

ILLINOIS ASSOCIATION FOR HOME AND COMMUNITY EDUCATION

VOLUME 79, ISSUE 2

AUGUST 2016



NEWSLETTER



Inside This Issue

Board Members	2
President's Letter	3
First/Second Vice President	4
Secretary/Treasurer	5
Education Reports	5-7
U of I liaison	8
District News	38-39
Scholarship winners	40
International News	41-42
Calendar/Notes	43

ROLLIN' ON THE RIVER WITH IAHCCE

ILLINOIS ASSOCIATION FOR HOME AND COMMUNITY EDUCATION

OFFICERS

Jane Chapman..... **President**
936 Hollyhock Road..... cell 618-317-2727
Coulterville, IL 62237.....ejanec50@gmail.com

Norma Korte.....**1st Vice President**
3532 Mermet Road.....618-524-2778
Belknap, IL 62908.....kortes@kortefarms.com

Angela Hicks.....**2nd Vice President**
500 Moraine Hill Drive.....847-516-1529
Cary, IL 60013.....angelashicks@yahoo.com

Donna Richards.....**Secretary**
803 W. Jourdan Street, Apt. B3.....618-554-1790
Newton, IL 62448.....dsrichards001@hotmail.com

Beverly Combs.....**Treasurer**
17275 E. Lower Park Road.....217-826-2735
Marshall, IL 62441.....bvcombs@gmail.com

DIRECTORS

CULTURAL ENRICHMENT

Peggy Long
2990 Knox Hwy 3.....309-483-6594
Altona, IL 61414.....pnjlong@otemail.com

FAMILY ISSUES/COMMUNITY OUTREACH

Sharon Davis
16015 E. 700th Avenue.....217-536-6032
Watson, IL 62473.....skdavis21@gmail.com

INTERNATIONAL

Pat Weitzmann
23485 Eagle's Nest Road.....847-395-6255
Antioch, IL 60002.....pweitzmann5@gmail.com

PUBLIC RELATIONS

Pat Hildebrand
302 N. Hutton Drive.....618-783-3567
Newton, IL 62448.....normpat4@yahoo.com

CERTIFIED VOLUNTEERS / SALES

Esther (Joan) Stanley
3204 S Earle Court.....217-344-3339
Urbana, IL 61802.....ejoanstan1@live.com

DISTRICT DIRECTORS

Cara Ausmus.....**District 1**
509 Hwy 94.....309-582-4416
Aledo, IL 61231.....carahcel@gmail.com

Kathy Peterson.....**District 2/3**
320 N. Calhoun Street.....815-942-3667
Morris, IL 60450.....mycatsqueeky@sbcglobal.net

Mary Eustace.....**District 4**
48010 166th Avenue.....217-829-4016
Pearl, IL 62361.....maryliz246@aol.com

Kathleen Emery.....**District 5**
21159 N. 1900 East Road.....309-728-2784
Towanda, IL 61776.....ksemery@frontiernet.net

Marilyn Schaefer.....**District 6**
9891 N. Briar Lane.....217-821-0508
Effingham, IL 62401.....marilyn67@frontiernet.net

Janel Kassing.....**District 7**
328 S. Main Street.....618-977-1175
Red Bud, IL 62278.....janelkassing@yahoo.com

UNIVERSITY OF ILLINOIS EXTENSION LIAISON

Caitlin Huth.....**Extension Educator**
3351 President Howard Brown.....217-877-6042
Decatur, IL 62521.....chuth2@illinois.edu

WEBMASTER

Sharon Middleton
1190 Chelsea Way.....217-877-7229
Decatur, IL.....itole2@sbcglobal.net

Website: IAHCE.org

Facebook: State iahce

FROM THE DESK OF THE PRESIDENT



August 2016

Greetings fellow HCE members,

*“Ridin’ in the Buick Enclave, Illinois highways Monday morning route
One sole car, sometimes one restless rider, three cups of coffee and 25 chips ahoy!
All along the highways north and south, the car pulls out of Kankakee and rolls along
past houses, farms, and fields!”*

This is my version of the “City of New Orleans” song, made popular by Arlo Guthrie and Willie Nelson, that I will make my theme song as I travel the state visiting the counties! With only being in the fifteenth month of my three-year term, I have been able to visit about thirty of the counties in the IAHCE organization. I am thoroughly enjoying the opportunity to visit the counties and hope I get an invite from those of you that I have not visited to come share time with your membership! I really like this part of my job as your president!

The June board meeting was very good and the board accomplished a lot in a short time! There are four positions open on the board this coming year and each of you should consider running for an office. This is a terrific board to work with and a board that really cares about the organization and willing to do what it takes to succeed! The positions open are: first vice president, treasurer, public information, and sales and CVH. We’d love to have you join us in making This organization even greater than it is already!

NVON conference is coming up soon and I hope to see many of you in Normal! It should be a good time with many opportunities to learn some new things and meet some new people! District meetings will follow right after the NVON conference and we will meet again! Remember the District meetings are not just for the officers. Anyone may attend!! The District directors, first vice, and second vice have worked hard to produce a fun, informational, and educational day for all of you attending!

As I have traveled over the state since Annual conference, I sense the membership is excited about the HCE organization again and really making an attempt to share with others. If you attended the Annual Conference and did not leave it feeling excited and enthusiastic you were probably comatose or dead! It was one grand conference and the 2017 conference is in the making to surpass the 2016 so be sure to mark your calendars for March 14-16, 2017 so you can enjoy the fun!

I will leave you with this verse by Doe Zantamata: “We believe what we tell ourselves. Tell yourself: Everything will work out. Things will get better. You are important. You are worthy of great things. You are loveable. The time is now. This too, shall pass. You can be who you really are. The best is yet to come. You are strong. You can do this.”

Later,

Jane Chapman

IAHCE President



EXECUTIVE BOARD



1st VICE PRESIDENT Norma Korte

Hello from Southern Illinois!
What a difference a year makes.
Last year, we had rain almost as
we needed it for crops. This year
it rained all through May and
didn't finish planting till June 9.
As I began writing this article, we
needed rain and had started the

irrigation systems. As I'm finishing writing this, we are starting the pumps because of flooding from too much rain. It is hard for a farmer to stay ahead of the weather.

BOARD MEETING UPDATES: The board members discussed ideas for the August District Workshops, and we continue to share ideas for ways to make the IAHCCE Conference Education Awards Banquet run smoother. During my workshop at the IAHCCE District meetings, I will distribute the list of 2017 lessons from the University of Illinois Educators, which includes the dates they will be presented. I will also include a couple of the lessons presented from the March Conference.

AWARD APPLICATIONS: As our organization continues to grow and evolve, please be reminded the Great American Family award is not just for "farm families", but please include the *whole* family in the application. We hope to honor the entire family, even if some have chosen to pursue careers outside of traditional agriculture. The application can be found on pages 31-33 in the guidebook. Please keep all your supporting materials to no more than 10, double-sided pages. As another note of interest, when you apply for any of the Education Awards, please fill out the form on page 52 of the guidebook and keep your supporting materials to no more than 10, double-sided pages. Refer to page 51 for more instructions on preparing your applications. The web master has also included an application page for easy find of all the applications on the IAHCCE website (<http://iahcce.org/>).

OPEN IAHCCE BOARD OFFICES: There will be four IAHCCE state offices vacant at the 2017 Conference this year – 1st Vice President, Treasurer, Public Relations, and CVH – in addition to two District Director offices. **Please consider serving on the IAHCCE State Board!** It is a great experience to meet new people, work together to help conduct programs for our organization, and help make a difference in the lives of people throughout the state who are involved in HCE.

I look forward to seeing everyone at Oglesby (August 9), Springfield (August 10), and Effingham (August 11). Have a blessed summer and productive Summer!

Norma Korte

2nd VICE PRESIDENT Angela Hicks

Hello Everyone!

Abraham Lincoln once said,
*"It's not the years that count.
It's the life in your years."*

*"Life is what we make it,
always has been,
always will be."*

– Grandma Moses



There is a natural ebb and flow to any organization's membership. It is important to add new members and it is equally important to encourage the current members to participate and enjoy the activities within each county HCE. We must seek opportunities to tell about our organization. If someone asked you why you belong to HCE, do you have an answer that would encourage that person to seek more information about HCE? Perhaps you have forgotten...HCE is about enhancing the lives of individuals and families through quality educational programs and experiences; encouraging responsible leadership and service to the community, all the while making lifelong friends!

Have you found hidden treasures in your county?

Remember the 2016 Membership Challenge —
"Add-a-New Member, Add-a-Pearl!"

How many pearls has your county added so far? I am looking forward to the 2nd Vice President Workshop at the District Workshop to hear about your progress! For more information, look for the "box of pearls" in this newsletter!

My county, Lake County HCE, started a new group! It is called MSHCE – Men Supporting HCE!!! It is our husbands or men in our life!!! They send in their dues, are welcome to get organized or not, attend all events or not — mostly they help us behind the scenes like they have always done! Ladies encourage the guys in your life to join HCE. Lake County plans to have programming geared towards the men as well. For example, we recently had a program on "History of Boating on the Chain of Lakes". Consider this idea for your county!

Smile, be positive and remember HCE is what we make it – it is the life we put in our organization that counts!
See you soon at District Workshops in August!

Angela Hicks

Let's Build Enthusiasm & Membership in HCE!

EXECUTIVE BOARD



SECRETARY Donna Richards

If you have had your annual meeting and sent your Secretary Report Form this year, *thank you*.

If your county has had your annual meeting and you have not sent your completely filled out Secretary Report Form (guidebook page 21) to me and your District Director, would you please help us to stay current? Our addresses can be found on guidebook pages 1 and 2.

Filling the Secretary Report Form (guidebook page 21) completely out every year keeping us updated as to your current officers, even though there were no changes in your roster, is very valuable. It allows your IAHCE Board the opportunity to better communicate updated information to you and your counties.

I look forward to seeing you at the District Workshops.

Donna Richards



TREASURER Beverly Combs

Greetings to all. Hope all of you are enjoying many summer activities. I am enjoying watching my hummingbirds though I don't have nearly as many as I have had the past couple of years.

A couple of weeks ago I sent in the state annual report for IAHCE along with the ten dollar fee. Have you met all of your county filing requirements?

I have already received some monies for Pennies for Friendship (PFF) though they are not due until November. I do appreciate that you are sending the transmittal form along with the check. If you do not have a transmittal form, you can get one from the IAHCE website www.iahce.org. Go to page 22b under Treasurer in the Guidebook. Paper trails are very important for the treasurer's office and that is why I need to have a transmittal form from every county.

I will also mention that other international project monies from you units will be sent on in late fall. As you send checks for these various projects, please make sure you include a note with the project(s) listed.

