what Anybody could have done!

NOMINATING COMMITTEE

Several new IAHCCE board positions will be available in March! Who would you like to represent IAHCCE as a member of the state board?

Open positions for March 2016 include:

2nd Vice President:

Must have previously served on the IAHCCE Board of Directors; works with the membership committee, provides information at the State Conference and District Workshop to promote membership, performs duties of IAHCCE President if both the President and First Vice President are not available.

Cultural Enrichment Director:

Primary purpose is to encourage an appreciation for the arts and crafts; responsible for the selection of cultural Arts categories for the Cultural Arts Show at Annual Conference, and provides instructions in packets at the IAHCCE District Workshops .

Family & Community Issues Director:

Primary purpose is to provide or promote experiences to improve awareness of community and/or family issues; provide opportunities to strengthen the family unit and development of individual family members; and initiate programs to educate others about issues related to (a) family living, (b) health, food, and nutrition, and (c) citizenship.

This person will be responsible for organizing the Family & Community Issues share shop during the IAHCCE Annual Conference, creating packets of materials for the district workshops, selecting education award winners, and selecting the “Great American Family” award winner.

It is a special honor to serve on the state IAHCCE Board. As a board member, you have the opportunity to listen to the needs of the members and provide a representative voice to convey those needs. You can influence and impact enhancements to the organization. Enthusiastic, energetic and engaging members are needed for these positions.

Applications can be found on pages 54-55 of the guidebook. Applications should be sent to the Nominating Committee Chair (Norma Korte), postmarked no later than October 1, 2015.

We look forward to receiving your application!

Sincerely,

Nominating Committee: Norma Korte, Chairperson
Angela Hicks, Pat Hildebrand,
Kathleen Emery and Sharon Davis

DISTRICT NEWS



DISTRICT 1 DIRECTOR
Cara Ausmus



INSURANCE FOR PEOPLE 65+ YEARS. Many of us found new information and became more aware of options we could use.

The county-sponsored bus trip to White Pines Dinner Theater in Mt. Morris, IL was a huge success! The food was delicious and plentiful: the theater production of Double-Booked in Cabin #4 was a most enjoyable comedy. Requests to repeat the idea were wide-spread.

May and June have found the nominating committee working diligently on obtaining a slate of county officers for the ensuing year 2015-2016. That task is now complete and installation of officers will be held at our Annual Meeting June 27.

Annual Meeting this year began with a brunch of large fresh fruit cups, delicious pastries, and yummy egg dishes at 8:30 A.M. followed by the business meeting at 9:15 A.M. At 11:00 A.M. the speaker, Colleen Curry, Donahue, IA, shared her expertise as a Fiber Artist, through the mediums of wall quilts, drawings, felted items, constructed garments, and paper and unusual fiber artworks. It was a day where we enjoyed learning new, artistic ideas perhaps never exposed to before. Drawing for raffle items ensued.

On July 7 the combined-council members, both retiring and oncoming, will begin the new year by implementing our new motto, "Come Together: Walk With HCE." They will be meeting for lunch at the Welcome Inn, Milan, IL at 11:30 AM. Following lunch the main business of the meeting will allow for a smooth transition for the new year. That task is now complete

Lucille Mumma
Public Relations

KNOX.....

Summer is going fast as usual. Seems like we've had lots of cancelled plans due to rain this year. But there is nothing we can do about it, but enjoy the nice days that are sent our way.

Our county project has been to make shower caddies to be given to the homeless. We made them to be given to the Rescue Mission and to the homeless Veterans. Also some were given to Safe Harbor (a women's abuse center). The shower caddies were made out of washcloths with little pockets sewn so sample sizes of soap, shampoo, etc. could be added, rolled up and tied with ribbon.

We are off for one month for everyone to enjoy vacations.

Knox County 4-H fair is right after the 4th of July, and hopefully the weather cooperates so our 4-H kids have a good time. We start new programs in September.

We are looking forward to starting a new year with these programs.

Enjoy the summer!!!!

Sue Ryder
Public Relations



ROCK ISLAND.....

HCE in Rock Island County has welcomed Spring with beautiful geraniums that were sold by them and by 4-Her's for a money-making endeavor. Those little pots of color are reaching full bloom and basking in the sun, as they welcome the rains we are receiving.

As promptly as that project was completed, local leaders in May presented the lesson to members on HEALTH

When she saw her first strands of grey hair,
she thought she'd dye.

A dentist and a manicurist married.
They fought tooth and nail.

Did you hear about the fellow whose whole
Left side was cut off?
He's all right now.

DISTRICT NEWS

STEPHENSON.....

Greetings from Stephenson County! As you probably already know, our county is in the northern tier of Illinois counties, in fact, the Wisconsin border is only five miles from our farm.

Stephenson County HCE members are still busy sewing fidget quilts for FHN Hospice. Public Relations Director, Nancy Albrecht, arranged work days in both April and May at the Farm Bureau Building in Freeport. Some HCE members even worked on the quilts at home. Plans are to break for summer, but continue the project this fall.

On the evening of May 13, SCAHCE held their Annual Meeting at the Farm Bureau Building. We were honored to have both our new IAHC President Jane Chapman and District 1 Director Cara Ausmus at our meeting. During our business meeting, we had the election and installation of our county officers for the coming year. Many awards/certificates were presented to our HCE members--volunteer hours, membership, Member of the Year (Kim Planz--Blackhawk Unit) and Unit of the Year (Mock Orange). We held a silent auction of many donated baskets and other articles. Entertainment was provided by Pearl City High School vocal students .

On May 28, we participated in Freeport's Memorial Day Parade. Several members walked the parade route and handed out pamphlets on HCE and candy. Another member drove her vehicle and advertised our dining hall (homemade pies) at the Stephenson County Fair in July. On June 11, several members gathered at the dining hall to clean prior to our pie baking for our stand at Freeport's fireworks display and the county fair.

On June 17, we had our regular board meeting and then all went to lunch at the Beltline Café. We had invited our new board members to this meeting, so it was a way to welcome them and also thank members who were leaving the board.

The 30th Annual Stephenson County Ag Breakfast was held at the fairgrounds on Saturday, June 20. As in previous years, many HCE members donated coffee cakes and helped serve at the breakfast. Over 2,500 people were served. 650 dozen eggs were used for scrambled eggs! It takes many volunteers from different organizations to pull off this event. HCE had a booth where we handed out pamphlets on our organization, past lessons, the ag breakfast coffee cake recipe and candy.

ENJOY YOUR SUMMER AND FALL!

Janice Fryer
Public Relations



WARREN.....

June and July are busy for our HCE units because of 4-H participation. Our units donated pie for the 4-H BarBQ and act as secretaries and judges for the 4-H project show and work at the fair.

Our International Luncheon was a fun event. The salad luncheon had a wonderful variety of foods representing the Baltic States.

We were fortunate that Cara Ausmus, our District 1 Director, took the time to join us.



Diane Carlson, International Chair, gave the program and created an informative

“Walk Around the World” to let us “visit” other countries while raising project money.



County Chairman, Peg Chambers and County Outreach, Barbara Patterson look through donations collected for the homeless veterans in the area.

We collect much needed items for homeless veterans in spring and fall.

Diane Carlson passed out authentic Baltic recipes to members who created the variety of salads for the luncheon.



Everyone had fun trying new vegetables and new twists on old favorites. The widespread feeling was expressed that it was a fun adventure!

Barb Pearson
Public Relations

DISTRICT NEWS



DISTRICT 2/3 DIRECTOR Angela Hicks

As a District Director we have all been asked by County members what is the answer to gaining members. It seems it is a mystery, one that needs to be unlocked!

Last August at the District 2/3 Meeting the attendees were given a key with a tag on it and asked to write down what they thought was the key to membership. Every attendee wrote what they thought. Here is the key, to ***“unlock the mystery of membership”***:

- ◇ Be Positive!
- ◇ Ask, Ask Again!
- ◇ Have Fun!
- ◇ Try New Approaches!
- ◇ Be Flexible!
- ◇ Personal Invitation!
- ◇ Promote HCE!
- ◇ Share Benefits of HCE!
- ◇ Enthusiasm!
- ◇ Share Your Story!
- ◇ Excitement!
- ◇ Friendship!
- ◇ Smile!
- ◇ Use Technology!
- ◇ Lead by Example!
- ◇ Inspiration!
- ◇ Quality Programs!
- ◇ Service to Others!
- ◇ Start a Conversation!
- ◇ Inclusion!
- ◇ Seek Opportunities!
- ◇ Make Non-Members Feel Welcome!

Unbeknownst to the District 2/3 members, they had the key all along! They know how to unlock this “mystery of membership”. The “key” is within each of us, unlock the box/door and let new members into our organization!

Angela Hicks



DU PAGE.....

In April, we enjoyed our Annual Meeting and luncheon at the beautiful Bloomingdale Country Club. The tables were decorated with small paper shoe favors and white shoe boxes decorated with purple and white tissue paper, and small signs that read, “Come Together Walk With IAHCE“. Door prizes included tiny pin cushion baby shoes. Name tags and display boards featured shoes also. The food and entertainment were great.

We continue to meet for quilting and the lunch bunch in May.

We also had our “Spring Craft Day where members made magnets, recipe holders and decorated cup cakes. Our lesson on “ The ABC’s of GMO’s” was also held at the Extension Office. Members also helped at the 4-H Sewing lesson.

June members attended the Lesson, “Live Your Bucket List” at the office.

Members continue to volunteer their time making cancer caps, Linus quilts and helping out at the Warrenville Historical Society Bazaar workshop.

Mary Lambert
President

KANE.....

Kane County made a major change this year changing our year from fiscal to calendar year. Dues and yearbook were a bit of a hassle but all is well and good now.

We are collecting and donating countless items for the veterans at Hines Hospital. This is an ongoing project for us. Our sewing sessions are continuing at high speed with cough pillows being sewed and presented to hospitals by the hundreds as well as countless other items. Two of our units are phenomenal, Plato Center and Kennedy, have reached out to hospitals, hospices, and their items have reached out to DeKalb, Kane, DuPage, Kendall, LaSalle, Iowa, AND Haiti. Kennedy has added "Fidget Quilts" for dementia patients.



DISTRICT NEWS

Kane County, continued

Our Fun Day as well as our Annual Meeting enjoyed two unforgettable presenters. Fun Day featured George Vogrin with Musical Chalk, a program featuring music of a particular decade and an explanation of the decade while he draws. When finished, with a light placed on the artwork, what appeared to be landscaping now was not!

For Annual, Jerry Turnquist of the Elgin Area Historical Society, presented the story of the amazing Elgin National Watch Company which dominated the area employing 4,000 people and producing over 6 million Elgin watches. This amazing factory began during the Civil War and rose to become the world's largest watch factory. It was a fantastic afternoon as members reminisced about great-great relatives that were involved in this amazing company.

Kane HCE is a busy, active organization. Have a great summer.

Elaine Bond
Public Relations

KENDALL.....

Kendall County HCE has sent the date for their 17th Annual Victorian Tea, Sunday, October 18, from 2:30 p.m. to 5:00 p.m. The program is "Victorian Lady's Secret". It will be held at Cross Lutheran Church on Rt. 47, south of Yorkville. The ticket price is still only \$15.00 for three (3) courses of tea goodies and a great program plus lots of door prizes. Contact Beverly Scott at 630-554-1530 for reservations.



At our "Kick-Off" on Tuesday, August 25, we will not only be sharing with our members what we learned at the 1 and 2/3 District Meeting, but will also hear from 4-H Member, Cyndy Olah, who went to National 4-H Congress in November 2014. Kendall County HCE always helps our Congress winners by giving them much needed funds to help with their trip. Cyndy received \$200 from HCE for her fantastic top 4-H honor.

Joan McEarchen
President

KANKAKEE.....

The Kankakee AHCE held three fundraisers—a garage sale, quilt tickets sales at Farmer's Market and the Strawberry Fest, and Monical's (fundraiser program).

The ladies have had sewing dates and made 15 tie blankets and 8 afghans to give to the VA. The project worked on now is clothing protectors (bibs).

All are looking forward to a salad luncheon and picnic this summer.

Submitted by: Linda Byrnes

LAKE.....

Hello Everyone from lake County! Summer is officially here and I hope everyone is enjoying themselves despite the crazy weather we have been having lately.

There is a lot of activity going on here in Lake County and I'm going to get started from where I left off.

LCAHCE had their 83rd Annual Meeting, April 24th at Maravela's Banquets in Fox Lake, IL. The theme for this year's program was "Something Blue." We had about 75 – 80 members who attended including McHenry County Board members, Angela Hicks, (IAHCE District 2/3 Director) and Pat Weitzmann (IAHCE International). 



The **Cultural Enrichment Award for District 2/3** was inadvertently left out of the last issues of the IAHCE newsletter.

KENDALL COUNTY received this honor as they co-sponsored, "Pride of Oregon", a program about Emma Hart Willard portrayed by Rhea Hunter, in period costume. Emma Hart Willard was an early advocate for higher women's education. At a time when women were only provided basic education, she broke through the barrier of an all-male profession believing women could master topics that men studied.

DISTRICT NEWS

Lake County, continued

The meeting was called to order by Donna Bikus at 9:30 AM and it was business as usual. There was the installation of the Board Members given by Pat Weitzmann. Angela Hicks, (coming back as President), Jane Ellen Keroson, (1st Vice President), Betty Wertke, (2nd Vice President), Verna Minarik, (Secretary), Sandy Henke, (Treasurer), Sue Jehlicka, (Community & Family Outreach), Lauri Hargrove, (Cultural Enrichment), Margaret Hilliard (International) and Dianne Glozier (Public Relations). Congratulations to a wonderful group of women!

The meeting was adjourned at 12:00 PM. Grace was said and a beautiful lunch was served. Entertainment was provided by Patti Ecker, Chicagoland Singer and Multi-Instrumentalist.

A HUGE Thank you was expressed to Donna Bikus for serving as President for the past 3 years.



LAKE COUNTY HCE BOARD MEMBERS:

Back Row, Left to Right: Dianne Glozier, Margaret Hilliard, Sue Jehlicka, Lauri Hargrove, Betty Wertke and Angela Hicks.

Front Row, Left to Right: Sandy Henke, Verna Minarik and Jane Ellen Keroson

The LCAHCE Scholarship Committee of Yvonne Crow, Lauri Hargrove and Betty Wertke awarded the \$500.00 scholarship to Shane Boyd. He lives in Lake Villa, IL.

His grandmother is Ellen Anderson of the American Unit. Shane received his certificate on June 1st, at the

LCAHCE Board meeting. The scholarship money will be sent directly to his college. The Scholarship Committee feels that Shane will have a great future and wish him all the best as he continues his college education.



Pictured, left to right: Shane's mother, Donna Bikus, Shane, and Shane's grandmother.

Many Raffle prizes were given away. Jane Ellen Keroson (President of Hickory Knoll) and Hickory Knoll Unit were in charge of the Raffle. \$853.00 was raised. There were 3 Raffle winners: Mary Hensel-\$25.00, Ben Goldstein-\$50.00, and Jane Ellen Keroson-\$100.00. Congratulations to the Raffle Winners!!! Everyone had a good time and enjoyed their day.

On May 7th, "Sit and Still Be Fit", chair exercises using everyday items, by Lauri Hargrove was presented to the members at the University of Illinois Extension Office. Lauri explained the benefits of exercises that can be done in your living room, watching TV, listening to music at the office, and at no cost. She also explained to the group that you can use household items as alternatives for expensive exercise equipment. There were 6 women in attendance. Lauri also presented this program at the Annual State Conference in March.

LCAHCE hosted a "Women's Health Forum" at the University of Illinois Extension Office on June 18th. Two specialists from Condell Hospital came to give their presentations. Mary Ann Majewski, Cardiac and Pulmonary Rehab RN, talked about the 10,000 Step Program, and Heart and Exercise Benefit. Teresa Beckman, Orthopedic Physical Therapist, talked about Taking Care of Your Back and Lower Prevention. There were 26 members in attendance and they also felt that this was a great program.



DISTRICT NEWS

Lake County, continued

Everyone enjoy the rest of your summer and you will be hearing back from me in December.
Bye for now!



Dianne Glozier
Public Relations

LA SALLE.....

"Hello" from (Soggy) LaSalle County. It has been an extremely wet spring & as we welcome summer in---still stormy & wet!

On May 21st, we held our Spring Membership Tea at the Grand Ridge Methodist Church. We enjoyed a wonderful lunch, a variety of teas and were entertained with a musical program. New members were recognized.

June 1st, we held our All Units Meeting at the Farm Bureau Auditorium. Lunch was a DIY (Dig Into Yogurt) bar. What fun it was to create our own yogurt concoctions. So many toppings!!! Everyone participated in various crafts----card making, zentangle, name tags & shoes (nut cups) were made for upcoming annual meeting. It was a day of Fun-Food-Crafts and Flip Flops.

Our 97th Annual Meeting was held on June 25th at Pitsticks Banquet Hall with 28 attending. The program was "The Garden Maiden's Steps to Companion Planting" given by Holly Hughes. Holly is a University of Illinois Master Gardener. During the meeting, "Come Together & Walk With LaSalle County HCE" accomplishments were shared.

1. Profits from the food stand at the 4-H fair made it possible for us to give quarterly \$75 donations to the county's food pantries for a total of \$2,100.00.
2. Profits from the food stand also support three (3) \$500 scholarships to students furthering their education in a community service major. The winners were announced--Sarah Kaschke of Streator, Molly Gualandri of Serena and Schuyler Parks of Ottawa.
3. LaSalle County Nursing Home residents were entertained 7 times during the year with bingo and prizes and other entertaining programs.

4. Donations for veterans in LaSalle County were made.
5. A "Water for the World" NVON project booth at the Ottawa River Walk collected donations for the purchase of 4 water filters.
6. Craft/baked goods booth at Deck the Walls split a \$220 profit between the LaSalle County Child Advocacy Center & the Illinois PADS. This booth was also to promote HCE membership.
7. 27 members participated in recording Volunteer Hours for a total of 14,381 hours.
8. Some units donated greeting cards to nursing homes. Some made stimulation picture booklets to be used with Alzheimer residents at a nursing home.

Joan Anderson was recognized for her many years of dedication to HCE & was named our Homemaker of the Year. Handy Homemakers received the award for Unit of the Year.

LaSalle County HCE members are all in pie baking mode right now because the 4-H Fair is about to begin. We are famous at the food stand for our homemade pies! Gotta go get my rolling pin out! Have a wonderful & safe summer.

Penny Carter
Public Relations

LIVINGSTON.....



Aimee Ingalls

The annual meeting for Livingston County Association (HCE) was held on Monday April 20, 2015 at 7 p.m. at the Livingston County Extension office. The theme for the evening was "Come Together - Walk with HCE."

Vice-president, Evelyn Neuhalfen introduced the speaker for the evening, Aimee Ingalls, Community and Economic Development Educator for Livingston, McLean and Woodford Counties. She is based in Livingston County. She discussed the various aspects of her job,

including helping develop the Livingston County Barn Quilt Trail. Ingalls explained how Barn Quilts



DISTRICT NEWS

Livingston County, continued

help beautify the county and proven to be a big draw for Agri-business in other counties.

Ingalls program was followed with a business meeting that began with a pledge to the flag. Retiring Officers were thanked for their service by president, Joan Haren.

New officers were installed by Marsha Weber who presented each one with a shoe shaped scissor case made by Haren.



*LIVINGSTON COUNTY BOARD 2015-2016:
Left to right: Sharon Raymond, Family Issues; Connie Kostelc, Public Relations and Certified Volunteer Hours; Lucy Weichmann, Cultural Enrichment; Brenda Collins, Treasurer; Ellie Bossert, Secretary; Shirley Meenen, 2nd Vice-president; Evelyn Neufalfen, 1st Vice President, and Joan Haren, President.*

Collins gave the treasurers report and discussed the proposed budget, which was passed. Kostelc then discussed how to complete the forms for Certified Volunteer Hours. Meenen recognized new members and 50-year members. She also gave a report on the scholarship program. A memorial service was given by the Charlotte Unit for members that died in the past year.

It was decided to continue with the local service project of making tied fleece blankets for the boys at Salem Ranch in Flanagan. Members of the board toured the ranch last winter and felt this was a worthwhile project for the units. They could see first hand how much they were appreciated.

Connie Kostelc
Public Relations

MC HENRY.....

On June 20th, we presented five flags representing the five branches of the Military Service, Army, Navy, Marines, Air Force, and Coast Guard, to the Transitional Living Services in Hebron, Illinois.



Pictured in the back row and kneeling are the Veterans who reside at the Transitional Living Service. Front row HCE members: Anne Cassista, JoAn Jones, Barb Freeman, Jean Pieroni, Geri Pondel, Marian Lang, Christel Mueller, Florence Spesard, Carol Giammettei, Maren Wootten.

Transitional Living Service is a non-profit organization that provides transitional housing for veterans. For many years we have been donating clothing, household items, and small appliances for them.

Our annual meeting was held April 15th at “D” Andres Banquet Hall in CRYTAL Lake, IL. Angela Hicks, District 2/3 Director installed the 2015-2016 officers.

Entertainment was “Larry” who sang songs from the 50s, 60s, and 70s.’

Our presentation in April was making homemade ice cream in a quart bag which was given by McHenry County Farm Bureau AG in the Classroom. It was a lot of fun and the vanilla ice cream tasted good with chocolate or strawberry syrup as a topping.

At our May presentation, we learned how to set a “Proper Table” for formal, informal dinners, and laying out a buffet table and, of course, table etiquette.

Wishing you a Happy Summer!

Florence Spesard
Public Relations



DISTRICT NEWS

WILL.....

The past few months have been busy ones for the Will County HCE, but also fun and fulfilling, with activities, projects and meetings. We all welcomed the arrival of Spring, after a cold and snowy winter.

Our HCE Annual Meeting was held May 12 and although our attendance could have been a little higher, the tables were filled with delicious food, accompanied by great fellowship and conversation. Our theme "Come Together Walk with HCE" carried throughout the day. The morning's featured speaker was Kay MacNeil, who told us "More Than You Ever Wanted to Know About Bluebirds." She has been birding since she was a child and has been setting up bluebird trails since the 1980's in the southern suburbs. After lunch, Nancy Kuhajda, master gardener coordinator, covered the topic of container gardening. She is widely recognized for her fun and educational presentations. Our new officers were installed and were presented with a plant for their gardens. A stretcher and Pennies for Friendship March, recognition of Units with 100% paid membership, 50-year members and past presidents were also part of the day's program.

Homemakers continue to support the County's 4-H program and Morning Star Mission by our contributions of money.

We would like to thank Judy Wunderlich, 1st Vice-President for the excellent job she did while serving on our homemakers board. She resigned her position in order to care for a family member. Judy, our thoughts are with you. We will miss your expertise and smiling face.

Marianne Eisenbrandt
Public Relations



WILL COUNTY BOARD: Judy Wunderlich-1st Vice President (newly retired), Gail Shaw-2nd Vice President., Barb Gast-Treasurer, Delores Kratzenberg-Secretary/Family Issues, Marianne Eisenbrandt-Publicity, Andrea Zoelle International, Betty Shinn, CVH. (Jeannette Johnson, President, not pictured)



DISTRICT 4 DIRECTOR

Mary Eustace

Thank you to every one of my District 4 Counties for their hospitality and fun times held at each of their annual meetings. I love installing the County Board Officers for 2015-2016. The theme "Come Together Walk with IAHCE" has been so much fun this year.

My counties certainly get creative using shoes and installing officers with chocolate shoes.

I started my 2015 journey with Hancock County celebrating 97 years and had an excellent program on "Children's Train" and how that train changed the lives of residents of Carthage, Illinois. On to Woodford County and loved the program on the "Penguin Project". Again life changing stories of beautiful children in our awesome state of Illinois.

I participated in my home county of Pike with our annual meeting decorated with lovely shoes. Next day, on to Springfield to install Sangamon County Officers. They had a wonderful program on "Lincoln's Funeral 150th Anniversary" with the re-enactment with the actual funeral carriage. Lots of national interest with news media in Springfield for this special event.

Adams County loves to play tricks on me when I visit. I have challenged them to report more volunteer hours than Pike County. First year Pike County won the challenge but this last year Adams County won the challenge. The Board Officers had me stand on an X on the floor marked with tape then they all circled around me to sing the chicken dance while handing me a rubber chicken. We sure had many laughs out of that one! Tazewell County is always a lot of fun to visit as the hospitality is so gracious. Their programs consisted of all the terrific things learned at Conference. Loved seeing their excitement for next year's conference.

I am very excited to see all of you at our August Workshop where the District Directors will present an awesome lesson on "Bits of Knowledge". We will meet at the Decatur Club on August 12, 2015. Happy summer!



The most valuable gift you can give another is a good example.

Mary Eustace

DISTRICT NEWS

ADAMS.....

Celebrating the many accomplishments of the 2014–2015 year, the Adams County HCE held their annual meeting on April 28, 2015.



More than 200 members and guests enjoyed a delicious meal and great conversations at the annual meeting.

We were very proud that Adams County received the IAHCE 5th Place county of the year award. A table was set up displaying the awards received at Sate Conference. Walk Around Adams County individual awards were presented to 18 walkers with a total of 5,498.5 miles. Adams County reported 39,971 volunteer hours to the state. We had 154 out of 194 members report volunteer hours or 79% of our members. That is really great!



Table displaying awards

Three (3) scholarships were awarded this year. The deserving recipients were Sophia Finley, granddaughter of Ethel Finley of the Unity Nite unit; Kara McCleary, granddaughter of Judy McCleary of the Unity Nite unit; Lakin Hardy, granddaughter of Sharon Parn of Chatton unit. Congratulations to these very wonderful young ladies and best of luck in the future.



Basket Raffle—proceeds go to the scholarship fund.