I am now in my last year as state treasurer. If you are interested in serving in this position, the application needs turned in to the state board by October 1. The application form can be found on the IAHCE.org website. The state board is a great group. I personally enjoy traveling to different parts of the state and meeting lots and lots of people.

The District Meetings are rapidly approaching and I am looking forward to seeing many of you again and to meeting new people. I will include transmittal sheets for Pennies for Friendship and for state dues in your county packets.

Have a safe and enjoyable summer.

Bev Combs

CULTURAL ENRICHMENT Peggy Long



Hi, People,

We just finished our June board meeting, all we did was party, no work done at all. Ok, so sometimes when you are enjoying your work it seems that way, but we sure get tired. We do have a fun board now, and we need some new members, so if you like to have fun while you are getting your work done, maybe you should see about joining us.

I did make the changes we talked about for the Cultural Arts show for State Conference. If you are already working on a project it will be ok, it just might be in a different category, but all the other rules are still the same. I will hand out the new sheets at District Workshops, so come get yours then.

Also remember to bring a cute craft to show at District Workshop along with directions. And as always if you want me to make copies, send them to me at least 2 weeks before the workshops. I am working on a couple of things also, so come join us and have some fun and share ideas, and laugh at us board members.

Peggy Long



Strength is the ability to break a candy bar in four pieces and then eat just one!

EXECUTIVE BOARD

INTERNATIONAL DIRECTOR Pat Weitzmann



Planning for year 2017 International Meetings those Education and Outbound Homemaker Exchange is underway.

At the August 2016 District attending the International Share Shop will learn of the year 2017 focus for International, how and when to complete an application for outbound exchange to Estonia, how to ease and focus the task of completing an Education Award Report, the new 2017 country of study (It's in a different continent), and receive a Pulses (dried beans/pod seeds) cookbook.

The International Exchange Committee met during the June IAHCE Board Meeting in Galesburg. One major task was the designation and distribution of year 2015 Pennies for Friendship monies generously donated by our IAHCE members. [See 'Donations Expanded' article in this newsletter on page 42.]

A few other items of note are:

- decision to continue the non-profits in Illinois donation program;
- thank you certificates received from Associated Country Women of the World for our organization's financial support of Sri Lanka Project #0981 and Mongolian Project #0973;
- member's section added to ACWW website, including ability to read the Country Woman magazine on line. (All IAHCE members can access this section).

An IAHCE Cultural Arts Show category has been added in support of international applied arts. It is category 2400 'Craft from current Country of Study'. Thank you IAHCE Cultural Enrichment Director Peggy Long for your efforts on this.

I am completing preparations for attendance at the ACWW Triennial Conference in Coventry, England August 17-23, 2016. Our President Jane Chapman is unable to attend, so I am the designated delegate from Illinois. Additionally, I am a candidate for the position of ACWW Area President - USA. Look for an article about the conference in the December issue of this newsletter.

Thank you to all those county HCE/HEA organizations that did a Women Walk the World event in April or another time this year. Last year you raised \$2,104 for ACWW doing this.

How will you surprise me this year? If you want to help ACWW further, or do something instead of a Women Walk the World event, consider doing a Tea

Time event. You could do this around October 15, International Day of Rural Women, or another time convenient to your county organization.

Dates and Deadlines:

October 15

International Day of Rural Women (an awareness day of women living in rural poverty)

November 20

Deadline for sending IAHCE Treasurer this year's Pennies for Friendship monies

December 1

Deadline for sending International Homemaker Exchange Outbound Applications - destination is Estonia; send applications to IAHCE International Director

December 31

Deadline for submitting Non-Profit Organizations in Illinois Nomination/ Application for Donation; send applications to IAHCE International Director

Keep Learning and Life Fun!

Pat Weitzmann



FAMILY AND COMMUNITY ISSUES Sharon Davis

Hello Ladies,

Well if your summer is like mine, it sure is a busy one this year. I thank God though that I'm able to do what I do.

I have talked to other organizations and even at church about flag etiquette, I hope you have been sharing with others also. There is some pretty interesting facts about our flag that a lot of people don't know.

Our IAHCE State Board met in June and the Education committee is Rolling Down the River with ideas to start in August for the next year.

Family & Community Issues get ready, I've selected a topic and a project to go along with it. So please be sure and come to the District Meetings in August to hear about our next topic.

Be ready to steamboat ahead to work on another issue that affects our families and communities. See you in August.

Sharon Davis

EDUCATION COMMITTEE REPORTS

PUBLIC RELATIONS

Pat Hildebrand

Summer is flying by! It's just about time to get together at the District Workshops August 9, 10, and 11.

To help in renewing or ordering new subscriptions to the state newsletter, I will be at the registration table at the District Workshops. Subscriptions are \$9 a year for 3 issues—May, August, and December. (You don't want to miss the December issue because that is the one with all the information about Annual Conference.)

When is your subscription up? Check the mailing label on your newsletter—it's on the right side of your name.

County Public Relation Chairmen are working on the goal to have a statewide list of newspapers in Illinois to help promote our organization. I've received several names of local papers already. If you can find out the names, addresses, e-mails of papers in your county, would you bring them to the District Workshop? Or, if it's easier, just bring a copy of the newspaper.

Thank you to all of you for getting your articles sent so what all you do can be shared! You all do so much, it's absolutely amazing what you all accomplish and the



lives you touch. Isn't it great to be a part of such an organization as HCE?

See you at the District workshops in August!

Pat Hildebrand

CVH/SALES

Joan Stanley

Hope to see you in August at District Workshop. If I can bring anything from SALES, let me know. Postage is expensive so why not plan ahead. Please stop by my table.

Any questions on using the new volunteer hours form? We can discuss that in our session. I trust you are keeping track of your volunteer hours and remembering to separate HCE time from other time volunteered.

Enjoy the midday air conditioning!

See you soon,
Joan Stanley



Challenge for 2nd Vice Presidents

Find the Hidden Treasures in Your County!

*Add-a-New Member
Add-a-Pearl!*

During 2016, for every new member your county gains, a pearl will be added to a necklace which will be drawn for at the 2017 IAHCE Annual Conference - 2nd Vice President Share Shop!

Main requirement to be eligible is the 2nd VP Membership Report must agree with the Treasurer's Report when dues are paid and of course you have gains (new members). So keep careful records of your gains and losses for the year and make sure you and the Treasurer agree on the final count. Then ask yourself, do I want a matinee or opera length necklace! The more "hidden treasures" you discover, the more pearls added to the necklace!

I also want to encourage all 2nd Vice Presidents to attend the District Workshops to hear more about this challenge and to attend the 2017 Conference to see just how well each of you responded to this challenge! Good Luck!

Angela Hicks

EDUCATION REPORTS

DISTRICT NEWS



U OF I EXTENSION LIAISON Caitlin Huth

I am not sure who kicked off summer with such heat, but I hope you are staying cool around the state. As someone who has gotten to explore new parts of Illinois in recent

months (mostly driving), I encourage you to get outside this summer and go somewhere you have never been. All that green space is relaxing.

For those of you on social media (Facebook, Pinterest, etc.) and internet, be sure to find us online.

UI Extension: www.facebook.com/UIExtension

UI Extension: Around the Table: www.facebook.com/KidsFoodMoneyandMore/

Nutrition & Wellness: <https://www.pinterest.com/ILextNutriWell/>

UI Extension @families: https://twitter.com/uie_families

UI Extension: <https://www.youtube.com/user/UIExtension>

UI Extension Blogs: <http://web.extension.illinois.edu/state/blogs.cfm>

For the 2017 year, UI Extension will be offering Educator-taught and package lessons, and will introduce a pre-recorded lesson. The schedule will be finished in July, and will include an evening lesson. I will pass along the final schedule to the IAHCE board and UI Extension staff and ask them to distribute it within the counties. Be sure to contact your local Extension office to have them register your unit.

If you have suggestions or comments on FCS lessons through UI Extension, feel free to contact me: 217-877-6042 or chuth2@illinois.edu.

Enjoy the sunshine!



Caitlin Huth

KNOWLEDGE
Is knowing
What to say

WISDOM
Is knowing
When to say it

DISTRICT 1 DIRECTOR Cara Ausmus



Greetings from District 1!!

We are starting to see a real gain in momentum of good things happening in HCE here. I have recently completed my second summer board and Jane led us through a very productive meeting.

Come learn about some of our building excitement at your August district meetings. In addition I've been to 8 spring annual meetings that were all very nicely done. Hats off to Rock Island county for an extreme theme event!

We all need to remember to keep on with Guest Who and have a guest at every unit meeting. Be sure to give them a brochure and INVITE them to join and/or come again.

This is a vital relevant organization and we need to share what we have as members with NEW friends.

Make new friends but keep the old one is silver and the other's gold. Keep mining ladies!



Cara Ausmus

MERCER.....

On June 28, the Mercer County HCE Board sponsored a short Garden Tour and lunch. More was planned but did not quite work out. There were 5 members from the Board and 4 guests from the community.

We visited Linda Whitney's gardens once again, at invitation, of course. She has an assortment of annuals flanking her front door, all quite beautiful. She also has many vegetables planted in her produce garden along with a strawberry bed. In her flower gardens there are a variety of perennials mixed with more vegetables and flowers from seed and bulb. Rows upon rows of this arrangement. Awesome to see!. And lastly are her lilies—glorious!—but spreading everywhere!!

After we left Linda's gardens, we traveled to Bishop Hill to have a sit-down lunch. What an amazing lunch at P.L.Johnson's Restaurant.

We left Bishop Hill to travel to Sunnyfield Nurseries. Even though it is at the end of the season, they had many varieties available to purchase—evidenced by our full backseats as we left to head for home.

The Annual Meeting of Mercer County HCE was held on May 19, 2016, at Oakview Country Club, Aledo. We had 16 members in attendance at our 6:00 pm dinner

DISTRICT NEWS

meeting. Our theme was ‘Rollin’ on the River’. Donna was able to secure artifacts from the Museum in Keithsburg. Most of them were photographs of the bridge at Keithsburg and a photo of a riverboat named City of Keithsburg.

*L to R:
Mary Ann Taylor,
Marcia Duncan and Peg
Chambers are seated at
this table.*



We heard the treasurer’s report and the proposed budget. Both were voted and approved. Members received recognition. This night, Ohio Grove Unit, received the unit with the most members in attendance at the Annual Meeting. Well done, Ladies!

Cara recognized that two of our members passed away this year. They were Jane Kenney and Opal Rowe.

Michael and Jennifer Zecher were our guests. Michael provided the program for the evening. The theme for Extension for this year was Rollin’ on the River and our theme for the Annual Meeting was “Rollin’ on the River”



Michael gave us a history of Abraham Lincoln and his involvement with the Mississippi River. As a young boy, Abe would

ride the river and work on a flat boat while hauling merchandise to sell/disperse. He continued to do this even into adulthood. As he grew older, he, of course, studied math, language, and history; not knowing that one day HE would be the one to change history!