Adams County HCE and Pike County HCE have a friendly competition to see which county can record the most volunteer hours. Losing county is awarded the rubber chicken to keep for the coming year. And the chicken goes to...Pike County. As part of the "award ceremony" several Adams County members did that chicken dance for Mary Eustace, District 4 Director from Pike County.

We also celebrated two (2) 50-year members—Joyce Dietrich of Camp Point unit and Claudine Fearneyhough of the Beverly unit., and one (1) 70 – year member—Jeanette Futhey of the Chatton unit. Congratulations ladies and thanks for all you have done for Adams County HCE throughout the years.

We welcomed seven (7) new members to Adams County HCE this year and look forward to working with them. We said goodbye to eight (8) members who passed away last year. We will miss them personally and for the leadership and many contributions they brought to each unit.

I will close this year with a poem written by one of our members.

What We Do as HCE

These shoes are made for walking and the ladies of HCE will do.

Hopefully they will come walking for you.

All 13 units walk across Adams County happy and true.

We do laugh and play, but not all day, cause there is work to do.

We have lessons from the state, such wisdom to impart, and cultural arts that are always fun.

Pennies for friendship, collected each month, makes a big difference, ask Melba Funk.

Still our walk is not finished,

because we all walk together one step at a time, our goal never to be diminished.

First there is our Kiddos and their chance to spread good cheer.

The ladies have sewn, knitted and glued so the kids can buy presents every year.

Kiddie Bazaar is only one step. New Flapjack sales are next.

If you have a student that needs a scholarship check.

Every year the ladies walk on, with luncheons, conferences, and dinners to prepare.

We do it all with time to spare.

Out ACORN is legend and we are thankful for that, because sometimes without it we might not know where we're at.

All of the board thanks one and all. With no complaints they walk up to the task.

Each one with talents we don't even have to ask.

Walk on ladies, our year is not through.

With fellowship and love we will walk for you.

By: Linda Lavery

Suzanne Williams
Public Relations

DISTRICT NEWS

SANGAMON.....

Greetings to all from Sangamon County! What a spring and summer so far with all of this rain. Crops, gardens, and flowers are trying to hang on. It sure hasn't hurt the grass or weeds! Just hoping we will still have plenty of crops, delicious vegetables, apples, peaches, etc. this year.

The annual IAHCE state conference is now history. It was a fantastic time and we made many new friends. Sangamon County was well represented with us all bringing something of interest back to our county.

On March 25th the annual membership day for the SCAHCE was held. An afternoon tea with delicious refreshments made by Unit 2nd Vices was successful. The decorations were quite lovely with teapots and teacups displayed from the past. Our program was on "Dressing for an Afternoon Tea during the Civil War Era", presented by Dorothy Selinger and Linda Cox. The attire of ladies from that era was displayed, from their underpinnings to the finishing touches. They wore and explained each piece of clothing and some history on styles and fabrics of that time. It was a very informative presentation that was thoroughly enjoyed by all.

The SCAHCE has started a sewing/craft day where members can meet once a month to work on a special project or something of their own. So far we have made a purse, Americana wall hanging, decorative tea light and flowerpot bunnies. Sewing, knitting and crocheting have been demonstrated. Some are working on items that will be sold at our Fall Festival. We have enjoyed getting to know one another better and the camaraderie has been great.

The County annual meeting was held on April 24th. Mary Eustace, District Director, attended and installed our officers. Susie Ripka was chosen for the Homemaker of the Year award. Lois Adams, Family Issues, announced that two scholarships of \$500 each will be awarded. We had a delightful lunch, served by the lunch committee, that was followed by a program on some history regarding Abraham Lincoln. Also, our Bob Evans Fundraiser netted a total of \$198.00 for our scholarship program.

Presently, plans and meetings are being held in preparation for the Annual Picnic in July and the Fall Festival in September. We have a unit that has gained five new members but due to age, health issues and death other units have lost a few members. So, membership is still a grave concern.

Sangamon County Membership Day



*Dorothy Selinger
and
Linda Cox*

*Attire for
Afternoon Tea
during the
Civil War*



Susie Ripka —Homemaker of the Year



*Quote: Do what you feel in your heart to be right --
for you'll be criticized anyway!— Eleanor Roosevelt*

Wishing everyone a happy, healthy, and joyful summer!

Jody Harden
SCAHCE 2nd Vice President

DISTRICT NEWS

WOODFORD.....

It's summer in Illinois, isn't it? The corn and beans are growing at exceptional rates with all the rain that central Illinois has received. Everything is so green and lush – beautiful!

We in Woodford County were so proud of our members who submitted their volunteer hours for the 2014 year. This was the first year we participated and happily report that 5,488 hours were given by 20 members. Two of these members received certificates. We are hoping that many more will take the time to keep a record of their volunteering and submit their hours in December. It's amazing and really not all that time consuming if one keeps a day-by-day record.

Nancy Aldridge, our Special Events Board Member, planned our Annual Meeting in April. It was excellent! The program was presented by the Penguin Program Foundation and two young girls shared their musical talents with us. This group gives children with disabilities an opportunity to display their creative talents. A delicious lunch was catered and Mary Eustace was present to install the new Board Members. It was a very enjoyable afternoon.

The membership is very involved this summer with the 4-H Fair by working at the Food Stand and baking pies for sale at the Food Stand. Also the County hosts an ice cream and pie social in the Metamora Park during one of the every-Friday-night Band Concerts.

Very interesting lessons have been planned for our 2015-2016 year...the first being "The Coffee Boom; What's the Hype?" We will learn the differences in espresso, lattes, cappuccinos, etc. Maybe we'll learn why a cup of coffee is \$5.00 and people stand in line for it!

Have a wonderful summer.

Betty Bekermeier
Public Information



DISTRICT 5 DIRECTOR Kathleen Emery

Happy Summer to all of you, By the time this reaches you we will be very close to our August District Meetings. I hope you have made Plans to attend them. Your District

Directors and board members Kathryn and Norma have planned an informative and fun program called "Simple Bits of Knowledge". We think you will enjoy it.

Your state board is busy working on plans for the next years state meeting at the Embassy Suites in East Peoria on March 15-17, 2016. It will be a lovely facility so please put the date on your calendar and make plans to attend.

Thank You to all of my counties that have invited me to their annual meetings. I have enjoyed each of them and visiting with you. We can learn so much from each other.

Please remember to continue to invite friends to your *fun activities* as well as your *meetings* and add "one more" member to our wonderful organization.

*People will forget what you said,
people will forget what you did,
but people will never forget
how you made them feel !"*



Kathleen Emery

CHRISTIAN.....

Christian County hopes you all have a fun and safe summer.

Our President Julie Pearson sends her regards. Julie is very, very active in our community. She is in the middle of a remodel project and gardening big time.

We had a very strong turn out for our 22nd Annual Table setting Luncheon and Plant sale. The Slab Apple Pie was a big hit and everyone looks forward to the pickles. Winning entries where Edinburg Nights for E'legant, Center Unit for Casual. Lauren Bailey for youth. 

DISTRICT NEWS

Christian County, continued



International Director for Germany Rosella Brookens and Hilde Hendricks (guest speaker for the evening) presented a wonderful program.

Many in attendance had traveled to Germany and shared their experiences as well.

Several of our member are lending their support to the Spin Clubs and having lots of fun with the kids.

Christian County HCEA is made of special people, here is a look at what's been happening in the past few weeks.

- Both Darlene Wilson (mail box member) and Janice Funderburk (member of King Unit) had special Birthday's.
- Dixie Vincent (member of Mt. Auburn Nite) won the Senior Spelling Bee held in Taylorville.
- Janet English's (member Center Unit, past president CCHCEA and board member) grandson Officer J.D. Pickett was recently awarded the Governor's Medal of Valor and the Illinois Sheriff's Association. 2014 Deputy of the Year Award.

Here is a smile for you.

*Although the tongue weights very little,
few people are able to hold it.*

Sharon Turner
CCHCEA Public Relations

CLARK.....

Most of the Clark County ladies have been having picnics or short trips during these summer months. We have always felt that each unit should have time to do their own thing during the year. Some of them have had family night with a dinner and games. Others have driven to a point of interest and enjoyed just the ladies eating out together.

We made it through the German International lesson and really enjoyed each part of the information.

Many of the ladies will take time and "building sit" for the 4-Her's. This way the kids will have time to see the food auction and maybe even sell their own 4-H project Ladies stay in the building to offer others time to come in and look at all the projects done by the 4-Hers.

We are busy working on finding good lessons for the year 2015-2016. All of the first vice presidents have been working on finding topics that all the ladies would like to find out about. It is becoming a harder process every year. As our units all ages, not all topics appeal to them. Many of our 2014-2015 lessons were written by the ladies. They would find other material and do it to fit our groups. It takes quite some time to do this type of program work.

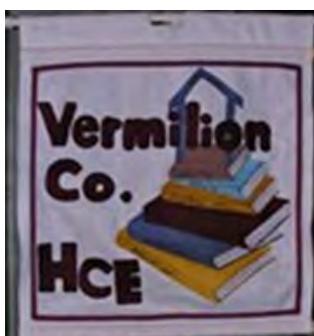
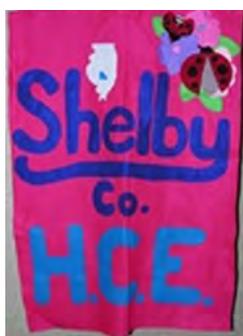
We have a new countywide president for the next couple of years. She is Nancy Wilson from the Clarksville Unit and is ready to try some of her ideas with us. We have all wished her good luck.

We are ready to take the reins of pride and move forward for 2015 and 2016.

*We are all working on how to
prevent hardening of our personal
attitudes for all of our people.*

Doloris Mauer
Public Relations

Does your county have a Banner to display at events? Here are 4 of 66 displayed at Annual Conference.



DISTRICT NEWS

CHAMPAIGN.....

On Sunday, April 19th, Elizabeth Michael and Sue Christensen attended the 2015 Autistic Walk at the Champaign County Fair Grounds. They took 28 Weighted Blankets that were made by several CCHCE members to be given away to families attending the walk. Several people stopped at our booth to enter the drawing for the blankets. Several people, also, stopped to thank us for the blankets that they had received last year.

Champaign County Home and Community Education held their Annual Meeting on April 30, 2015 at the Savoy Methodist Church. We had 98 ladies attend. Our guest speaker was Jan Seeley, Co-director of the Illinois Marathon. She explained the details on planning this marathon and the reason for calling the marathon off after 3 hours into the marathon because of weather related issues. We had a delicious lunch prepared by the Methodist Church ladies. Special recognition was given to our 50-Year members and also recognized were 12 members who have been members of HCE for 65 years or longer (one active member has been for 74 years) and all still active in their Units. Volunteer hour awards were also given out. A special memorial service was given to those members no longer with us. Kathleen Emery, District 5 Director, presented the new officers for 2016. Our entertainment was Logan Kirby. All enjoyed his music.

On May 20th, we held our Membership Luncheon/Event. Tables were decorated with hand decorated shoes and etc. to go along with our theme this year "Come Together-Walk with HCE." A power point presentation was given on "What Is HCE." Folders were given to all guests attending with information about HCE, IAHCE, copies of past program, etc.



Board Members presented at the event a skit "*When HCE Goes Marching In*"....*come join us soon at HCE, Oh Lord I want to be in that number, and bring a friend with me*" (see picture at bottom left of page). Guest speaker was Jo Rodriguez, from the Champaign/Urbana Park District. She teaches exercise class and talk on how important exercise is.

Entertainment was the Lincoln Challenge Chorus. The also given a special presentation – a Stomp routine. An invitation was given to all guests and 3 guests joined HCE at our event. We had a drawing for those joining this day for a one -year membership in HCE. Several members stay to play Bingo!

On June 27th, we will have a booth at the Tolono Fun Day to promote HCE and to encourage membership in Champaign County HCE.

Some of our upcoming events will be:

- Saturday, August 22, we will have our 4th Annual Garage Sale. This is our yearly fundraiser.
- October 19 will have our fall Membership event
- October 23 will be our Cultural Arts Event.
- In the planning stages, Membership and the Board are planning a "Holiday Trees and Craft Sale" event on November 7 at the Farm Bureau Auditorium. We are having all the Units in our County to decorate a Christmas tree and have a silent auction for selling these tree and for a fundraiser for each Unit. Craft vendors will be members of HCE and also non-members will have a booth to sell their crafts/projects. Our purpose is to invite the public and inform the public about Champaign County Home and Community Education.

We continue to have our lessons given by the U of I Extension Educators on the 1st Friday of each month at 9:30 a.m. which the public has been informed and invited to attend. They have been very well attended.

THANK you IAHCE Support Fund for supporting our 2 membership events last year. The two events were a booth at the Fisher Fair from July 8-12, 2014 informing and inviting the public to join HCE and our Membership Event during HCE week in October 2014.

Thank you to our members for being supportive and involved in our events and programs.

Carol Froeschl,
Public Relations Chairman

DISTRICT NEWS

DE WITT.....

DeWitt County HCEA recently celebrated their 80th Annual Day. The luncheon was attended by 31 people and was held at the U of I Extension Office.

Kathleen Emery, District 5 Director installed the officers. Only one change was made and that was to install Shirley Krall as Cultural Enrichment Director. We were all cleverly assigned different shoe types to fit our positions.

A big change for the coming year was voted on to consolidate the remaining units into one county unit. This was due to shrinking membership. We hope to increase membership as it is more fun to be part of a larger group than just 4 or 5 and we have more people to socialize with. We have several sustaining members and with the out of town or state members we are down to 63 total members.

We recognized two long time members this year. They are Joan Lappin who has been a member for 60 years and Mary Ann Ryan for 50 years.



Joan Lappin



Mary Ann Ryan

Our group also toured the Abraham Lincoln Heritage Museum at Lincoln College in Lincoln, IL. It was very fascinating and his life was viewed in segments from youth, dating years, lawyer years, and presidential years.



Abraham Lincoln Heritage Museum

On July 8th at 11:00 a.m., we are having a potluck in the air conditioned comfort of the Wapella Community Center.

We expect to be back in full force and activities in September and hope everyone brings a friend who might become a member.

Rosalie Summers
Public Relations

MACON.....

We have enjoyed some really wonderful lessons over the past couple months! In May, we had a very interesting presentation about hummingbirds from a local expert, a member of the Lincoln Land Association of Bird Banders. He taught us about the "care and feeding" of these backyard delights. Of over 300 species, only 25 are found in the United States.

Early June found many of us on a guided walking tour of Decatur's oldest cemetery, which dates back to the mid-1800s. It was a beautiful day for a stroll, and our guide was most interesting and knowledgeable about the locally famous people, the town's founders, who are buried there.

One of the stories he told concerned Mary Hanks, Abraham Lincoln's first cousin, once removed.

While doing a complete inventory of the cemetery grounds, comparing the tombstones with the written records, they discovered her tombstone which was not in the record books.

We learned that grave markers often represented an aspect of the person's life. An infant might have a cradle, lamb or angel marking their grave. A tree stump or stacked logs represents someone "cut down" in their prime. 



DISTRICT NEWS

Macon County, continued

The elaborate organ with an open book marked the final resting place of a preacher who was also a musician.

Our countywide Spring Meeting was held in May. This was a chance for all the units to come together and share with other Macon County members.

After a brief business meeting, our featured speaker, a Regional Ombudsman for the East Central Illinois Area Agency on Aging (ECIAAA), discussed "Elder Abuse Reporting". The ECIAAA is one of 13 state-funded Area Agencies on Aging throughout Illinois that provides information and services regarding assistance for older adults and those who care for them. They also act as advocates for residents of care facilities who are having issues with their care or living conditions. She shared some very eye-opening stories about elderly residents in care facilities within their 15-county area. Our Family Issues Chairperson will be following up on this topic with information for our units throughout the remainder of the year.

Events coming up in the next few months include a lesson on "Can I Really Eat out of my Flower bed?" and one on "Sensational Summer Drinks", both presented by the Extension Office staff. We are looking forward to a delicious and fun summer!

Our International Day will be in September, an event we all look forward to every year.

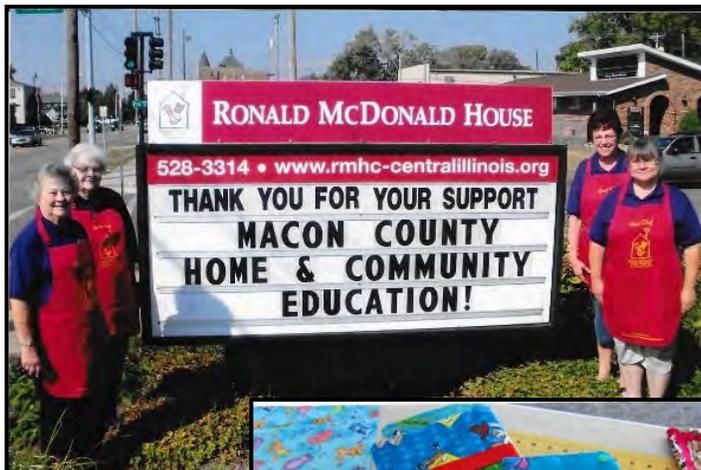
Macon County is fortunate to be the host county for the Farm Progress Show held in Decatur every other year, and we always take the opportunity to staff a food tent to raise money for our county. This year, the Show is September 1-3, and we are already in the planning stages, recruiting volunteers to work the booth.

Macon County members continue to provide support for the Ronald McDonald House in Springfield by preparing several luncheon meals for the families throughout the year.

Last year we began making pillowcases to be given to the children who are in the hospital and being served by Ronald McDonald House Charities.

We also designated the 50/50 drawing at our Spring Meeting to be shared with RMH.

Linda Austin
Public Relations



Macon County HCE is a supporter of Ronald McDonald House.



MC LEAN.....

McLean County AHCE continues to share in a wonderful variety of events and activities. An amazing trip found members and guests traveling to Jacksonville, IL to learn about the Underground Railroad. The step on tour guide Art Wilson was knowledgeable and well versed in the history. Duncan Mansion and Woodlawn Farm were toured plus several sites seen of the 9 documented "safe places" where abolitionists helped "freedom seekers."

Cultural enrichment workshops, classes and special events were plentiful – card making for soldiers, sewing of comfort quilts plus construction of pants, shorts and dresses for children. Many enjoyed the workshops of making a rag rug coaster set and quilting an octagonal table topper. A large group went to the Conklin Dinner Theater in Goodfield, IL for lunch and a hilarious comic thriller of "Tiptoe Through the Tombstones." The book, *Hotel at the Corner of Bitter and Sweet*, by Jamie Ford was read and discussed. Two workshops were held in June teaching 16 youth basic sewing skills to make a tote bag to take home with assistance of HCE members.



DISTRICT NEWS

McLean County, continued



Fran Burns holding a quilted table topper

*Jacksonville, IL,
Woodlawn
Farm ~ tour group*



Local leaders became informed on several topics and shared their knowledge with unit members on Freezer meals made in a flash; What's in your wallet?" and "Laughter Works!"

4 boxes were sent to soldiers from items collected.

3 boxes of handmade greeting cards were Sent to soldiers for their own personal use.



On the second Wednesday of each summer month, McLean County HCE participates in the Downs Village Market with a bake sale booth from 4 to 6 p.m.. Everyone enjoys the home baked goods and you can too on August 12, September, and also September 23.

We invite you to the McLean County Fair on Aug 5-9 and visit our HCE booth. McLean HCE is hosting the Young at Heart Day at the fair on Thursday, August 6, 8:30 to 11:30. Seniors 60 years+ have free admission and parking until 12noon and will enjoy entertainment, refreshments and educational booths concerning seniors.

We are looking forward to the 97th Annual Meeting of McLean County HCE on July 7 and hearing about the plans for the 2015-2016 year or our 98th year of educational programming. We'll be posting our new schedule on our website at: www.mcleanhce.org by the middle of August.

Jeanie Wager shows tote bag made at youth sewing workshops



We have lots of pictures on Facebook so take a look and "LIKE" our page at: <http://www.facebook.com/#!/pages/McLean-County-Association-for-Home-and-Community-Education>.

See you in McLean County - come visit.

Pat Pulokas and Barb Jurgens
Public Relations Co-Chairs

PRAIRIE.....

For the last ten years, the members of PAHCE have been giving the third grade students crayons and a quilt block on which they create a drawing related to the selected theme.

PAHCE members collected the finished blocks and completed the quilt Raffle tickets are sold For \$1.00 each or six for \$5.00. The proceeds were divided equally between the school and PAHCE.



*Pictured:
Chris Miller and
Isaac Walker of
Arthur.*



Shirley Edwards
Public Relations

DISTRICT NEWS

VERMILION.....

Happy summer everyone. I hope everyone is starting the summer in good health because there is so much to do and we don't want to leave anyone behind. The other day I picked up a Welcome to Danville Area Visitors Guide 2015 – 2016. You can find them all over. Please pick one up to see all of the interesting things going on in Vermilion County Area. Pretend to be a visitor and enjoy the summer. Now I know you all like to volunteer. Well, most events need help so this is away you can get in free. Just call them up and tell them what you can do. I am sure all counties and towns have Visitor Bureaus that have booklets of events. Get Involved!

Vermilion County HCE had their 96th Annual Business Meeting, June 10, at Crossroads Christian Church, Danville, Illinois. Theme; "Remembering Depression Era Living", program presented by, Pat Baily. Board members and committee did a fantastic presentation of setting up displays of memorabilia from the Depression Era. Some of the displays were; old pressure canner, feed sacks, pink, cobalt blue and cranberry red dishes, cooking utensils and other items. Lunch was catered by County Market.

Then it came time for the honors, JoAnne Gerard was presented with a 50 year pin for all those years active in leadership, and still going. When you see JoAnne, Congratulate her and give her a high five!

I know we have a lot of members that have been with us for many year and I am proud of each of you. Then the question came into mind. Why are you members of HCE? What is keeping you with us? Are you proud to acknowledge that you are one of us? Are you interested in the roll we play in our communities? Think about this. I would like to hear from you!

This year Vermilion County HCE, is going to help the "Women's Care Clinic" as our Community Outreach and Family Issues Project. The clinic exists to give hope, engage support, promote life-saving options and share Gods plan for the family. If we are going to change anything in this country, we need to change our children's way of thinking. There is hope and purpose for every life. So I hope everyone will be open and will support us on this new adventure. I invite everyone to get really involved. Let us share God's blessings with those that need hope and purpose.

God Bless You!

Carol Davis
Membership/2nd Vice

J. Diane Reddy
Public Relations

SHELBY.....

The HCE of Shelby County Annual Meeting was held on June 9, 2015 at the Senior Center in Shelbyville,. Our meal, "Appetizers for Dinner" consisted of quite a cornucopia of each woman's best appetizer. We had cheese balls, dips, cucumber sandwiches, veggie pizza, 'Stuff in a cup' (which was onion, tomato, avocado, feta cheese, lemon juice and red wine vinegar) with tortilla chips to dip, sausage won-tons, deviled eggs, and of course, bacon wrapped little smokies, to name a few! Oops. Almost forgot the mini cheesecakes and cookies and muffins at the dessert table. More than once I heard women congratulate each other for being such good cooks.

After the bountiful meal, Kathy Reiser, Unit 19 County Extension Director, and Cheri Burcham, Unit 19 Extension Educator, Family Life spoke. It was nice for our county to get to meet them and learn a little about their jobs and how they are here to help us.



Cheri Burcham, left, Kathy Reiser, center, and Cinda Smith, HCE President, right

Pictured Below:
Gadget Lesson



Show and Tell was next. What cooking utensil or gadget wouldn't you want to cook without? There was an apple corer, a microwave egg boiler, Karla's grandma's cake carrier from 1918 which had a surprise as it also carried two pies, a strawberry stemmer, a handmade bread slicer, just to name a few. A couple of ladies tried to stump the crowd, but several knew that one of the items was a sugar keeper from a Hoosier cabinet, and the other was a jar lifter used to take jars out of the hot canning water.

The Shelby County 4-H and Jr. Fair is July 27, 28, and 29. HCE ladies will open the cook shack for breakfast, lunch and dinner—Pork burgers, hamburgers, hot dogs, the ever-popular taco boats, homemade pies, brownies, and rice krispie treats. Tuesday evening is the annual Pork Chop Dinner. Thanks again to the pork producers for their donation of pork chops and their time as they grill the chops.

Kathy Yakey
Public Relations



DISTRICT NEWS



DISTRICT 6 DIRECTOR Marilyn Schaefer

Hello to all my IAHCE Friends: In June we held our State Board Workshop in Champaign. We had a great time with our new President, Jane Chapman. We

discussed how to get new members and what we should do to get new members and keep them. One of the things that I believe we need to do is smile, be friendly and talk about our group (HCE). We have to be out there promoting our wonderful organization. I have had people ask me what is HCE, most people do not know so we have to tell them what a great group we are and what we do in the community especially some of the special events we have. Work with our 4-H members and do things for their mothers like have sewing classes. These 4-H members are our future.

Our workshops are just around the corner, we will start with District 6/7 which is August 11, 2015 (Tuesday) at St. John's Lutheran Church at 901 W Jefferson St., Effingham, IL 62401. Janel and I hope to see everyone there, we are looking forward to seeing more this year. There will be coffee, orange juice and donuts when you arrive so you will not need to stop at McDonalds for a cup of coffee. The district directors have been working on a skit which I believe you will learn a lot from and can pass the information on to your units and also new members and especially young ladies.

I have enjoyed the units I have attended so far this year and have several more to go from now till fall and I have learned from each group which is great.

Keep up the good work ladies so far we have the most members in our district, let's make it more this year. Looking forward to seeing you in August.

Marilyn Schaefer



CLAY.....

We are sorry to report that Mary Ann Brentlinger, our HCE Public Relations Board member, died January 18, 2015. She is sadly missed by all who knew her, and we are truly thankful for the conscientious service she gave so willingly as a member of our board.