Donna Pinger
Mercer County



Mercer County HCE Board Officers: Seated, Susan DeBlock, Etlene Waters, and Cara Ausmus. Standing, Judy West, Marcia Duncan, Lois Retherford, and Donna Pinger

ROCK ISLAND.....

Through the efforts of its members, Rock Island County HCE had a good year. We are proud of the increase in membership of 20 members, 10 of which was a new unit. We are also proud of the hard work our local 4-H clubs and local units put forth to increase sales in our spring Plant Fundraiser. Finding it necessary to use a new supplier and with the increased costs, we needed the extra sales to help cover the extra expense.



Over 6,000 plants were sold. Five very colorful colors of which our helper is holding one.

Our Annual Meeting was held June 19th. Around 9:00 a.m. members started to gather to share conversation, coffee, and rolls. The meeting starting soon after which included a memorial service for departed members and recognition of one 50-year member. District 1 Director, Cara Ausmus, installed the new board.

At the conclusion of the business meeting, carrying out the theme of the past year, many chose to indulge in a delicious lunch and a ride on the Celebration Belle River Boat. The scenery was beautiful along the Mississippi and a lovely day was provided for cruising. There was a great turnout.



Riding on the river! L to R: Marilou Simpson, Emma Hoke, Debbie Maxen, Mary Lou Ecker

The recycling booth at the Rock Island County fair, July 19-23, was as popular as ever. Many HCE members worked hours making useful items from recycled

DISTRICT NEWS

Rock Island County, continued

material. Some proved to be quite unique. Those and other donated items were available for the taking. Some were quite a draw for children.

On July 6th, members leaving the HCE board and the newly installed board met at a local restaurant to share experiences. The 2016 -2017 board then gathered at the extension office to plan for the year. Already in place is the bus trip to White Pines Theatre on August 3rd. Those making the trip look forward to a fun experience as was had last year. The District 1 workshop is on the calendar of most of the board for August 9th. They should return with inspiration and new ideas.

Future plans in the works are the glass-blowing class on October 9th, which should prove to be a new adventure for many. Also, another Cultural Enrichment Day is in the planning stage for October 15th. The lessons are set to go with the first fall lesson already given in May so we can be 'ready to go'.



Saying Good-bye to our secretary at the office.

Wishing all a successful new HCE year.

LaRue Fraser and Mary Ecker
Co-Public Relations, Rock Island County

STEPHENSON.....

On March 19, just two days after the IAHCCE Annual Conference, 4-H Super Saturday was held from 9 a.m. until noon at Highland Community College. It is a morning of DOING, THINKING and CREATING! The University of Illinois Extension sponsors this event and 17 different workshops were offered this year. With the help of Megan and Geri Kubatzke, SCAHCE taught the class on how to arm crochet--"IT'S ALL IN THE WRIST". During the workshop, using nothing more than some chunky yarn and their fingers, the girls made a scarf.

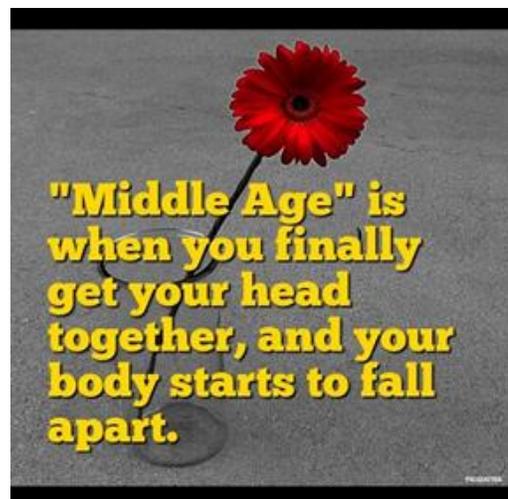
April 2, the Heritage Arts Workshop was held at Holy Cross Church in Stockton. The Carroll, Stephenson, Jo Daviess and Lee County HCE organizations, and the University of Illinois Extension, sponsor this event. Cultural Arts Director, Lynn Lott, taught a class on how to dye silk scarves using a sharpie and alcohol--"SCARF ART". Wheat weaving, quilling, fairy gardens, cake decorating and several other workshop choices were available.

Again in 2016, SCAHCE participated in Freeport's Memorial Day Parade. One of our members drove a van with signs advertising our organization and several other members walked in the parade. We handed out several hundred pieces of candy attached to pamphlets printed with information on HCE.

The 31st Stephenson County Ag Breakfast was held on Saturday, June 25, from 6 a.m. - 10 a.m. at the Stephenson County Fairgrounds in Freeport. Many of our HCE members bake and donate dairy coffee cakes for the breakfast. For just \$5 per person, you can dine on whole hog sausage, beef bacon, scrambled eggs, cheese, coffee cake, milk, coffee and ice cream. Over 2,500 people enjoyed this year's breakfast. Many agricultural displays were set up, including 4-H animals, and antique and modern tractors. SCAHCE displayed several of the fidget quilts our members have made for children, handed out recipes and provided information on our organization.

ENJOY THE REST OF YOUR SUMMER!

Janice Fryer
Public Relations, Stephenson County



DISTRICT NEWS



DISTRICT 2/3 DIRECTOR Kathy Peterson

I am amazed by everything that has happened in less than a year. I went in so naive to what the true expanse of IAHCE truly is.

A big thank you goes out to Angela Hicks who has answered

so many questions and shared her knowledge.

The state board members who have been kind and happy to welcome the new kid on the block. But most of all the members in District 2/3 who felt I could do this job, I am trying to do my best for you and I will keep trying.

Thank you for your prayers, welcome and patience.



Kathy Peterson

best when they have active cultures or probiotics in them. Probiotics are best from food because those products sold over-the-counter are usually specific and not necessarily what a person may need. We also learned to “Simplify Your Life” and “Health Insurance for People 65+ Years.”

Our quilting projects continue to support very ill children and are well received. Our Lunch Bunch explores local restaurants and enjoys each other’s company. Two projects for Community Service included writing cards for veterans to send with care packages and making skating ornaments for Support Our Troops when they send packages at Christmas. We also have members who support local food pantries, make hats and mittens for underprivileged children, special projects for women’s clubs, volunteers for USO, etc.

Currently we are looking forward to the DuPage County Fair at the end of July.

Paula Polechla
Public Relations, DuPage County

DU PAGE.....

We began this third of the year “Rollin’ on the River” at our Annual Meeting, installing this year’s officers, accepting the budget, and enjoying a delicious lunch. A speaker added a bit of fantasy by giving us ideas on “fairy gardens” and what and how to plant them. She had many examples for us to study; some with no live plants! Several of us went home to practice what we learned.

Additional information came to us through lessons at the U of I Extension Office. The first was “Hold That Thought” where we learned that some forgetfulness is part of the aging process (not that any of us are old!) and there are things we can do to improve our memories.

Among these things are exercises for the whole body, at least 30 minutes three days a week. Since our brain is a muscle, we need to exercise it by doing something new *write a note with your opposite hand, *find a new way to get to a place you go, *find a new game on the internet, etc. *Beading, *adding up your grocery bill, *learning a new language, and others are all things we can do, regardless of our age. *Get at least 7 hours of good sleep a night. Find ways to get rid of the stress in your life. And, be happy!

“Super foods” was another topic presented. The “super” comes from eating fruits and vegetables in the least processed manner possible. In other words, steam veggies, instead of boiling them to preserve their nutrients, or use the liquid for boiling them in soup or stew. Fermented products like sauerkraut and yogurt are

GRUNDY.....

The Grundy County Association for HCE had their 77th annual business meeting at Morris Country Club on Tuesday, April 19, 2016. The theme this year was Music and each table was decorated with miniature musical instruments and notes. Each board member gave their report for the year.

New officers were elected: Patricia Buchholtz, President; Kathy Peterson, First Vice-President; Debbie Sole, Second Vice-President; Yvonne Canik, Secretary, and Betty Pierce, Treasurer.

The entertainment was provided by Marvin Minarich, who sang songs from Dean Martin, Bobby Darin and Frank Sinatra to name a few.

One of our members, Bessie Hexdal, was celebrating her 105th birthday and 62 years as a member. The afternoon ended with all singing “Happy Birthday” and a birthday cake.



*Pictured Left:
Bessie Hexdal,
62 year HCE member*

Continued on next page

DISTRICT NEWS

Grundy County, continue



We are very proud of Kathy Peterson our 1st VP who took the helm of District 2/3 Director and was sworn in at the annual conference this year.

HCE Book Club

The Book Club meets on the 3rd Friday of the month. The following books were discussed - Jan. A conspiracy of Friends by Alex McCall Smith,; Feb. What Alice Forgot by Lianne Moriarty; Mar. Gray Mountain by John Grisham; Apr. The Kitchen Help by Kathleen Grissom; May The Goldfinch by Donna Tartt and Jun. Ordinary Grace by Wm. Kent Krueger. We have the following books scheduled for July - Sept. Tiger Eyes by Judy Blume, The Roundhouse by Louise Erdrich and the Rainbow Comes and Goes by Anderson Cooper & Gloria Vanderbilt.

We had a Container Garden Workshop hosted by Master Gardener - Ginny Bellamy who is also a Grundy County HCE member.



The weather was pleasant and we sat outside learning tips of container planting.

Monica Evans
Public Relations, Grundy County

KANE.....

Five Kane County members, Elaine Bond, Nancy Haire, Pat Kowalkowski, Mari Curless and Naomi Redmann, attended the 2016 IAHCE Conference. Kane County received three Education Awards. These were proudly brought back to the Annual meeting and acclaimed by the membership: Certified Volunteer Awards in highest number of hours (20,478) in District 2/3; highest percentage (70%) members participating; and highest number of members participating in District 2/3. County Family Issues Director Mari Curless encouraged volunteer hours recording to achieve even higher percentages for the 2016 year.

Annual fund raising was completed this spring with a Pfaff Sewing Machine Raffle. Sugar Grove Unit Member, Diane Spoula, was the fortunate winner at the annual Fun Day. Fun Day morning Included a Silent Auction, collection of items for Hines VA Hospital, recycling of items to several charitable organizations and Unit Historical Scrapbooks were on display. Following lunch, Richard Meyer and "Old Time Radio" took us to the days of Fibber McGee and Molly, Jack Benny, George Burns and Gracie, and so many more. We certainly had a nostalgic trip down memory lane.

Kane County's Annual Meeting welcomed members from DuPage and Kendall Counties and the tri-county Director, Sandra Davis. The beautiful setting at the Mill Creek Golf Club in Geneva plus a balmy spring day made for a joyful event. District 2/3 Director Kathy Peterson brought her mother, Lucille Peterson, to join in for the meeting, luncheon and entertainment. Kathy installed the officers and presented each a gift.

Following the luncheon buffet, the Femme Prov entertained with the program "My Mother Always Told Me." The seven performers brought us back to our youth and young adulthood with reminders of the advice often given by mothers. The day concluded with the collection of disposable serving pieces to be donated to Adult Day Care in Naperville. This was a bi-county activity including both DuPage and Kane County.



Elaine Bond, recognized her 2017 Board with beautiful, long stemmed roses.

DISTRICT NEWS

Newly elected Cultural Enrichment Director gathered members to attend a Children's Theater Group of students from across the Fox Valley. On June 26th, following a breakfast/lunch, members saw "The Little Mermaid" preformed at the Elgin Community College Theater. It was thoroughly enjoyed by members and also a few grandchildren.

Kane County has had a busy spring. The Board will continue meetings and planning through the summer and County activities will resume in September as plans are developed for the HCE Week in October. We look forward to our District 2/3 meeting in Oglesby this August.

Nancy Haire,
Public Relations Director, Kane County

KENDALL.....

Linda Rock
from the
Elgin
Historical
Society



Linda Rock gave a program on "Tupperware: The Burp Heard Around the World," at the Chapel on the Green in Yorkville. It was sponsored by Kendall county HCE. The free program asked for free-will donations to help preserve the 1855 historic Chapel. \$112 was raised. HCE likes to support local not-for-profits in this way.

The 18th Annual Victorian Tea will be held on Sunday, October 16 from 2:30 to 5:00 p.m. at Cross Lutheran Church on Rt. 47 in Yorkville. The program will be "4-H Fashion Review....Through the years." Some mothers and grandmothers will be showing their prize-winning 4-H projects. ilReservations are being taken by Beverly Scott, at 630-554-1530. The donation is still only \$15 for the 3 courses of tea and tea goodies.

The Bristol Community HCE Unit was so impressed with the report of four of their members who attended the state conference---on the Penguin Project, that they voted to send a \$100 donation. They received back a letter with more information about the outstanding project.

Joan McEachern
President, Kendall County

LAKE.....



Hello & Greetings from Lake County! I hope everyone is enjoying their summer and YES, it's that time once again to update you on what is happening here in Lake County.

LCAHCE had their 84th Annual Business Meeting, April 22nd at Maravela's Banquets in Fox Lake, IL. The theme for this year's program was "The Best Thing About Memories...is making them." We had about 60 – 65 members that were in attendance, including McHenry County Board members, Kathy Peterson, (District 2/3 Director), Pat Weitzmann (IAHCE International), James Reaves (Lake/McHenry County Director) and members from other HCE Units that were not from Lake County.

The meeting was called to order by Angela Hicks at 9:30 AM and the Pledge of Allegiance was led by Violet Brezinski (member from the Hickory Knoll Unit). Kathy Peterson (District 2/3 Director) installed returning and new LCAHCE Board Members. Angela Hicks, (President), Jane Ellen Keroson, (1st Vice President), Carmella Marshall, (2nd Vice President), Candace Keegan, (Secretary), Sandy Henke, (Treasurer), Sue Jehlicka, (Family & Community Issues), Lauri Hargrove, (Cultural Enrichment), Margaret Hilliard, (International) and Dianne Glozier (Public Relations/ Newsletter Editor). Congratulations to the new and returning LCAHCE Board Members!

Leaving Board Members were Betty Wertke (2nd Vice President) & Verna Minarik (Secretary). Many thanks of gratitude were given to both of these wonderful ladies for their years of service on the LCAHCE Board.



Betty Wertke and Verna Minarik with Angela Hicks

During the Annual Business Meeting, Sue Jehlicka of Town & Country Unit was announced as "The Lake County HCE Member of the Year"!

Last year the Board asked the Units to nominate someone from their unit who most represented Lake County HCE as the Member of the Year. They felt it was time to honor one outstanding member each year who has

DISTRICT NEWS

Lake County, continued

worked diligently to support the various programs, events, and causes of HCE. Sue Jehlicka has been a member of HCE for several years. She has held various positions in her unit and currently holds a position on the County Board (Family & Community Issues Director). She also has either chaired or been a member of various committees and puts in many volunteer hours for HCE. Sue truly embodies the spirit of the position she holds — she cares for her various family members all the while supporting the community with volunteer activities! Sue was greatly honored to receive this award.



*Sue Jehlicks with
Angela Hicks, President*

Congratulations Sue!!!



*Margaret Sneesby
celebrated her
100th birthday
in December.*

There was another long-time member recognized at the Annual Business Meeting; **Margaret Sneesby**. Margaret has served many ways with the Lake County Association for Home and Community Education (LCAHCE). She was President of the LCAHCE in the 1960's, 1970's, and the 1990's. She also held the position of International Director on the county level. Margaret held various positions on the Illinois Association for Home and Community Education (IAHCE). Margaret also served on the Extension Advisory Council and was president of the Extension Building Foundation. She found time to help out at the Lake County Extension office. In December, 2015, Margaret celebrated her 100th Birthday. She received a **BIG** beautiful bouquet of roses from the LCAHCE Board.

Congratulations Margaret!!!

The meeting was adjourned at 12:00 pm and Grace was given by Alva Thompson. A beautiful lunch was served by Maravela's. Followed by entertainment provided by Peter Paresko. Peter was a very good singer and had a good sense of humor. The ladies really enjoyed him.

Many prizes were raffled off. The American Unit was in charge of the Raffle this year. \$952.00 was raised. The Raffle winners were: Jim Schaufel-\$25.00, Virginia Rogodzinski-\$50.00, and Charlene Robling-\$100.00. Congratulations to the Winners!!!

After the Raffle it was time to go home. As usual everyone had a good time and enjoyed their day.

On May 5th it was Gardening Apron Day at the Lake County Extension Office. 12 wonderful ladies cut material, ironed and sewed. Sue Jehlicka delivered 60 Garden Aprons and 60 pairs of gloves to Dale Kehr (Extension Educator for INEP), for the Youth Gardening Program. GREAT JOB Ladies!

The program "History of Chain O'Lakes Boating" was presented by author David Lester on May 10th, at the Lake County Extension Office. There were 29 people in attendance. We filled the tables and set up extra chairs. Everyone thought the program was interesting and very informative.



LCAHCE Board Members L to R: Angela Hicks, Margaret Hilliard, Jane Ellen Keroson, Lauri Hargrove, Carmella Marshall, Candace Keegan, Sandra Henke, Sue Jehlicka, and Dianne Glozier.

Well that's all I have for now and this should bring you up to date. Enjoy the rest of your summer and you will be hearing from me in December!



Dianne Glozier
Public Relations/Newsletter Editor, Lake County

I tried the method of decluttering where you hold every object that you own and if it doesn't give you joy, you throw it away.

So far, I have thrown out all of the vegetables, my bra, electric bill, the scale, a mirror, and my treadmill.



DISTRICT NEWS

LIVINGSTON.....

I will be sending more up for the newsletter tomorrow but I wanted to be sure that you got the photographs right now since we had some problems last time.

New officers were inducted at the April annual meeting .



L - R: Sharon Raymond, Family Issues; Lucille Wiechmann, Cultural Enrichment; Connie Kostelc, Public Relations; Ellie Bossert, Secretary; Shirley Meenen, 2nd vice-president, Arlene Martell, 1st vice-president, Linda Vercler, president.

Six board members attended "Rollin' on the River" at the Illinois State Conference in East Peoria in March. Those attending were: Joan Haren, president; Shirley Meenen, 2nd vice president; Ellie Bossert, secretary; Brenda Collins, treasurer; Lucy Wiechmann, Cultural Enrichment and Connie Kostelc, Public Relations, CVH/Sales. This was the first conference for several members.



Dorothy Patterson

Dorothy Patterson was the featured speaker at the Livingston County Home Community Education Association (HCE) annual meeting. The meeting was held on Monday, April 18 at the Livingston County Extension Office. Patterson was a member of the Red Cross SRAO (Supplemental Recreational Activities Oversea) from 1967 to 1968 in Vietnam. The group was frequently called the "Donut Dollies."

This year's meeting was a brunch provided by the officers. A short business meeting including election of new officers was held followed by the program. It was decided to continue to work on local projects. The Humane Society will be the initial organization to benefit.

Suggested items to donate will be included in the county newsletter. Other projects are planned for later.

Connie Kostelac
Public Relations/CVH Sales
Livingston County

MC HENRY.....

Our 98th Annual Meeting was held April 20th at the Illinois Extension Conference Room in Woodstock, IL. The installation of officers was performed by District 2-3 Director, Angela Hicks. Our new President is Carol Giammattee, congratulation Carol. Leona Rinn our past president who is retiring after 6 years, thank you Leona for a great job! Four members were recognized for over 60 years of membership and one for 50 years.

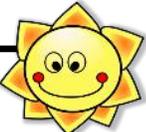
- . Lillian Tesch 75 years
- . Jeanette McCullough 69 years
- . Evelyn Schuring 68 years
- . Erma Winn 65 years
- . Betty Kubat 50 years

Following a catered luncheon by Crandall's Restaurant of Hebron, IL. We had a live Auction with Mayor Brian Sager, Mayor of Woodstock, as our auctioneer. It was a lot of fun and we were able to raise needed money for our treasury.

- Our last two lesson this year were:
- . Head Strong Brain Training
 - . Making Your Own Cleaners

Wishing you all a healthy, happy summer!

Florence Spesard
Public Relations, McHenry County



**A TODDLER CAN DO
MORE IN ONE
UNSUPERVISED
MINUTE THAN MOST
PEOPLE CAN DO ALL
DAY.**

DISTRICT NEWS

WILL.....

Will County HCE held its annual meeting on May 17 at Al's Steak House in Joliet with two-thirds of our membership in attendance. We were honored to have IAHCCE President Jane Chapman and District Director Kathy Peterson as our special guests at the event.

Following the recognition of members with over 50 years membership and our past presidents, the 2016 HCE officers were installed. They are Judy Wunderlich, President; Delores Kratzenberg, Secretary; Carol Partilla, Treasurer; Gail Shaw, Second Vice President; Marianne Eisenbrandt, Publicity; Andrea Zoelle, International; Joyce Volling, Volunteer Hours; Jeanette Johnson, Family Issues & Community Outreach; and Genevieve Zlomie, Newsletter Editor.

Will County Master Gardener Nancy Kuhajda gave a very informative presentation regarding spring gardening tips. Laura "Lol" Walker (Troy Unit) gave highlights of the presentation on Ecuador that she will be giving at the Annual International, Cultural Enrichment and Membership Day that will be held in October. Her two daughters, granddaughter and son-n-law traveled to Ecuador in June 2015 on a church mission. They plan to return again in 2017 to build a home for the disadvantaged.