We are pleased that Beth Fancher has agreed to accept the Public Relations position on our county board. She is a member of the 2nd Wednesday Unit and lives in Louisville. She comes well prepared for this responsibility, as she is a reporter and photographer for the Clay County Republican newspaper. Welcome, Beth!

Our HCE members have been busy providing cookies for the Blood Bank in Aril. The extra cookies are frozen and used during 4-H Horse camp—June 11-14.

The Farmerettes continue to contribute to the Guadalupe Project—providing assistance to young families from pregnancy up to the child's first birthday. The 2nd Wednesday Unit is collecting needed items for the Golden Circle Nutrition Center (meals on wheels) at regular meetings. Our county members, also, contribute to the Community Food Bank through Community Outreach. We'll be baking pies for the 4-H BBQ at the Clay County Fair Grounds on July 22 at 4:00 P.M.

Women Walk the World 2015 was celebrated May 7 at Charlie Brown Park in Flora with Effingham County HCE joining Clay County HCE for the walk. We were so happy they could join us, and we look forward to more activities with Effingham County HCE. The contributions collected in Clay County will go to "Pennies for Friendship" 50% and Golden Circle Nutrition Center 50%.

The Family Issues program on "Bullying" will be presented September 21, 2015 at 4:00 P.M. at the Flora Depot. Mrs. Mary Jane Dodge, teacher and school counselor, will be the speaker and address the issues of bullying in the school age population, the work space, and the aged population. Light refreshment will be served. All are welcome; please join us.

Joann Stanford
Interim Public Relations.

DISTRICT NEWS

CLINTON.....

Greetings from Clinton County:

Donations will be presented to 4 local food pantries and Chakota Therapeutic Riding Center, which is a non-profit horse riding center for persons with disabilities. These donations were possible because of the "Christmas in October" event.

In January, "Chair Yoga" was presented by a local instructor, Lindsey Koch, as a Major Lesson. She shared many wonderful stretches and facts about oxygen and movements for people of all ages; and how our body will thank us for stretching and breathing oxygen into our cells. This will keep us flexible, limber and less prone to injuries.

A demonstration of Homemade Holiday Candies was presented in November; along with "Quick and Easy Recipes with Refrigerated Breads and Rolls" in March. All Major Lessons are open to the public.

Our Annual Meeting in April was an enjoyable evening with the theme of "Pies". A beautiful layout of many homemade delicious pies was served along with a scrumptious dinner. Bingo was enjoyed by all using pie and kitchen terms. Also, a list of "Pie Trivia" was given to the guests to see how well we know our pie language and facts.

Wishing you all Prosperity and Success,

Cindy Niemeyer
Public Relations



CRAWFORD.....

The Crawford County HCE ladies have been busy collecting "Box Tops" for our local schools.



Pictured holding some of the Box Tops are: (front) Susan Allison, Jeannie Adams; (back) Barb Miller, Sandy Bryans, LaDonna Harris and Hope Dennis.

Phyllis Adams and Mary Stampini (Mailbox members) provided our International Program on Germany to 16 HCE members.



Phyllis Adams and Mary Stampini

They also served a delicious German inspired luncheon of Hot Ruben dip with rye bread, Bierocks, sausages, German potato salad, German "flag" relish tray (black olives, red tomatoes, and yellow sliced peppers), and apple strudel cupcakes for dessert.

The paper goods were also in the colors of the German flag!

Crawford County HCE awarded scholarships to two students going to college this fall.

Hope Dennis
Public Relations



DISTRICT NEWS

EFFINGHAM.....

The Effingham County HCE members had a very busy spring with yard work, gardens, grandchildren's ballgames, graduations, vacations, and HCE events.

We had a Sewing Day on Tuesday, April 7, at the Extension Center in Effingham. There were 18 ladies attending and they made 44 wheelchair caddies, 3 walker caddies, and 13 clothing protectors.

On Tuesday, May 5, we held another Sewing Day. This time there were 11 ladies present. They made 27 wheelchair caddies and 13 clothing protectors. These items will be delivered to area healthcare facilities in October.

We also started sewing pillows for St. Anthony's Women's Wellness Center. These pillows will be given to women who had surgery. There were 365 pillows cut out and 18 were stitched, stuffed, and ready for delivery.

Tuesday, April 21, we hosted a Craft Day starting at 9:00 a.m. at the Extension Center. Several ladies were waiting to start the pie crust making class. Carol Hartke and Marilyn Schaefer taught three morning classes and one evening class. A total of 35 people attended these classes including one man and some youngsters.

Mary Lee with help from Rosie Kremer, was in charge of the gourd painting class. Ladies turned gourds into Santa's, snowmen, apples, a swan and other items.

Anita Backhus and Mary Beth Hoene helped ladies make garden stakes using an assortment of glassware glued together to resemble a flower.

Ruth Abell held the drawing for the duck quilt which was won by Barb Carie. Proceeds from the quilt changes are given to children with cancer.

"Sewing with Seniors" was held on Monday, April 27, at the Effingham Senior Center. Some of the board members met with the ladies with Marilyn Schaefer giving the lesson on "pretty pillow cases," which the ladies completed.

Four members of the board traveled to Flora on Thursday May 7, in order to meet with other HCE members for "Women Walk the World". There wasn't a very large crowd but everyone had a good time and enjoyed the walk through the park.

Anita Backhus, first vice-president, held a meeting with the unit first vice-presidents on Tuesday, June 12. The ladies selected and planned lessons for 2016.

Farther Dominic Garramone entertained 100 people on Saturday, June 14, at St. John's Lutheran Church in Effingham. Father Dom demonstrated the basics of mixing and kneading dough and then transformed it into coffeecakes and breakfast rolls. Board members made and served refreshments. Attendees received a gift bag of items of Hodgson Mills.

Monday, June 29, was "Sewing with Seniors" again. Mary Beth Hoene gave this month's lesson on making a combination pin cushion/thread holder.

Ann Musser, co-cultural enrichment director, has been busy planning a barn quilt tour. She is still working out all the details but has a tentative date of October 13.

The board members are busy planning future events such as "sewing day, 4-H judging, working at county fair, annual meeting, international luncheon, HCE Week and butter braid sales.

We are so glad to have our public relations director, Cyndy, back with us. She has been absent for a few months due to health issues. "Welcome Back, Cyndi!!"

Have a great summer and be safe.

Mary Beth Hoene
Acting Public Relations Director

FAYETTE.....

We have been busy with our projects and meetings. We walked as a group in our Abe Lincoln Day Parade. "Abe Lincolns" and "Mrs. Lincolns" come from as far as California to participate in the day dedicated to them. Lincoln served part of his career here when this was the State Capitol, before it was moved to Springfield, so we feel we have a claim to him.



DISTRICT NEWS

Fayette County, continued



The other big even was out 67th Annual Meeting. We were honored to have IAHCE President, Jane Chapman, and Marilyn Schaefer, Our District 6 Director as guests. Pres. Chapman officiated the Installations of Officers. Her talk was very interesting, as was her T-shirt which inspired her talk. She was very warm and friendly.



DeDE admires President Chapman's Inspirational T-shirt.

Vandalia Day was named Unit of the Year at the Annual Meeting.



The room was decorated in keeping with the IAHCE 2015 theme, "Come Together and Walk with HCE". Each table held attractive centerpieces of baby shoes, a bottle of water, and mini-flower arrangements, created and made by Fayette's Cultural Director, Ashley Davis. A colorful "Shoe Tree" with tiny pink doll sneakers, boots, and tiny pink tote bags tied on the branches with purple bows, also created and assembled by a member, sat behind the Fayette Board and guests' table.

Awards, Certificates, Inspiration

*Anna Jean Rhodes presented awards/certificates to: Unit of the Year-Vandalia Day; Homemaker of the Year-Joyce Mueller; a Special Recognition Homemaker of the year Plaque was given to Flo Allen, Sefton Unit, as she is beginning her 10th year as County President; A Homemaker of the Year award also went to Erna Koontz of the Wheatland Unit, in recognition of her long years of compassionate care and service to others, including her church, community, neighbors and her family.



* IAHCE President, Jane Chapman, installed the following officers: Flo Allen-President; Debbie Segrest-1st Vice President; Anna Jean Rhodes-2nd Vice President; Joyce Mueller-Secretary; Carol Bridges-Treasurer; Anita Smith-Community Outreach; Donna Blair-Family Issues; Shirley Klitzing-International; Ashley Davis-Cultural Enrichment; Panzi Blackwell-Public Relations.

Chapman presented each officer with a shoe to represent the duties of that particular office and a gift bag containing a mint candy (indicating the recipient's value was "worth a mint"), a Hershey candy "Hug" "because everyone needs a hug) a dark chocolate Hershey kiss (for their health), and a "Post-It notepad" as a reminder of the encouraging words "I can and I will".

Chapman wore a purple T-shirt with a red bird on it and the words, "People should seriously stop expecting normal from me, we all know its never gonna' happen."

She began her talk with, "As my shirt says, I am not normal so do not expect normal." She expressed her delight at being at the meeting and her excitement to be serving as the new "team IAHCE coach". She gave a very inspirational, interesting, informational talk in such a warm and friendly fashion that listeners felt like they were indeed, part of "The IAHCE Team".

She gave tips on how to help local HCE organizations to grow. She suggested reading the Joel Osteen book entitled, "You Can and You Will!" And to focus on the eight principles listed.

She said the entire team must participate and communicate to others what a super organization HCE is, in order for us to continue and improve".

"Arise in the morning and think what a precious privilege it is to be alive, to think, to enjoy, to love!"

Panzi Blackwell
Public Relations

DISTRICT NEWS

JERSEY.....

Beginning in April, we continued with our programming with a Lesson for Living by Lisa Peterson, our HCE liaison from Unit 18 Extension. Lisa is the Foods & Nutrition Educator from the University of Illinois and she presented a very interesting program on Lactose Intolerance. She is also scheduled to present our June Lesson for Living on "Canning and Preservation". On June 18 several of us also attended the Spring HCE Retreat on April 20 in Hillsboro. Our HCE volunteers have been prominently publicized in the latest issue of the Extension Connections magazine and we have been told we are the "role models" for the other HCE groups in Unit 18.

Our Women Walk the World event was held on April 29 with several members in attendance. We were joined by Becky Hatlee from Home Instead who had collected money from her clients and brought it to donate to our cause. Becky is so interested in our organization; she is now a Mailbox member! Our picture of this event has been forwarded to the ACWW Countrywomen of the World magazine for publication. (Picture on page 40.)

Our 84th Annual Meeting was held on May 14 with 37 in attendance. We were honored to have IAHCE President Jane Chapman attend our meeting and Marilyn Schaefer, District 6 IAHCE Director who installed our newly elected officers and directors

We are now gearing up for a busy summer as well, beginning with the Jersey County Fair which begins on July 12. We volunteer at the Exhibition building during the week as our President; Sandra Bechtold is in charge of this department. We also help out with the 4-H Foundation Livestock Auction at the fair by furnishing the desserts for the barbecue before the auction.

Elizabeth A. Schwab
Publicity Director



Phyllis Diller says.....

I want my children to have all the things I couldn't afford. Then I want to move in with them.

MADISON.....

Madison County has seen its share of rain for June. We are far from being dry in our area. Since our last article, we have had our 79th Madison County Annual Meeting. We welcome a new 2nd V. President, Priscilla Plocher, member of the Marine Unit. Joyce Cornwell held this position for many years and she will be missed. Jane Chapman, IAHCE President, visited our meeting and did the installation of officers. We had a wonderful day with a great lunch provided by Sundae's Best, entertainment by the J.O.Y. singers (Just Older Youth) and a silent auction of great items. Three, \$500.00, scholarships were awarded to Zachary Plocher, Caleb Greenwell and Katelyn Fox--Congratulations.

Next, Joyce Cornwell and her 2nd V. Chairs provided a wonderful Membership Tea with many goodies and they promoted the IAHCE theme "Come Together, Walk With MCAHCE". There were 23 new members present out of the 48 new members for this past year as well as their sponsors.



MADISON COUNTY Membership Tea—New members

On Saturday, May 16th, Wendy Brady coordinated a walk for the U.S.O. We had 17 people who participated and raised \$601. for the U.S.O. in St. Louis and collected 111 items to bring to them. Great Job Wendy!

We ended May with our Annual County Tour to Warm Springs, Mo to visit the home of the Clydesdales. We were blessed with a beautiful day and the farm was gorgeous. We ate at Golden Corral, visited the Candy Factory in Columbia and made a brief stop in Williamsburg, MO to visit Crain's General Store.

At our June meeting we welcome our new board member and Beth James prepared a special luncheon for the Board members--Thanks, Beth.

We are saddened by the death of a dedicated member, Norma Meyer, this past month. She was active in Home Bureau and HCE throughout the years including serving on the MCAHCE board. →

DISTRICT NEWS



DISTRICT 7 DIRECTOR Janel Kassing

District 7 ladies, I'd like to first thank all of the counties who invited me to their Annual

Meetings. I do look forward to visiting your county. My husband and I spend many quality hours together those 2 weeks traveling around Southern Illinois. Thank you! I will attend an International Night and another Annual Meeting in the fall. If I have not visited your county in 2015, I'd love to come for an event. Please call or email me at any time.