We were saddened over the loss of Eunice E. "Betty" Shinn, who passed away on May 30. A graduate of the University of Illinois, she was past Edwards County home adviser and Will County home adviser; substituted as a teacher for 16 years at the Lockport School system and Mount Assisi Academy; member of the Early Birds Unit; past member of 4-H Club in White County and led 4-H in Will County for 20 years. Her other accomplishments and interests are too numerous to mention. Betty was a very loyal HCE board member who will be missed by all who knew her.

We would also like to recognize Regena Harris, mailbox member, who received first place in the Artwork Category at State Conference, for her charcoal drawing of a horse.



Laura "Lol" Walker, Troy Unit, gave highlights at Will County's Annual Meeting of the program on Ecuador that she will be giving at the annual International, Cultural Enrichment and Membership Day that will be held in October.

Will County wishes everyone a very relaxing and healthy Summer season.

Marianne Eisenbrandt
Public Relations, Will County

DISTRICT 4 DIRECTOR Mary Eustace



With summer officially here, we all have been experiencing HOT weather! Summer activities with family and friends make for precious memories. Try to stay cool.

Our August District Workshop is right around the corner. This year District 4 & 5 workshop will be held in Springfield, IL. If you have not registered and would like to attend, please give me a call (217) 829-4016 and we can make your reservation. The IAHCCE Board welcomes all HCE members to the District Workshops.

We have four positions available on the IAHCCE State Board and the Nomination Committee is accepting applications for First Vice President, Treasurer, Public Relations/Newsletter Editor & CVH/Sales Director. The Guidebook and or the web (IAHCCE.org) lists the requirements for each position. Please send application to Norma Korte, Nominating Chair by October 1.

Looking forward to seeing you at August Workshop. We will have new officer information and learn the 2017 Annual Conference theme. We will not be collecting items for the "goody bags" for the 2017 Annual Conference. Thank you for your past participation!

The song of a bird is an Angel's voice in the garden. Please enjoy your summer. Every day is a gift.



Mary Eustace

ADAMS.....

Wow, the older I get the quicker the time seems to fly ... with half the year behind us, we will soon be hearing about Christmas in July sales and local county fairs. I am so looking forward to participating in the 75th Adams County Fair which runs July 27th – August 2nd at the fairgrounds in Mendon, IL.

Since the last issue our Adams County Cultural Arts Director, Barb Higley, conducted a lesson on April 6th in the Farm Bureau basement. She demonstrated how to make floral arrangements with both fresh and artificial flowers.

DISTRICT NEWS

Right: Barb Higley,
ACHCE Cultural Arts
Director



Left: Michele Wilkerson
and Amy Looten

The April Lesson for Living, "Using Vegetables in Smoothies," took place on April 15th in the Farm Bureau basement. Amy Looten, ACHCE 1st Vice President, introduced Michele Wilkerson, owner of Grown-N-Gathered in Quincy, IL. Michele gave a lesson on pairing fruits and vegetables and conducted a demonstration on making smoothies. In addition to samples, she provided handouts for those in attendance to take back to their appropriate units and make a presentation during their May monthly meetings.

The Adams County HCE held their 53rd Annual Dinner/Meeting on April 26, 2016, at the Quincy Senior & Family Resource Center in Quincy, IL. There were 127 people in attendance (105 members/22 guests). The ladies of Adams County were excited and very proud that Adams County took IAHCCE 4th Place County of the Year Award.

A table was positioned to display the awards received at state conference. The Walk Around Adams County accumulated 13,224.75 miles reported by 16 individuals. Adams County volunteer hours totaled 19,226. The results of these volunteer hours were three (3) awards in District 4 --- volunteerism for highest number of volunteer hours; highest number of members participating; and highest percentage (79%) of members participating. This was awesome! The friendly competition between Adams County and Pike County HCE continues. Adams County once again maintained the record of most volunteer hours ... thus Pike County will keep Pricilla, the rubber chicken for the coming year.



Table displaying awards.

This year Adams County was able once again to award three (3) scholarships. The deserving recipients were **Abigail Cramsey**, daughter of Bill and Debbie Cramsey of Quincy. Abigail will be a senior at Southern Illinois University – Edwardsville in the fall. Her mother, Debbie, is

President of the Quinsippi Unit. **Keaton M. Schuckman**, is the son of Jill Schuckman of Quincy. Keaton is a senior at Quincy Notre Dame High School. His grandmother, Marcia Schutte, who is a 50-year member of the Adams County HCE and is currently a member of the Paloma Unit. **Michael Sprague**, son of Melvin and Susan Sprague of Plainville. Michael will be a senior at Cedarville University in Cedarville, Ohio in the fall majoring in Geology, with the intent to continue onto graduate school. His mother, Susan, is a member of the Plainville Afternoon Unit and has been elected to the 2016-2017 Adams County Board as our new Cultural Arts Director.

We also celebrated our memberships ... we had two (2) 50-year members – Pat Hosier (Beverly Unit) and Marcia Schutte (Paloma Unit) and one (1) 60-year member – Waneta Farlow (Paloma Unit). In addition, we welcomed nine (9) new members to Adams County HCE this year and looking forward to integrating them into the organization. Honor units were Unity Nite, Burton/Plainville Day, Quinsippi, and Paloma ... each unit was presented a gavel and check by Pat Vaughn, West District Director. On a sad note, via a memorial service led by Ginny Miller and Mary Voorhis we recognized and said goodbye to seven (7) members who passed away last year. Our family will miss them personally and the many contributions they brought to their units.

Right: Mary Voorhis and
Ginny Miller



The last scheduled event before summer break was the Salad Luncheon and craft project held on May 19th in the Farm Bureau basement. Everyone attending had been asked to bring a salad covered dish (with recipe) for sharing. After lunch ... Barb Higley, from the Chatton Unit, provided an informative presentation and led discussions on making our own household cleaning products with simple ingredients that are more economical.

Special Interest Groups

HCE Book Club

The Book Club meets on 3rd Wednesday of the month. The following books were discussed since the last newsletter: April 20th – "The Dressmaker" by Kate Alcott and the last discussion of the year (2015-2016) took place on May 18th – "The Glass Castle" by Jeannette Walls.

Continued on next page 

DISTRICT NEWS

Adams County, continued

HCE Quilt League

The Quilt League meets the 2nd Wednesday of the month. The group completed one (1) Quilt of Valor and had it on display at the annual meeting. In addition, they are also still working on clothing protectors for veterans.

Keep cool and enjoy the rest of your summer! We are looking forward to the Annual IAHCE District 4 Workshop on August 10th at the Southern View Chapel in Springfield, IL.

Leslie Geschwandner
Public Relations Director, Adams County

PIKE.....

Our Pike County HCE friends are continuing to share good times with their units throughout the summer. Our county gave two \$250 Scholarships at our annual meeting this past spring. Congratulations to these outstanding students.

We are working on our program book with lots of activities to be enjoyed by our members. We will incorporate "International Day" recipes and HCE Week for October. We continue community outreach projects with "Unmet Needs" for our county.

Summer plans accomplished can be the goal of all our HCE Units. Enjoyment of family & friends gatherings make a happy heart. Fun outings to Quincy Theatre and working on the Fall Flea Market. From this annual sale we can donate to many community projects. Love summer because judging 4 H Fair children's food entries are very heart warming.

Enjoy your summer activities.

Mary Eustace
President, Pike County

TAZEWELL.....

Greetings from Tazewell County-

Tazewell/Mason/Peoria County HCE recently held their annual meeting and was privileged with the attendance of District 4 Director, Mary Eustace. Mary shared words of inspiration, challenged us to set goals for our county, and installed our new officers. New officers installed were: 1st Vice president-Vivian Gerriettes; 2nd Vice president-Jan Busche, Treasurer-Rosemary Palmer; Cultural Enrichment -Kate Schmitgall; and Darlene Curry-Public Relations. President, Beth Shipley and Secretary, Marge Detmers were unable to attend. Honored as Units of the Year were Deer Creek and East Peoria Homemakers.

The units are currently making donations to place a memorial bench in front of the extension office. The bench will be in memory of Mary Fouts who dedicated many years to Tazewell County Extension and HCE.

All units are preparing to work at the HCE food stand at our county 4-H show the first week in August. The Tazewell County HCE Directors are looking forward to the district meeting to be held in Springfield August 10th

Darlene Curry
Public Relations, Tazewell County

S'more Mug Cake

Mix the following in a large mug until batter is smooth:

- 4 Tablespoons all-purpose flour
- 2 Tablespoons fine crushed graham crackers
- 1/4 teaspoon baking powder
- 1 Tablespoon vegetable oil
- 3 Tablespoons milk
- 2 Tablespoon white sugar

After mixing well, make a hole in the middle of the batter and stick in 2 to 3 chocolate squares. Microwave 60-90 seconds. (Surface should be dry.)

Place one large marshmallow on top of cake; microwave about 4-6 seconds on until marshmallow is puffy.



"Add-a-New Member, Add-a-Pearl"!

DISTRICT NEWS

DISTRICT 5 DIRECTOR Kathleen Emery



Hello District 5 Members -

Summer is almost over and by the time you receive this newsletter many of us will have attended the NVON Conference in Normal on July 19-21.

August means District Meetings. Your state board has been busy getting ready for the week. District 4/5 is August 10 at the Southern View Chapel, 4500 S. 2nd Street, in Springfield. Registration begins at 9:00 A.M. Please remember that you do not have to be an officer to attend. It's a great way to check out offices that you might want to try. If a district meeting on the 9th in Oglesby or the 11th in Effingham is closer to you, please feel free to let that District Director know and feel welcome to attend.

I hope you are continuing to keep a record of your volunteer hours, HCE and otherwise. Continue to encourage new members to join our wonderful organization. Thank you for the invitations to your annual meeting and for the opportunity to install your officers. I look forward to any counties' Annual Meetings coming in the fall.

Hope to see you soon,

Thought for the day:

"We cannot become what we need to be by remaining what we are". - Max De Pree



Kathleen Emery

CHAMPAIGN.....

Champaign County HCE Family and Community Issues continues to keep busy making weighted blankets for autistic children in Champaign County.

On April 24, Elizabeth Michael and Judy French set up a booth at the Autism Walk at the Champaign Fairgrounds. The booth had handouts about the weighted blankets and a display of 28 weighted blankets that have been made by our member were given away to families in need. Carolyn Phelps, Rantoul Unit, has made 25 Linus Blankets, that are given out locally.

Champaign County Home and Community Education held their Annual Meeting on April 28, 2016 at the

Savoy Methodist Church with 98 members attending. Our guest speakers were The Prairie Dragon Paddlers, whose mission is to inspire hope and contribute to health and well-being of breast cancer survivors by promoting wellness through dragon boating and providing outreach activities related to breast cancer awareness. They are Illinois First Breast Cancer Survivor Dragon Boat team. \$146 dollars was collected in-kind donations for the Prairie Dragon Paddlers fight for cancer.