In the last state newsletter and on the old letterhead, my zip code was listed wrong. It is 62278. Please check on your county newsletter: 1.) to see if I receive yours and 2. to see if my zip code is correct. I love to read about all of your activities and I pass them on to my county newsletter editor. Thank you! If you don't receive ours, please let me know.

I attended state board meeting and hosted a mini district meeting in June. It was a busy month. My husband had a hip replacement in early July and I'm looking forward to District meetings. We will announce the 2016 theme there.

With regret the state board received the resignation of Louise Rodatz from Wayne County (District 7) as Community Outreach Director because of illness. Sharon Davis will combine the Family Issues and Community Outreach offices into Family and Community Issues. Good luck to Louise as she battles this illness issue.

I look forward to seeing you throughout the year at various functions and want to assure you that I'm only a phone call or email away should you have questions or concerns. Please don't hesitate to contact me via email, call or text. I will get back to you.

See you soon,

Janel Kassing



"A NEW SURVEY came out, and Washington, D.C. has been named the fittest city in the country. And it make sense, Just think of all of the exercise they get running for re-election, walking back statements, dodging questions and jumping to conclusions. That's all cardio." - Seth Meyers



JACKSON.....

The ladies of Jackson County have been so busy this summer. Our new HCE Board President, Jane McLaughlin, has many new ideas to revitalize members. We look forward to working with her.

Our long time President Becky McIntosh has moved to another position on the HCE Board as Community Outreach and CVH Chair. We have four new board members as well. Norma Flores-Ways N Means, Marilyn Gannon-Treasurer, Mary Reiman-2nd Vice President and Verelle Leaton as our 1st Vice President. When you see them at our District 6 & 7 Conference in August give them a warm welcome to the board. We are so grateful to have them assisting us in Jackson County.

Our programs have been especially interesting this Spring. We have had lessons on Shade and Container Gardening, ABC's of GMO's, Yoga and Stretching for Seniors, Honey, and a night of Beauty.

Our programs for the next few months are just as exciting; We will have a lesson on "Apples Old and New" which will be discussing the varieties of apples in this region as our July lesson. In August, many of our units will be on vacation. We will have a pick up lesson "Live Your Bucket List." And in September, we will have our fundraiser selling mums. Jackson County will be a beautiful place with all of the mums we will sell.

Our October International lesson will be on the Baltic States. Our International Chair, Evelyn Legendre is putting together a wonderful program for us. Later in the fall we will be planning another fashion show for our members in Jackson County. Members and their grandchildren will participate in the fashion show.

Enjoy your summer. We hope to see many of you at the District meeting!

Jean Conrod
Public Relations Chair

DISTRICT NEWS

HAMILTON.....

Spring finally arrived in Southern Illinois and our members were eager to start working on several projects. Our March lesson was presented by Willie's Antique Road Show with 45 HEA members and guests attending. It was very interesting with several bringing items to show and be evaluated by Willie and his wife Carolyn.

Our annual Taco Salad Lunch and Bake Sale was a great success. Over 100 taco salads were served and we sold \$300.00 in baked items.

Our April lesson, "Thirty Minute Meals", was presented by retired Home Economics teacher, Sue Kinder. She had lots of good ideas for easy and delicious meals which interested everyone.

Our local school district sponsors a Community Safety Day each year. Several HEA members helped serve lunches to the students.

On April 21, in honor of Assisted Living Week at Heritage Woods, our members presented the 2015 collection of "Clothes You wouldn't Want to be Seen In" (Pictured below.) There were lots of laughs among the models and residents as these amazing outfits, including accessories, were modeled.

Annual Day was held on April 23 and was a fun day usual. The business meeting was held followed by awards and installation of officers. We enjoyed a delicious catered meal and an interesting speaker from the Senior Enrichment Center who spoke on the "Benefits of Walking." The day ended with Homemaker Trivia and Door Prizes.

Community Outreach Director, Karol Brown, continues to do a great job of collecting postage stamps, box tops for education, can tabs and plastic lids. It is amazing how much has been collected and donated since we started this project.

June 1 our annual picnic was scheduled to be held at Dolan Lake but due to cool, damp weather it was moved to the courthouse basement. Members, guests from the local assisted living facility, 4H members and others enjoyed the indoor picnic lunch and the games.

Our Hamilton County HEA sponsored a Barn Quilt Bus Trip on June 4 to Gibson County IN and it was great. It was sold out and we had to get a larger bus to accommodate the 51 who traveled with us. It was a perfect summer day and we enjoyed a tour of the Azalea Arboretum and Botanical Gardens. We had a chance to see many barn quilts out in the country in Gibson County. We had a nice lunch at Dick Clark's 1950's Diner. Along the way we had a good time shopping at some neat shops. On the way home we had a nice dinner at the Red Wagon Restaurant in Poseyville IN. Our Trips are becoming very popular. In fact, we have a trip planned on August 5 to Louisville KY and it is already sold out.

It is easy to see that HEA is on the move in Hamilton County. We're all hoping to relax for 2 or 3 months and get back in the swing of things this fall.

Hope the weather cools down some and everyone enjoys the summer.

Bernadine Drone
Public Relations



DISTRICT NEWS

JEFFERSON.....

Already ½ of 2015 is behind us. Six months ago, everyone was looking forward to warmer weather, and here we are in Jefferson County sweltering in the heat, but not hot enough yet to be thinking of the freezing cold weather.

On April 17, the Jefferson County HCE along with HCE friends from other counties and several guests went on a bus trip to the Azalea Dogwood Festival in Charleston, Missouri. It was a very nice daytrip, and because it was fully booked, we had some money left to add to our treasury.

April 20th, we held our 73rd Annual Meeting, our theme this year was "Come Together - Walk Happy Trails with JCHCE". Members and guests wore Western Attire; the room decorated in western motif. We had the pleasure of having IAHCE President Jane Chapman as our guest speaker and our District 7 Director, Janel Kassing, presided over installations of officers. While two local country singers entertained, members and guests enjoyed a pulled pork sandwich with all the fixin's. Near the end of the program, we all sang Happy Trails. The only thing missing was sawdust on the floor.



JEFFERSON COUNTY 2015 Officers and Directors

Our Annual meeting made the news in the Mt. Vernon Sentinel. News writer David Belcher highlighted IAHCE President, Jane Chapman's, speech on communication and helping IAHCE to grow. (See article on page 42.)

Hanna Donoho, was the recipient of our Jefferson County Home and Community Education Memorial Scholarship, she is the granddaughter of JCHCE long time members and Board Director, Clarence and Imogene Lamczyk. By the sounds in the room, members and guests seemed to

enjoy the annual meeting. Our members collected food, cleaning and personal supplies for two local food pantries and brought them to the annual meeting, our members were abundantly generous with their donations and both our food pantries were grateful for the wonderful support. Unfortunately, the need continues to grow, JCHCE is proud to be able to support our community and its food pantries.

Our April lesson focused on Alzheimer's. We held the lesson at Lavender Ridge memory care, an exclusive, licensed community providing specialized care for individuals with memory impairments. The lesson included the development, symptoms, and treatment of Alzheimer's. The statistics on Alzheimer's were quite shocking, EVERY 67 SECONDS someone in the United States develops the disease. Anyone with a brain can get Alzheimer's.

In May, we decided to start collecting amber colored medicine bottles. There is a need for them in Africa and our local church is collecting and mailing these to Africa to fill this need. We felt this was a good cause, recycling and helping others.

Our May lesson was about miniature gardens, what a fun and whimsical lesson. There are certain plants you should use, but you can let your imagination go wild with decorating it. Of course, there are many little figures, furniture, lighted lamps, tiny houses, little animals, birds, and lovely fairies you can purchase but it is also surprising how you can look at a tiny thing in your home and all of a sudden, it looks like a perfect pathway for your miniature garden. There is no limit to what you can do. In addition, this month we discussed and voted on our HCE Week activities, October will be here before you know it.

In June, probably a lesson on hollowing out a tree trunk to make a canoe would have been useful, our lesson, still appropriate for this time of year, was on cooking garden fresh vegetables. We had tips on how to buy, how to wash and some cooking tips for fresh produce, along with several recipes. If you enjoy fresh vegetables this is a great time of the year, if you can visit a farmers market and support your local farmers.

Jefferson County Board members attended District 7 District meeting, we left with new helpful information and had a chance to visit with friends from other counties. We had over 50 in attendance. The venue for our conference sounds lovely, we are looking forward to attending.



DISTRICT NEWS

Jefferson County, continued

Have a wonderful summer; make time for a casual walk in the forest or a park. The breeze, the trees, the honeybees—all volunteers! (Juliet Carinreap) We all know the value of appreciating a volunteer.

*Volunteers don't get paid, not because they're worthless,
but because they're priceless.*



Sil Morss
Public Relations

JOHNSON.....

For the third year, the Johnson County HCE has hosted a "Ladies Luncheon" the Saturday before Mother's Day.

Again, this year, on May 9, four generations of area women gathered for a gourmet luncheon prepared by HCE members. The guests were welcomed by HCE Board president, Faye Mize. The invocation was given by board member, Phyllis Webb.

The menu included chicken casserole, spinach-strawberry salad, glazed carrots, rolls, and a selection of layered desserts, along with tea, lemonade, and coffee.

The gala was held at the Community of Christ Fellowship Hall, Tunnel Hill Road, where each elegant tablescape had been planned by a member using her own china, silverware, napkins, glassware, and accessories. The peony centerpieces were designed by member, Diane Leslie. Each round table seating six, was covered with a white floor-length tablecloth.

Entertainment was provided by local musicians, vocalist, Jeff Mears, and Kevin Breeden, at the keyboard. The duo provided standard and contemporary selections. The printed programs included a poem by Helen Steiner Rice, "A Mother's Love."

The speaker was Kaye Reed Howell, a noted artist of Marion, who spoke on her recent book, that she had both written and illustrated, "Old Yesterdays and New Tomorrows". She shared her memories about growing up in Benton and West City, in the 1940s. She was presented a hanging petunia by Faye Mize.

Area merchants and individuals had generously donated an array of door prizes and silent auction items. The ongoing silent auction bidding continued until the end of the event, when the results were announced, after a session of friendly competition.

The luncheon event serves as a fundraiser for the two scholarships presented to a senior from each of the county high schools, Goreville and Vienna.

For several years, an antiques event/luncheon, "What's It Worth?" was held to raise scholarship funding. This was held in co-operation with a Paducah television station, that has discontinued the project.

The HCE Board then decided to hold a luncheon, which has proven to be a success, since 2013. The silent auction raised \$513.50, and the luncheon tickets brought in \$585.

The "Ladies Luncheon" is in the planning and already on the agenda for May 7, 2016.

Dixie Terry
Public Relations

MASSAC.....

Massac County HCE and 10 4-H members worked together during a workshop on April 25. The purpose of the workshop was to help improve 4-H members' sewing skills and make dining scarves for residents of the local nursing homes.



*Pictured at left:
Millie Wilson and
Savannah Meadows
cut out one of the
scarves.*

Thank you to those who attended and helped with the scarves, offered a sewing machine, or came to support the program. The 4-H'ers, parents, and HCE members made 22 scarves that were delivered to



DISTRICT NEWS

PERRY.....

Perry County HCE has been busy as usual!

Rhonda Shubert, Perry County 4-H Program Coordinator and Perry County HCE member, was named the 2015 Pinckneyville Citizen of the Year by the Chamber of Commerce!!

In addition to her dedication to Perry County's 4-H and HCE programs, Rhonda is active with many activities through her church, at our high school and in the community. Perry County HCE couldn't be prouder of Rhonda!

We had our annual Passport Party on April 16. There was a speaker, a student from Germany currently attending SIU that shared with us the country of Germany. The menu for this year was: sausage and sauerkraut, Pennsylvania Dutch corn pie, Grune Bhonon (green beans), Sweet-sour red cabbage soup, German Potato Salad, German Chocolate Cake, Apfelstrudel and Kuchen, and cucumber-dill salad.

Perry County HCE also hosted an end of the year picnic at the Rural Heritage Museum in Pinckneyville. The program for the afternoon, given by member Francis Milam, was on bullying.



Pictured above – Perry County HCE member, Francis Milam giving a lesson on Bullying at the End of the Year Picnic.

Our units donated over 100 items to the local Crisis Pregnancy Center. Members also continued to make and donate Wish Pillowcases and collect medicine bottles.

Sara Tanner
Public Relations

Massac County, continued

Metropolis Nursing & Rehab Center and Southgate Nursing & Rehab Center. Two were sent to the Goreville Care Center. This year's workshop was funded by a grant from the Monsanto "America's Farmers Grow Communities"; the application was submitted by the Korte family. The Monsanto funding helps organizations enhance programming by investing in educational materials, supplies and non-perishable items (including sewing machines).



Pictured at left: Norma Korte and granddaughter, Larkin Korte checkout the sewing machine used in the scarf project.



Pictured at right: Larkin Korte sews one of the scarves.



Pictured at left: Savannah Meadows models one of the dining scarves

Celebrate Youth was May 19 & 20.