Our second speakers were University of Illinois students who developed a Senior Program on "Basic Technology for Seniors. Five members were honored for being 50 year members of Champaign County HCE. Those receiving a 50 year pin and certificate were: Sarah Davis, Royal Unit; Donna Flessner, At-Large; Jane Foter, Dewey/Fisher; Janis Loschen, Royal Unit; and Joan Stanley, Savoy Unit. A special memorial service was given to those members no longer with us.

Kathleen Emery, District 5 Director, installed the new officers for 2017. Our entertainment was D R Dixie Band. Jane Chapman, IAHCE President was also a guest at our meeting. Also recognized were three members with over 2,000 Volunteer Hours for 2015 and 5 members with over 1,000 Volunteer Hours.

On May 6th, CCHCE had a full bus taking a trip to *Warm Glow Store* in Centerville, Indiana—gifts, jewelry, chocolates, wines, gourmet foods and their own candles they are known for "over 60 scents". We were served lunch at their Stone Hearth Cafe. Next door was the "*Watering Can*" garden center with lots of patio and garden décor. Also, we visited the Antique mall. Our last stop for the day was at the *Beef House* for a delicious meal that topped a great day.

On June 11th, we held our Membership Event "Come Join the CCHCE Crew". We welcomed 4 new members who joined at our Membership Event— **Lisa Lewey-Shields**, Penfield Unit; **Lynda Wingler**, At-Large; **Corinne Saldeen**, Staley Unit; and **Marilyn Dufford**, At-Large. Our guest speaker was Lisa Lewey-Shield, WCIA ci-Living Guest Home Chef who talked and demonstrated on Tasty Ideas and Tips and Tidbits for Singles and Seniors. Alice Kirby, Homer Night Unit, gave a talk on "Meals in a Jar" and how their cooking club was organized and how they prepare meals at their cooking club.

Members in attendance that were recognized for their years of membership in CCHCE and received a certificate from IAHCE were:

- *Beth Anderson*-40 year members, Mayview Unit;
- *Veronica Lawrence*-30 years, Staley Unit;
- *Anita Gilliland*-25 years, Pesotum Unit;
- *Teresa Fabry*-20 years, Rantoul Unit;

Continued on next page

DISTRICT NEWS

Champaign County, continued

- Donna Schirer-10 years, Mahomet Unit;
- Mary Lou Younger-10 years, Early Riser Unit;
- Pat Miller-10 years, Philo Unit; and
- Opal Cameron-60 years, Savoy Unit.

Those not able to attend but will receive a certificate are: Myra Francis-30 years, Betty Rice-30 years, Phyllis Oschwald-30 years, Debby Johnson-20 years and Sharon Lash-10 years.

Also enjoyed was the potato bar that was served. This was the first time we had tried this and had many comments on how they enjoyed the lunch.



At left:
60 Year Member
Opal Cameron



New Members: Lynda Wingler, Marilyn Dufford,
Corinne Saldeen and Lisa Lewey-Shields

Our Craft Club has been making a lot of fun items. May craft was a red, white and blue wreath made with clothes pins and a Memorial Day cemetery piece; June quilt block with paints using a wooden block piece; July will be flower pot stand for herb garden and August will be a Sunflower wreath.

Our next big event is our 5th Annual Garage Sale at the Farm Bureau Auditorium on July 29th and 30th. This is our yearly fundraiser. We will be collecting items during the first part of July—we have a schedule where we will be going to local communities where our HCE Units meet and collect items for our sale. In mid-July we will start pricing items for our sale. July 29 is our set-up day with the sale starting at 4:00 p.m. and continuing on July 30th. We are also having a bake sale both days.

Our upcoming events will be:

July 29 and 30, will be our 5th Annual Garage Sale at the Champaign County Farm Bureau Auditorium. This is our yearly fundraiser.

August 15th – 90th Anniversary Event – Mayview Unit and Bondville/Seymour are celebrating 90 years as AHCE Unit – all CCHCE members are invited to attend Ice Cream Social 2-4 p.m. Farm Bureau Auditorium.

October 17th – Membership/Craft Event – 9:30 a.m. at the Farm Bureau Auditorium.

October 21st – Cultural Art Show – 9:30 a.m.– place - TBA.

November 11th & 12th –Holiday Trees and Craft Show at the Farm Bureau Auditorium. - time TBA

November 16th – International Luncheon at the Farm Bureau Auditorium, time TBA.

Please check our website for updated information on our Activities:

www.champaigncountyhce.wordpress.com

Keep your eyes open for new members!

Carol Froeschl
Public Relations, Champaign County

DE WITT.....

Our Tri-County is still going strong. The three counties are DeWitt, Macon, and Piatt. This year, under the direction of Linda Long, we chose the Breadmonk for our fundraiser and split the monies 3 ways. We nearly sold out his 6 cookbooks. We baked his recipes for refreshments. It was a big success.



Jane Chapman,
IAHC President

DeWitt's Annual Day was highlighted with our State President Jane Chapman. She brought Janel Kassing, District Director 7 (she will be chairman of the 2017 conference).

Jane pitched in with Emily Bates (not pictured) to hold up quilts so the audience could see some made by Melinda Evans.

Melinda had a couple of books to help her arrange the material in the quilts (1800s).

DISTRICT NEWS

Our District 5 Director, Kathleen Emery installed our officers. I always am impressed just how the handouts match the theme. She had boat flags to match the theme "Rollin On The River" and were cleverly fit to the officers duties, too.

We had a wonderful catered luncheon by Basket Case Catering. Tracy Ferrill homemade all the food (except the chips) and served in homemade baskets. We all went home full and satisfied.

Rosalie Summers
PR/Editor of News & Do's, DeWitt County

Our on-going project is collecting "pop tabs" for Ronald McDonald House in Springfield.

Georgette Merrifield
President, Christian County

EDGAR.....

The Edgar County HCE Board is looking forward to working on a new year of activities and education. New programs for the coming year are being selected and activities are being implemented. Coming in June is the annual 4-H fund raiser, for which our units provide help and food.

July is a great month, it is our only fundraiser for the year. We run the Food Stand at our local 4-H Fair. It is a few days of pure labor. (Thankfully!) Cooking, cleaning, cashiering, grilling, and, unfortunately, pots and pans! This enables us, like everyone, to pay our bills. We get to see everyone and socialize at the same time.

This fall we will be hosting a special tri-county meeting with Clark, Crawford and our county. Fun, games, and education will be on hand. Oh, there will be food, too! We can't forget that!



2016 -2017 Edgar County Board

Have a good summer!

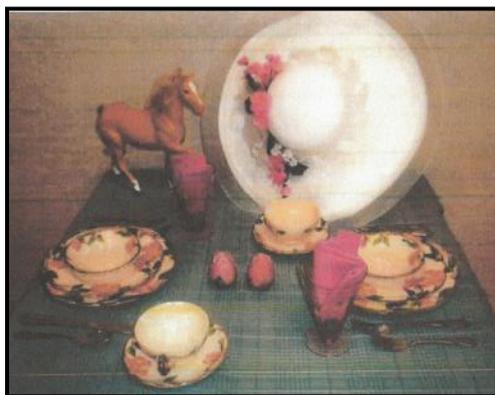
Kate Morecraft

CHRISTIAN.....

Summer greetings from Christian County HCEA.

We installed new officers at our Annual Meeting on March 29. Georgette Merrifield is the new president but past president Julie Pierson is still in the picture as the new 2nd Vice President. You can't keep a good member down! Special thanks to our Illinois President Jane for attending and speaking to us. We still need a Public Information Director & a Cultural Enrichment Director.

Our 23rd annual Table Setting Luncheon and plant sale on May 7th was a success. We had less attendees than in the past but still served 189 meals. The theme was "Wide World of Sports."



"Run for the Roses" by Edinburg Nite Unit of HCEA was voted the favorite table.

We hosted the Spring Retreat in Hillsboro, IL on April 21 for our combined counties. The turn out was fantastic. Amy Calvert Winans, Christian County Coroner, was the morning speaker. She gave a presentation on the duties of her office. In the afternoon, we learned all about orchids from growing to repotting presented by Tom Gephart and Kent Weil. A very nice lunch was served with some fantastic pickles made by our own Julie Pierson.



"Add-a-New Member, Add-a-Pearl"!

DISTRICT NEWS

MACON.....

Welcome to Summer! We do have a busy summer coming up here in Macon County! We are going to be sewing our “famous” pillowcases with 4-H children. We will teach them how to use the sewing machine, sew a seam, and iron it when they have finished. This should be a learning experience for everyone! The pillowcases our members make will continue to be donated to Ronald McDonald House in Springfield.

Our other summer and early fall activities include: bake sales at the Monday night concert at Central Park in Decatur; a tour of the Macon County Historical Museum in Decatur; a visit to Kemmerer Village in Assumption, Illinois to observe Equine Therapy; and an intriguing visit to The Perfect Pair in Warrensburg to see the amazing work of Juntique and Interior Design.

Another interesting tour that we all enjoy so much is to Richland Community College, and this time we will be visiting the Culinary Department to see if we can learn the differences about espresso, lattes, mochas, and cappuccino!

Of course, this summer and fall, many of us will be attending the District Meeting. We will also be hosting International Day in September. Our country of study is Ecuador, and we have already heard from several units about the delicious food that they will be preparing. Each unit also prepares a brief presentation on an area of cultural or educational interest which is presented at our luncheon.

We’re planning a membership event for later in July. Our 2nd Vice President and another member are hosting a “Christmas in July”. All members are encouraged to bring a guest for a fun afternoon of holiday games, goodies, crafts, goodies and more goodies!

Several Macon County members are planning to attend the National Volunteer Outreach Network (NVON) Conference in Bloomington later this month. Some of our members were asked to present Share Shops for the conference. What an honor – we are quite proud of them!

Our program planning meeting for 2017 will be in August. All members are encouraged to attend, or submit their ideas for lessons. It’s a fun brainstorming session, where we whittle down dozens of ideas to about 25 or so to present to the members to vote on the ones they find most appealing. Some really good ones have to carry over until the next year, but sometimes we add an extra one or two throughout the year. We always reward ourselves with lunch after all our hard work.

Our very popular HCE Week activities will begin the week of October 10th. We always have a wonderful turn-out for these programs. Our programs will include: a Tai-Chi lesson, a thought-provoking lesson about our

wonderful flag, followed by an entertaining look at the meals that have been prepared for our nation’s first families; a workshop about how researchers are examining the memory process and what they have found that contributes to brain health, as well as strategies for helping with everyday forgetfulness; and a rug-making session about what it takes to make a beautiful rug. We are looking forward to this week, and all that we will learn!

Our Fall Meeting is in early November, and we will be trying something new this year! We’ll let you know how it turned out in the next State newsletter. Of course, the Cultural Enrichment entries will be on display. We know that many of our members are diligently working on some beautiful works of art to submit.



Activities....