Massac County HCE members presented the workshop, "Healthy Snacks", for 137 of the 7th graders throughout the AJMPU Unit.

Thank you to: Kathy Hutcherson, Mickey Georger, Millie Wilson, Rozann Wilkins, Dorothy Holt, Anita McConnell, and Norma Korte for helping with this Program.



Norma Korte
Massac County Public Relations

DISTRICT NEWS

SALINE.....

Saline County Homemakers have been busy this spring. In April, we had a Ham and Bean dinner. Colleen Alvey and her volunteers prepared and served meals to all stopping by to eat and those who carried their meals home. Our ladies made plenty of delicious desserts to complete the meal. Saline County 4-H members help by clearing and cleaning tables during the event. Special thanks to all who help make the day a success by cooking, setting up, cleaning up and washing all the heavy cookers.

*Pictured at right:
4-H chairperson Andrea Rector presents a check to Nancy Lambert of the Saline County 4-H after the Ham and Bean dinner for helping make the dinner a success.*



As Community Outreach projects, we are collecting COKE points for West Side School. School Aid, Renee Williams, will be using the points for the school's gym programs. We are also collecting can tabs for St. Judes. In June, our units collected puzzle books, crossword puzzle book, and novels for the Marion V. A. These will be delivered for the 4th of July.

Master Gardeners George and Zeda Turner did a May lesson for our Homemakers. We learned a lot of useful information about small gardening, container gardening and raised gardens.

Our June lesson was a Make and Take project. We met at Perfect Rooney's shop and learned how to paint, distress and decorate a photo picture stand. At the end of the evening it was interesting to see how the same photo stand looked different by using different paints and decorations. We all had a great time and thanks to shop owner's Tammi Prather and Patty Peckinpaugh we took home a new home decor photo stand.

In May, Saline County Homemakers celebrated our 97th year with our Annual Meeting. We planned a Mother's Day theme by decorating the tables with photographs of our Mothers. The County Friends unit were the hostess of the meeting. After a delicious brunch, President Jody Moore opened the meeting and members were recognized and awards presented. 2015-2016 officers were introduced to the membership.

As spring comes to an end and summer keeps our lives busy, we wish a safe and blessed summer to all IAHCE members.

Barb Lambert
Public Relations

WHITE.....

Our White County HCE Units have been busy with lots of interesting community projects and lessons.

Four members of White County attended the HCE State Conference in Decatur. Their days and evenings were filled with a variety of classes, dinners, activities and meetings. They had lots to tell us when they got back.

In December, we participated in White County Christmas with a chocolate tasting contest; fun was had by all.

In April, we had our Style Show and Salad Luncheon Fundraiser, that's to all of the HCE ladies that modeled for the event, we raffled baskets and the luncheon was a great hit.

Our May lesson was Seafood. We brought seafood dishes for everyone to sample and recipes to exchange. The Seafood lesson was given by Vickie Hobbs.

The 75th Annual Meeting of White County for HCE was held on April 22nd at the White County Extension Office Building. The theme was "Been Cookin' for 74 Years". We collected change for the Water Filter Project, promoted by the National Outreach Program, for Water Around the World. The filters are for women to have clean water for their families. The filters cost \$60 each, but last a lifetime.

In June one of our greatest community achievements was planning a bake sale and walking White County Relay for Life Cancer Crusade. We wanted to honor our heroes we lost last year and our survivors from our HCE group.

Ludene Taylor put a lot of effort into making a poster with our HCE Survivors and our heroes we lost this past year with pictures.

Thanks Ludene for all you do for our community. She put in 2500 volunteer hours this year. Volunteers are the heart of any community, large or small. Lets work together to finish the fight.



DISTRICT NEWS

White County, continued



Left to right: Karen Sneed, Ludene Taylor, Beverly Wynn, Lyndel Brennan, Doris Stinson, Wanda Ackerman, and Frances Matheny

We are looking forward to all we can do for our community in the year ahead.



We ended our year with a picnic and Bingo. Everyone had a great time.

Never let the wrinkles on your skin shrink your heart. Wear a smile, it's the best facelift ever.

Frances Matheny
Public Relations

WILLIAMSON.....



WILLIAMSON COUNTY HCE Officers and Directors

We have a location for our annual HCE of Williamson County Bazaar this year Nov. 7. With a luncheon of ham and beans prepared with cornbread and fixings by our own treasurer and cook-book author, Jo Barger, we are excited about a new location for the 9-3 p.m. event.



Historical train Depot in Marion, IL

Although the Williamson Co. Fairground has been our bazaar site a couple of years, it is not available, so we are going to be in a Historical train depot in Marion on East Main St. Raffle tickets and a drawing at 2 p.m. that day will feature gift baskets made by each of our units. Crafts and baked goods will also be featured.

We are looking forward to the meeting in Effingham and to meeting with other counties in our district.

Our board is also looking forward to our International Luncheon October 8 in Energy, IL planned by Karen Williams and Billie Mathis.

Our county is still preparing and serving a meal at the Lighthouse Homeless Shelter in Marion on the fifth Saturday months with different units taking turns as well as the HCE Board members when needed. ➡

DISTRICT NEWS

Williamson County, continued

The county has had several public service projects including clothing for homeless veterans collected and donated through the Marion VA Hospital contacts.

The Care and Share Unit has donated \$2000 in total to Gumdrops in Carterville's director, Amy Simpson, to help with the food that organization distributes to children throughout Southern Illinois who have been identified through the schools with a need for this service.

President Charlene Morris has asked us to be thinking about other groups HCE could be contributing to in the future.

Our membership chair, Connie Beasley, reports our county has 86 members currently.



Pictured at left: Marilyn Daughhetee

Our annual meeting in April was well attended and featured a salad supper and program by outgoing state president, Marilyn Daughhetee on her trip to India.

Marie Samuel
Public Relations



Water Around the World NVON Project in Common 2013-2015

The NVON "water filter" project in common will be drawing to a close as of December 31, 2015. The objective of the three-year international project was to present an overview of how water is an essential resource and fundamental building block of life, present an awareness of problems that could arise when clean water is lacking in communities, and how we can help those in need around the world.

The eight member states of the NVON were encouraged to participate by raising funds to purchase filters. The states responded by collecting \$10,867.90 in 2013, \$40,375.07 in 2014, and as of June 30, 2015, \$15,490.19 has been collected. A check for \$4,214.34 was presented at the NVON Conference held in Martinsburg, West Virginia on July 14 thru 16, by IAHCE president, Jane Chapman and the other delegates from Illinois, bringing the total raised in Illinois for the water filter project to \$11,093.52! Great work "Team IAHCE"!

The different areas of the world that have benefited from the filter project are; Malawi, Thailand, South Sudan, Liberia, Sierra Leone, Maratane Refugee Camp in Mozambique and most recently Kathmandu, Nepal. The filters sent to Nepal were distributed to schools, orphanages, and villages in the aftermath of the earthquake.

The filter project officially ends as the Project in Common at the end of the year. Due to the popularity of the project, the continued demand for filters throughout the world, and the public awareness that NVON is receiving the filters project will continue as a special activity project. More info to come on the new Project in Common for 2016 thru 2018 entitled "Eat Local, Eat Healthy".



IHCE President Jane Chapman, center, presented a check to Lou Haverman, left, representative of the company that makes the filters and to Wade Robinson, right, a minister and missionary who delivers the filters and helps distribute them to the areas in need.

A little side note...We don't always know the power of the website...A third grade teacher at Barry Elementary School in Cortland, NY stumbled upon the NVON website and requested information on the water filter project. Her class educated themselves on the importance of clean water and the fact that all children do not have that luxury. They organized a plastic bottle collection, bake sales, and encouraged their PTA for fundraising efforts. They contributed \$1080 toward our project to purchase filters.

WOMEN WALK THE WORLD

Participation in Women Walk the World helps ACWW achieve its goal of connecting and supporting women worldwide.



JERSEY COUNTY



EFFINGHAM COUNTY AND CLAY COUNTY



LAKE COUNTY—G. Dughi and Lauri Hargrove



**LAKE COUNTY
Bernadette Schembari**



LAKE COUNTY — Roseann Rendl and Helen Miner

April 29, 2015 was a beautiful day that added to the enthusiasm of 20 **DE KALB COUNTY** folks as they walked to raise money to fund a Ceramic Water Filter factory followed by fellowship of soup and bread while listening to speakers Kurt Thurmaier and Mary Okeyo talk about the water project.

The factory will be owned and operated by women potters in Tanzania. The SAFE Water Now filter tests at 99.9% microbiological effectiveness. The women will have income for their families and their community will have access to safe water. \$5,000 collected previously by the Homemakers has funded the factory which is being built with cooperation of Tanzania Development Support and Northern Illinois University. Two University graduate students are going to Musoma this summer to advise the women on the business side of their project.

The annual walks will help defray expenses to keep the factory going. A portion of our Women Walk the World proceeds each year is being sent to ACWW.



DE KALB COUNTY

NEWS AND NOTES

**2015
INTERNATIONAL
YEAR OF SOIL**



**Year 2015 was declared
the International Year of Soils
by the 68th United Nations General Assembly.**

AIM: Raising awareness of the importance of soils for food security and essential ecosystem functions is the aim.

From food purchase choices to simple gardening activities or even operating an ecosystem valued farm all of us can connect to the International Year of Soil .

INTERNATIONAL DATES TO REMEMBER

- September 9, 2015 Mongolian Greenhouse Project donations.
This is a project with 25 member organizations of our affiliates Country Women's Council and the USA Area of Associated Country Women of the World.
Send to Bev Combs, IAHCE Treasurer
- October 1, 2015 Send Homemaker Exchange Host notification to Pat Weitzmann, IAHCE International Director
- October 1, 2015 Send Illinois non-profit organization suggestions for donation to Pat Weitzmann, IAHCE International Director



ACWW
Associated Country Women of the World

NVON National Volunteer Outreach Network




CWC Country Women's Council USA

The IAHCE affiliates CWC and NVON are supporters of ACWW. IAHCE members get the opportunity to help with various initiatives and projects from CWC and NVON.

A special thank you goes out to all IAHCE members for supporting the following besides their separate efforts to collect Pennies for Friendship, our mainstay support of the work of ACWW:

- PointONE Filter, a portable water purification device, purchase and distribution initiative in support of the NVON "Water Around the World" project in common for years 2013 - 2015
- Mongolian Greenhouse project, ACWW's approved project No. 0973, adopted in September 2014 by the 25 member societies of CWC. Illinois will be done with its part of fundraising for this project later this year.

Pat Weitzmann

THANK YOU NOTE

(to Marilyn Daughetee, past IAHCE President)

Dear Marilyn,

I write on behalf of ACWW to acknowledge receipt of the absolutely fantastic donation totalling \$6988.95 for our various Funds. These are most welcome contributions!

Please convey our thanks to all the members of Illinois Association for Home & Community Education for their wonderful generosity and support of the work of ACWW.

Donations such as these are what allow us to continue our work in connecting and supporting women and communities worldwide.

Once again, thank you very much for your continued support for ACWW. It is greatly appreciated.

Yours sincerely,
Poonam Gill
Office Administrator

INTERNATIONAL NEWS and NOTES

ADOPTED PROJECT IN SRI LANKA

Earlier this year IAHCE was fortunate enough to come off the waiting list and adopt a project through our affiliate, The Associated Country Women of the World (ACWW). It officially has the title “PROJECT NO: 0981 Cultivation Skills and Education/School Support for Children, Women and Families”.



Sri Lanka, known previously as Ceylon, is an island country in the Indian Ocean south of India. It is slightly larger than West Virginia. Sri Lanka has a population of 20.48 million, while West Virginia has a 1.85 million population.



This project is sponsored and managed by NEST a member society of ACWW just like IAHCE. It has 173 members (100 of them women). ‘NEST began in 1984 and works with vulnerable people in many areas of Sri Lanka, focusing particularly on issues such as mental health and abuse. The organization’s Community Health Workers carry out home visits, accompany sick people to hospital, offer counselling and provide many other types of support to those in need’. Our Adopted Sri Lanka Project is the fourth one year project from Nest that ACWW has funded since 2010. They have a

great success record, so their very ambitious goal expecting to help around 150,000 women, 30,000 men and 75,000 children is doable.

‘NEST plans to train families and communities in cultivating their home gardens to produce a better harvest of vegetables and fruit. The beneficiaries can then use the produce themselves to improve their diets, and sell the surplus at local markets (Polas). NEST will also provide support for school children, such as helping with bus fares and providing school uniforms and essential school equipment, to encourage regular attendance. Often children without a proper uniform abscond from school because they are ashamed, thus damaging their education. Various types of skill training will be offered to women and to children (through linkages with local government schools). The Community Health Workers will also encourage the beneficiaries to put some of their income into a Savings Bank account. It is hoped that as a result of this project, the beneficiaries will have more of a sense of purpose in life, have more income and, for the children, be in a better position to benefit from the educational opportunities which they have.’

Near the end of 2015, we expect a progress report on ‘Our Adopted Sri Lanka project’. It began in March and is going well per ACWW. See pictures included with this article.

Please support Our Adopted Sri Lanka Project. Tell all members in the County HCEs more about the project. Ask for donations to help support our pledge of £2,140 (about \$3,214.) A portion of this pledge can be covered by our usual Pennies for Friendship collections throughout this year.



Contact Pat Weitzmann, IAHCE International Director, for more project details.

Note: Quotes from ACWW

NEWS AND NOTES

IT'S A NEW TIME IN HCE... IT'S SOCIAL MEDIA

Social media is just one more way for our membership to reach out to prospective members, stay connected with members and spread the work about HCE.

More and more members (and non-members) expect an organization to have a website, have a Facebook page, and join in Twitter to follow what's going on in the organization.



Sharon Middleton maintains the IAHCE website:

www.iahce.org



Sharon Davis has begun a Facebook page:

State Iahce



ACWW / CWC AREA MEETING

A great gathering in Oklahoma is scheduled for September 20-22, 2015.

The host society, Oklahoma Home and Community Education, have some big things in their plans to celebrate the 75th Anniversary of Country Women's Council USA.

It has been announced that the ACWW World President, Mrs. Ruth Shanks will be speaking about ACWW and her experiences since becoming President.

The ACWW Secretary and Triennial Chair, Henrietta Schoeman, along with the Triennial Vice Chair, Chris Tresick, will also be bringing information on World Conference August 2016.

www.cwcusa.org

FACEBOOK * FACEBOOK * FACEBOOK* FACEBOOK * FACEBOOK *

Sharon Davis, IAHCE Family & Community Issues, has put HCE on Facebook!!

Sharon says;

If any of you are on Facebook please go to **State Iahce** and look at the page. Just got it started. I wanted Iahce in all caps but it wouldn't let me. I also couldn't put the full name underneath. It would only let me do so much.

We are going to add pictures to the Facebook page. If this becomes a problem with people not wanting their picture on Facebook then we will stop.

I would appreciate if it you would send me any pictures through email that the HCE units do through out this year. I will probably use some of these pictures for the power point in March 2016 at conference.

If there is anything you would like put on Facebook please let me know. (Relating to Home Extension)

Be sure to **hit the like** button and invite more people to check it out along with HCE members. Spread the word.

Thanks
Sharon K. Davis

FACEBOOK * FACEBOOK * FACEBOOK* FACEBOOK * FACEBOOK *

FACEBOOK * FACEBOOK * FACEBOOK* FACEBOOK * FACEBOOK *

FACEBOOK * FACEBOOK * FACEBOOK* FACEBOOK * FACEBOOK *

And for anyone who wants to "like" the page, Caitlin Huth, IAHCE Liaison, maintains for Extension, please see <https://www.facebook.com/UIExtensionNWDMP>.

FACEBOOK * FACEBOOK * FACEBOOK* FACEBOOK * FACEBOOK

MEMBERSHIP MATTERS!!

Ask a friend to join you in your HCE activities!
Add "just one more" member to your unit—to your county. That's new additions to IAHCE.
Continue to be on the lookout for new members.



NEWS AND NOTES

IAHCE PRESIDENT star of Jefferson Annual Meeting

"Communication and enthusiasm are the keys to rebuilding Home and Community Education", this was the jest of the message brought to us by Jane Chapman.

Our theme was "Come to Together with Happy Trails with Jefferson County Home and Community Education".

The room was decorated with a western theme with many dressed in western attire. Western music was provided by Jack Townsend and Jerry Yearwood. Jane got into the spirit of the evening by wearing western wear, down to purple boots.

She stressed each member was a part of the HCE TEAM. Communication is the key. Next time there is a meeting in Jefferson County, call a friend to join you. Jane gave the analogy of a walk she took each day up a very steep hill. Sometimes when tackling it she must tell herself "I can and I will. I can and I will" . "We can and we will" as a team continue to grow and prosper IAHCE.

She said members should invite friends and neighbors to HCE functions, challenged us to "get excited and enthusiastic about HCE".

She quoted the Roman emperor Marcus Aurelius: "When you arise in the morning, think of what a precious privilege it to be alive - to think, to enjoy, to love" and in that spirit live each day to the fullest and join together to help "TEAM IAHCE" grow.



RUTH B. SAYER SCHOLARSHIP

Victoria Gregory, Sandwich, Illinois is one of four Ruth B. Sayer Scholarship recipients. She is the first applicant from Illinois to be named for several years.

Both of her parents have been out of work for more than a year but are presently working.



Victoria will be attending Western Illinois University in Macomb, Illinois, for a Bachelor's degree in Nursing. She attended Sandwich High School and also Indian Valley Vocational Center where she received her Certified Nurses Assistant (CNA) license in April.

In one of her jobs (Raging Waves Waterpark in Yorkville), she trained in CPR, basic life support and first aid. Besides working at several different jobs since she was 16 (to help her family finances and to save for college), she volunteered with Millbrook Trail Rides, where she helped them start a new business when they couldn't afford staff—she helped with the care, training and feeding of the horses, and helped prepare and give lessons and trail rides. Each year she spent 150 or more hours volunteering.

In school she was a member of Peace for Paws, an animal rights and protection club, and DCP Safe, a club against teen drinking, smoking, drug use and promotes safe driving. During study hall she volunteered in the school office and the guidance office.

“Ever since I was 10 I knew I wanted to go into the medical field and help people. This is one reason I am getting my CNA early. My Bachelor's is only my first educational goal. My second is to get my Master's in Nursing so I can one day be head of a unit or help kids like me fulfill their dream... and teach a CNA course,” she says.

One character letter writer wrote: “Based on her experience in sports, success in the classroom, community involvement and personal characteristics, I would highly recommend Ms. Tori Gregory.”

Kendall County
Joan McEachern

MEMBERSHIP MATTERS

IAHCE SCHOLARSHIP AWARD WINNERS



WILLIAN (Billy) HATFIELD, Dahlgem, IL
Hamilton County District 7
Family member been a member of IAHCE 17 years

“After graduation, I plan to pursue a career in the field of communications, both in radio and television. I am hoping to become a farm broadcaster for a radio station, and work utility at a television station. I am currently pursuing a degree in Agricultural Communications with a specialization in Broadcast Journalism and have worked as DJ for an alternative radio station on campus. I feel as though, by combing communications skills I have developed through 4-H, FFA, CFB, working on-air at WPGU, and running camera and technical director for WILL-TV, with the skills and knowledge I have in agriculture, I would be able to effectively communicate and inform the public. I am excited to see what the world has in store and am ready to see how far this “face made for radio” can take me.



AMY KOVARIK
Benton, IL Franklin County, District 7
Family member been a member of IAHCE 35 years

“Following graduation from Sesser-Valier High School, I plan to attend Rend Lake Junior College in Ina, IL too achieve my Associates in Science degree in Agriculture. I will get my general studies completed at Rend Lake College prior to transferring to Murray State University in Murray, Kentucky, where I will complete my Bachelor of Science degree in an Agriculture-related field.”



ARDEN MEINERS, Mackinaw, IL
Tazewell County, District 4
Family member been a member of IAHCE 50 years.

“The best career for me that implements both science and service is to become a Physician Assistant. To make this dream a reality, I am attending the College of Coastal Georgia and working towards my Bachelor of Sciences degree with a Pre-Professional track. PA school require two to three additional years of education after I have completed my undergraduate degree.”



JENNA MEINERS, Mackinaw, IL
Tazewell County, District 4
Family member been a member of IAHCE 50 years

“I am an accounting major and plan to be a CPA, which requires five years of schooling. I am finishing up my freshman year of college at Southern Illinois University in Edwardsville, and have direct admittance into the School of Business in the Honors program. I was on the Dean’s list for the 2014 fall semester and am a member of the National Honor Society at SIUE. I am also a member of the Alpha Phi Epsilon Xi sorority. I hold a leadership position as the Director of Watchcare for Alpha Phi.”

SUPPORT FUND REPORTS

Johnson County

Ladies from the 5 County area of Alexander, Johnson, Massac, Pulaski and Union Counties gathered October 13, 2014, at Shawnee Community College to experience a variety of sessions in Family and Consumer Science. Participants were welcomed by Jody Johnson, Unit 27 Director, U of I Extension. The purpose of the event was to promote awareness of Home and Community Education and provide lesson models which could be taken back to the local units.

Local newspapers and Home & Community Education newsletters advertised the event inviting both members and non-members to attend. Offering an opportunity to attend a variety of lessons taught by U of I Extension Educators and to win a special door prize at the end of the program. All door prizes were donated by HCE members and units.

Ladies were invited to bring quilts for display and competition. Attendees were given tokens to vote on their favorite quilt and the winner was recognized during the closing event. Ann Stachowiak from the Tunnel Hill Unit in Johnson County was voted the winner and recognized by Jody Johnson, U of I Extension Unit 27 Director.

Sessions offered a variety of topics including: Seeds of Blessing, Mindful and Soul Care, Head Strong (Brain Exercises), Parenting 101, The ABC's of GMO's, Eating Well As You Age, More Bang for Your Buck, Germ Wars – The Most Dangerous Room in Your Home, Swedish Weaving, Greeting Card Embroidery, and Strong Women and Men. Those in attendance could choose from two or three sessions to attend. Presenters provided detailed lesson handouts, so participants would be able to take the lesson back to units and share with other HCE members.

Morning refreshments and a delicious lunch were provided and funded through a \$10 registration fee. The food was prepared by local caterer, Connie Lowery.

Following lunch, the ladies were entertained by Camilla Horn and Karen Carlton of Premier Designs. They showed the trending fall colors and a variety of coordinating versatile jewelry designs. Audience members served as models for select pieces.

A notebook documenting the event with a registration packet, pictures, lesson handouts and evaluation results was on display at the 2014 IAHCCE State Conference.

McLean County

We were looking for a way to get our name out in the community. We were tired of people saying "Who?" when we mentioned our group. We decided to purchase a handy kitchen gadget which would include our name. We researched several different gadgets and decided on a small scoop which holds less than a cup to be used inside a sugar or flour canister.

We found the scoops in several locations but decided on the scoop from Promoslogos because they would be able to get our entire name, McLean County Association for Home and Community Education, spelled on the handle without any abbreviations.

After we received the scoops, we took them to McLean County 4-H Fair to distribute them. We set up a booth with handouts of previous lessons, copies of our county newsletter, tri-folds about our organization, a display of ongoing monthly projects, as well as a display of the water project "Water Around the World."

The booth was staffed by HCE members each day of the fair. The members asked visitors to sign our attendance list and, then, we explained our organization, activities, and projects as well as encouraged them to pick up copies of the lessons.

At the end of their visit, we thanked them for listening, closing with "Now that you have listened to the scoop on our organization, we would like to give you a scoop to remember us and possibly remind you to join our organization at a later time." (We distributed approximately 100 scoops in 4 days).

After the person left our booth, our members were encouraged to indicate on the attendance sheet if they felt the visitor acted as if they would be interested in joining our organization. After the fair, letters were sent to those who showed interest, inviting them to join us.

Now that the fair is over, we are giving each new member a scoop as well as the member who brought them into our organization.



BEHIND THE SCENES

The IAHCCE Board met in June to conduct their regular business plus plan for the District meetings in August.



No matter where you find this group of board members, they are always promoting this organization to anyone and every one they see....

President Jane found this lady at Cracker Barrel and District Director 6 Marilyn found this potential member at breakfast in the Hotel where the Board was staying..

Keep your eyes open, there are possible members everywhere!!



TEAM IAHCCE may seem a little goofy at times, but after working into the 'wee' hours on their different projects for upcoming meetings, maybe that can be overlooked.

President Jane and her REALLY BIG gavel



Two blondes who fell into a well.

One said to the other, "Is it dark in here!!!!"
The other one said, "I don't know, I can't see."

DATES TO REMEMBER

2015 IAHCCE Workshops

Districts 6 & 7 August 11
St. Johns Lutheran Church
903 W. Jefferson
Effingham, IL 62401

Districts 4 & 5 August 12
Decatur Club
158 W. Prairie, Decatur, IL 62526
Decatur, IL 62521

Districts 1 & 2/3 August 13
Illinois Valley Community College
Oglesby, IL 51348

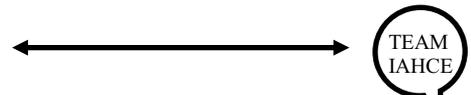
2015 CWC USA/ACWW USA Area Meeting
September 20-22
75th Anniversary meeting and celebration
Hyatt Regency Tulsa, Tulsa, OK

2016 IAHCCE Annual Conference March 15 - 17
Embassy Suites, East Peoria

2016 NVON Illinois hosting July 19 - 21
Marriot Hotel, Normal, IL

2016 ACWW Triennial Conference August 17 - 23
Warwick England

2016 CWC USA/ACWW USA Area Meeting
September, 2016
Location To Be Announced



NOTE: The following donations are due to IAHCCE Treasurer, Bev Combs:

- June 30, 2015 NVON's Water Filter Project fundraising ended in Illinois. All remaining monies due .
- November 15—Pennies for Friendship due from counties.



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