Our Family Issues Chair, Mary Kay Ennis, encouraged all units to collect worn and tattered flags from their families and communities to be taken to a Flag Day ceremony in Mt. Zion June 14. Twenty-nine flags were collected for retirement by the Boy Scouts during the ceremony. Many of our members attended this very meaningful and touching ceremony.



- About 50 ladies were Rollin’ on the River at our Macon County Spring Meeting on May 4. District 5 Director Kathleen Emery was there and offered some inspiring words.

- Our clever centerpieces were made by member Sharon Middleton, adapted from those at State Conference. Member Judy Wilhelm gave a touching memorial tribute for those members who passed away in 2015. Our speaker gave a fascinating talk on the “First Ladies of the United States” telling us that the role of First Lady has been called the second hardest job in America. She equated their role and experiences to the HCE mission statement, “enhancing the lives of individuals and families....”



- Other spring activities have included two well attended Extension lessons - the yummy lesson on “Superfoods” presented by Caitlin Huth and one on

DISTRICT NEWS

growing bucket gardens given by Jennifer Schulz Nelson. We feel good about growing and eating yummy, wholesome food this summer. In June we learned many helpful landscaping tips from a local nurseryman at The Garden Path in Decatur. We were lucky to have an absolutely beautiful day for our visit, and everyone enjoyed themselves immensely.

We hope you all enjoy the remainder of your summer. Stay Cool!

Linda Austin and Ann Adkesson,
PR Co-Chairs, Macon County

There were lessons on Straw Bale Gardening; Food for Thought; Local Grain is Neat; and Save \$\$ Recycle, Re-purpose your Garden. Many enjoyed the April "Play Day" in Pontiac; the Potting Party at Niepagens Flower Shop in Bloomington, about flower designing and a tour of the annuals, grasses and tropical plants; and... in June, Cake Decorating (see photo at right).



The Boys in the Boat by Daniel James Brown was discussed at the recent Read and Share.

We look forward to the 98th Annual Meeting of McLean County HCE on July 12th. We'll roll out the 2016-2017 year of our educational programming starting in September. This will be posted on our website at: www.mcleanhce.org by end of August. This year's National Volunteer Outreach Network (NVON) Annual Conference was held in McLean County in July, at the Marriott Hotel in Normal, IL. Great to welcome everyone from all 8 states to our own "backyard".

We have a bake sale booth at the Downs Village Market on the second Wednesday of each summer month, 4-6 p.m. Everyone looks forward to our baked goods. Proceeds go towards special projects and our scholarship fund.

The McLean County Fair will be August 3rd through 7th this year with Young at Heart day organized by McLean County HCE on Thursday, August 4th, 8:30-11:30 a.m. Seniors 60 years and up have free admission and come to enjoy entertainment, refreshments and educational booths.

We have photos on Facebook, so take a look and "LIKE" our page at: [http://www.facebook.com/#!/pages/McLean County-Association-for-Home-and-Community-Education](http://www.facebook.com/#!/pages/McLean-County-Association-for-Home-and-Community-Education).

Come visit us in McLean County.

Ruth Hood
Public Relations Team, McLean County

MC LEAN.....

McLean County HCE continues to share a wide variety of events and activities for the members.

An amazing spring trip to Springfield in May, had 24 members and 7 guests touring the Executive Mansion; Abraham Lincoln Library for a buffet lunch and history lesson; and a tour of the Abraham Lincoln Museum. One final stop was made on the trip home at the Russell Stover's Store in Lincoln, IL.

At Right:
Linda Lane
"looks up to Lincoln"



Springfield Trip Group in front of the Governor's Mansion

Community Service Days/Cultural Enrichment workshops, classes and special events were plentiful.

Hershey makes 70 million chocolate kisses every day—enough annually to make a 3,000,000 mile long line of kisses.

DISTRICT NEWS

PRAIRIE.....

President Phyllis McReynolds called the annual meeting to order and conducted the Business meeting.

Awards from the State Convention were given out. Officers were installed and a Memorial Moment was held for three members that passed away this past year.

We were pleased to have IAHCE President Jane Chapman and Kathleen Emery, District 5 Representative joining us.

Our speaker was Millie Otto a delightful Amish lady who has written many articles and has a weekly article in the Champaign newspaper, which included recipes and living on the farm. She handwrites the article then puts it on a manual typewriter using the "hunt and peck" method.

She is making plans for family wedding where there will be 500 people. One of the dishes will be using 200 pounds of potatoes! They use a wedding wagon that contains all the dishes, etc. needed for the event. A delicious assortment of food was served along with coffee and tea.



Pictured above: Lois Shuman and Jane Chapman.

Shirley Edwards
Public Relations, Prairie Association

**I come from a town
where a traffic jam
is 4 cars behind a
tractor**

VERMILION.....

Our Annual Meeting Gathering was June 8th, 2016. The luncheon was held at the Crossroads Christian Church Fellowship Hall. Keeping with the State Conference theme of "Rollin' on the River", County International Director, Mary Stampini constructed replicas of the "Water Wheel Logo" and used the Water Wheels for the table decorations. The Illinois State song was sung by 23 members and 8 guests.

Certified Volunteer Hours Director, Diane Reddy awarded certificates to the members that participate in this program. Hours volunteered were 6,360 for our county.

Vermilion County Treasurer, JoAnne Gerard, reported membership in our four county unit is 47. JoAnne also presented the membership awards for our New Member—Becky Evans; 10 Years—Rosella Newton; 15 Years—Sallie Solan; 20 Years—Eleanor White; 30 Years—Virginia Walter and Linda Ingram; 35 Years—Carolyn Tweedy and Mary Stampini; 50 years—Lela Mae DeNeal, Nancy Dolan and Jody Walker; 70 Years—Dorothy Willard.

Following the lunch, Mary introduced Ginger Boas, who spoke of her work as County Extension Director. Next, Lara Darling shared an entertaining and educational rendition of her experiences as a Naturalist with the Vermilion County Conservation District.

A silent auction was a fun event held at this year's meeting. Lots of gently used items were purchased by members and the proceeds were added to our treasury in the amount of \$98.00.

Here is an article I found.

What is HCE?

In a word, Home and Community Education is Education.....But, so much more. While education is a main goal, members enjoy many other benefits, opportunities for leadership and community involvement, a chance to meet new people, make new friends, and so much more!

Members get together monthly in a social setting to learn about family relationships, foods and nutrition, home management, health, consumer issues and the list continues in Education.

—Author Unknown

Have a wonderful Summer! See you next time!

Judith Diane Reddy
VCHCE Public Relations
Assisted by: Eleanor White & Mary Stampini

DISTRICT NEWS

DISTRICT 6 DIRECTOR Marilyn Schaefer



Hello to all my HCE Friends!!

Wow, what weather we are having. Hot and very dry at our house, it rained all around us Saturday and Sunday, we never received any so Monday we started watering the garden. Our garden is a minor worry compared to the corn and beans the farmers have planted.

We just returned from our June IHACE meeting in Galesburg, it was a great meeting and we were done by Tuesday evening but stayed and came home Wednesday morning. We accomplished a lot.

We had a great State Conference in East Peoria in March, thanks to Mary Eustace and Janel Kassing. They did a great job. I hope everyone came home with a new idea and some new friends.

Now it is time to work on the District meetings in August. District 1, 2/3 will be on Tuesday August 9, District 4/5 will be August 10 and District 6/7 will be the last day which is August 11. I hope everyone can attend these meetings, the district directors will be traveling again this year. We will have great things planned for you and you will also get to find out at the District meetings what the theme will be for East Peoria in March 2017.

I have enjoyed visiting each County this year, installing officers and gaining new knowledge from them. I still have about four counties to go. I am looking forward to visiting them also.

We still need officers for the coming year, when called please don't say NO. We do have a lot of fun with all the hard work.

Keep up the good job in getting new members. A new member might be someone you sit by in church or meet out in the public. Invite them to a meeting and let them know all about our organization.

Always keep a smile on your face when talking about HCE to your friends, I have found out that a lot of my friends do not know about HCE so I should make it possible for them to know what a great organization we have.

See you all at the District meeting in August.



Marilyn Schaefer

CLAY.....



Members of the Clay County HCE and 4-H members visited four Flora health

care facilities on Flag Day, June 14, to present veterans with garment protectors. Following a musical number and presentation of the flag, 4-H members presented the garment protectors and refreshments were served.

The garment protectors were made earlier in the year by 4-H members and HCE members. HCE board member Joann Stanford organized the successful event.

Clay County HCE groups have been involved in several other activities over the last few months.

- We were very proud of the results of the butter braid fundraiser, outselling from past fundraising events.
- Many members made cookies and helped at local blood drives, donating the left over cookies to the 4-H camp.
- We received recognition for our volunteer hours.
- Four Farmerette members were honored for over 40 years membership in their club.
- The Farmerettes have entertained several speakers over the last few months; Emily Milner spoke about the Clay County Hospital's Life Masters Club,
- Marilyn Seelman spoke about the Midwest Mission Distribution Center, Ann Carruthers presented information about her family's life while serving as missionaries in Africa.
- The unit also donated items for the St. Stephen's Catholic Church Guadalupe project which provides items for young mothers.
- Some of the items the unit has been making includes walker caddies, clothing protectors, book bags and pillowcase dresses.

Beth Fancher
Public Relations, Clay County

DISTRICT NEWS

CLINTON.....

This is my first state newsletter, so please bear with me. We had a very quite summer since the May News. May lesson was "Cooking Ahead" with Cindy, who did a fantastic program. However we have all our lessons set for the year. November features "Comfort Foods" for the cold weather months and meals such as our mom and grandma cooked. We like to call it "Dinner on a Dime" but in this day and age it's more like "Dinner on a Dollar". Coming up in October we will have a program on "Women's Wellness". The program will start with a light supper of soup, salad, and dessert. Our speakers for the evening will be Dr. Ann and also Carrie who will speak on Medical weight loss. Both ladies are with Southern OB/GYN. We are looking forward to an educational evening.



Toots Tebbe was thanked for her 12 years of service as President of the Clinton County HCE Board. Karen Voss presented her with a red rose.



Cindy Niemeyer, Past Public Relations Chair, Clinton County, is pictured on the right with her mother, Lue Loepker (center), and her mother-in-law, Lorene Niemeyer

Have a great fall season and a Happy Thanksgiving,

Toots Tebbe
Official letter writer, Clinton County

CRAWFORD.....

Crawford County held their Annual picnic in June. Larry Miller, local artist/owner of Coon Hollow Studio, gave a presentation.



Pictured Left: Larry Miller and his wife Barb Miller, former HCE president.

Thirty-seven attended the picnic: Mary Lee Shaw, Nora Lee Buntin, Mary Ellen York, Myrna McNair, Brenda McCoy, Leah Buser, Judy Hardesty, Barb Miller, Mollie Houser, Susan Allison, Caroline Coleman, Nina Rodrick, Eva Miller, Beulah Inboden, Bonnie Finn, Jean Rains, Phyllis Adams, Mary Stampini, Hope Dennis, Jeannie Adams, Martha Holt, Dorothy Osborn, Nancy Fuller, Glenda Beabout, Ginny Hryniewicz, Karen Waggoner, Rhea Hayden, Joyce Tracy, Joan Midgett, LaDonna Harris, Betty Bonham, Shelia Tracy, Coreta Sparks, Marge Shipman, Carolyn Chapman, Phyllis Goodwin, and Pat Kincaid.

Crawford County HCE gave out two scholarships to local girls going to Lincoln Train College in pursuit of becoming a doctor. They will further their studies at a 4-year college after LTC.

The International Program on the Baltic States was held in May with 25 members attending: Helen Bracket, Jeannie Adams, Bonnie Finn, Barbara Miller, Martha Holt, Karen Waggoner, Mary Ellen York, LaDonna Harris, Jo Carter, Nita Jochim, Rhea Hayden, Virginia Hryniewicz, Eva Enlow, Brenda McCoy, Sandy Bryans, Myrna McNair, Susan Allison, Patti Shaw, Coreta Sparks, Hope Dennis, Leah Buser, Rose Michl, and Mary Lee Shaw.

Members Phyllis Adams and Mary Stampini presented the program and made lunch with authentic foods from the area.

Hope Dennis
Public Relations, Crawford County



Pictured above: Mary Lee Shaw showing items from her travels to the Baltic States.

DISTRICT NEWS

EFFINGHAM.....

Effingham Country members have been busy working in their gardens and flower beds, attending weddings and graduations, going to grandkids ballgames, planning vacations, and still have time for HCE activities.

On Tuesday, April 12, we held our 23rd Quilt Show at the Extension Center from 1:00-7:00 p.m. We had 78 Quilts entered in the show with 66 people attending. Ribbons were presented to the top three entries in each of the 10 categories. Also, a "Best of Show" and a "People's Choice" were awarded. At 3:00 p.m., historian, Phil Lewis, gave a presentation, "Quilts of the Underground Railroad." He discussed various ideas about quilts and what their patterns meant to those traveling the underground railroad.

Monday, April 25, was Sewing With Seniors at the Effingham Senior Center. Instead of a sewing projects, the ladies made garden stakes. These items were made from various glassware and glued together to resemble a flower, then mounted on a stake and ready for their flower beds.

Tuesday, May 3, was HCE Sewing Day at the Extension Center. There were fourteen ladies attending and they sewed together 54 clothing protectors, 4 wheelchair caddies, and 22 catheter bag covers.

Sewing With Seniors met again on Monday, May 23, and had a good time making a pincushion thread catcher.

Effingham County sent 25 dresses and 30 pair of shorts with Marialic Burford de Castillo, who is going to Luanda, Angola.

Upcoming events:

July 5 HCE Sewing Day—will be working on walker caddies, and catheter bag covers.

July 12 Program planning meeting for 1st Vice-presidents

July 29-August 5
Effingham County Fair—members will be selling Culver's ice cream.

August 11 District 6 and 7 meeting at St. John's Lutheran Church in Effingham.

September 29
International Luncheon being planned by Linda Schmidt

October 13 Annual meeting to be held at 12:00 at the Extension Center.

Have a safe and enjoyable summer.

Mary Beth Hoene
Acting Public Relations Director, Effingham County

FAYETTE.....

* Fayette County HCE has kept busy with their various projects, continuing with their support of Eden's Glory, the home for Human Trafficking survivors, by still collecting t-shirts, etc. for the residents to make attractive and colorful necklaces and bracelets and tote bags to sell.

The Fayette Units gathered together one day with their portable sewing machines and made several tote bags, which they sent on to the home.

* We held our Get Acquainted Day on April 7, in St. Elmo in the United Methodist Church Fellowship hall, which was roomy, well-illuminated, well-suited for our meeting, auction, and program.

We were fortunate this year to have two interesting speakers. One speaker this was a storyteller, Pam Chase, who is a member of HCE in the Effingham area. She held everyone's attention as she told several short stories with voice inflections and expressions that made the inspirational stories very entertaining as well as thought-provoking and drove the moral of the stories home. She received a very enthusiastic and appreciative applause as she left.

The other speaker was from the local S.A.F.E. office who spoke briefly about the accomplishments and also the needs of the organization. Fayette HCE has responded to their needs and donated to them.

Several certificates were awarded, prepared and presented to members by Donna Blair.

County HCE President, Flo Allen gave several announcements and brought the units up to date on projects and accomplishments, including the awards and news brought back from the conference by the delegates, and other members attending.

*Our 68th Annual Meeting was held on Thursday, June 9, at the Northside Christian Church. in Vandalia. Following the traditional potluck meal on tables with centerpieces in keeping with the "Rollin' Down The River" 2016 IAHCE theme, President Flo Allen called the business meeting to order and led the pledge to the American flag.

* We introduced a round Memorial Table to the meeting this year, patterned after the one pictured in the last IAHCE Newsletter.

The ones remembered this day were Janet Lusch of the Vandalia Day Unit; Vicky St, Clair of St, Elmo; Lucille Dycus of St. Elmo. Sharing a personal note about each one and presenting a flower in their memories were: Anita Smith, Karen Denning and Anna Jean Rhodes. Flowers were placed in a vase, then placed on the table.

DISTRICT NEWS

Fayette County, continued

Panzi Blackwell shared appreciation and thoughts regarding the members who have passed on and of the HCE organization which is a part of their legacy. Blackwell commented on our sadness when we meet each year and find familiar faces are missing, and the need to pay tribute for the service, volunteer hours, dedication, and harmonious spirits that helped keep our organization together and to grow.

She commented, "Our organization is unique in that we have supported and encouraged one another, not in the spirit of competition, but in a spirit of togetherness and common goals to better our homes and communities by all units working together for cleanliness, safety, health, and decency in our lives, homes, schools, and communities, through public educational programs, and encouragement to one another."

* The round Memorial Table, (to show our everlasting concern) was covered with a white cloth, (a symbol of their motives when asked to serve in any capacity).



Placed on the table were:

A single red rose in a vase (reminding each of us who gave of their time, service, and gifts of abilities;

A red ribbon is tied around the vase to remind us to always remember them;

A slice of lemon to remind us of the bitter fate of missing them and be ever appreciative of their service and friendship;

A pinch of salt, the tears when learning of our loss;

An inverted glass –they cannot be here today;

A candle-is the light of hope that lives in our hearts to reflect the goodness of knowing them;

The Bible-for us to gain strength and fait to continue to work together in harmony and friendship;

An empty chair sits next to the table-they cannot sit and join us as before.



As the presence of each item was explained, Ashley Davis held them up. Blackwell concluded the ceremony with a prayer of thankfulness for those who had served and asked His blessing and guidance for the organization.

Certificates were awarded to:

50 years Carol Austin of Wrights Corner;

20 years Karen Denning & Shirley Klitzing; Sefton;

10 years-Sharon Wilhelm - Sefton, Joyce Moore-

Wheatland, and Janice Garrison-Wright's Corner.

Unit of the Year -Sefton and Vandalia Day-co-winners.

Homemaker of the Year-Carol Bridges-Sefton Unit.

Fayette County HCE Board meeting ...

...Was held Monday June 27, 2016, with a special guest, 4-H member, Rachel Zimmerman, a member of 4-H, who shared the speech she made at a competition which won her a class A ribbon, a State fair Delegate Ribbon, and a Superior Ribbon, which means she was the best in class and that she went above and beyond.

Rachel is sixteen years old gave a very sincere talk entitled, "An Invisible Evil: The Detrimental Effects of Eating Disorders", which told of her battle as a young 12 year old girl with anorexia.

As she shared the symptoms and effects of the disease, how it distorts your mind, and can cause death, she was very poised, but also earnest and sincere in telling her story, striving to make the listeners aware of the disease and it's terrible dangerous effects, not only on the body, but also the mind.

She explained and described the disease, the physical and mental effects and which can be difficult to treat, but are treatable. It was a very educational presentation.

She is going on to the Springfield competition. She shared her wanting to go on to study and teach nutrition.



Fayette HCE rose of appreciation for our District Director, Marilyn Schaefer with Florence Allen



Unit of the Year Co-winners-Vandalia day & Sefton. Debbie Peterson, Anna Jean Rhodes, and Florence Allen

Panzi Blackwell,
Public Relations, Fayette County HCE

DISTRICT NEWS

JASPER.....

A Jasper County Association of Home and Community Education project each year is “Books 4 Beginners”. Recently the Association gave each Jasper County kindergartener a book entitled “Llama in Pajamas”.



After reading the book at Ste. Marie and St. Thomas kindergarten classes, (from left to right) Eufala Bigard, Marge Thompson, Freda Weddell, Donna Richards, Sue Wheat and Anita Frohning (not pictured) gave a book to each kindergartener student for them to take home.



Jasper 50+ year members recognized at JC annual meeting were Lavonne Nix, Joan Bergbower, Eufala Bigard, Jane Ochs, Eloise Fritsche, and Marilyn Rubsam, and Charter members Vera Hetzer and Norma Kennedy both 71 year HCE members.

JERSEY.....

Jersey County HCE recently celebrated 85th Anniversary by honoring our long-time members – those who have been with us for 60 years or more. We were honored to have our State President, Jane Chapman and our District Director, Marilyn Schaefer in attendance.

44 members and guests enjoyed a wonderful luncheon served by the Redbird Deli and were entertained afterwards by Phyllis Hand Bechtold with her stories of “Rollin’ on the River” while she served as towboat cook.

HCE members who received certificates for having been a Member of the organization for more than 60 years are:



60 Plus year members: Doris June Gettings, Doris Henson, Evelyn Randolph, Barbara Wock and Doris Noble .

Doris June Gettings of the Fieldon Unit – 61 years; Doris Henson of the Jerseyville “B” Unit – 65 years; Evelyn Randolph of the Jerseyville “B” Unit – 67 years; Barbara Wock of the McClusky Unit – 64 years; and Doris Noble of the McClusky Unit – 63 years. Absent was Esther Searls of Olathe, Kansas, presently a Mailbox Member, formerly of the Fidelity Unit – 69 years; Violet Phipps Fraley of the Fieldon Unit – 65 years and Dorothy Beiser of the McClusky Unit – 63 years – both ladies presently residents of nursing homes. Also receiving posthumously were Dolores Hoffman of the Elsay Unit – 68 years and Leona Randolph of the Panhandle Unit – 64 years. These ladies have recently passed and were remembered at our Memorial Service also.

In April, we brought Fr. Dominic Garramone, the “Bread Monk” to Jerseyville once again. This time he demonstrated and talked about “Herb Breads with a Meaning”. We had another successful event and as always was highly entertained by Father with his stories and again received some great baking tips and recipes.

On June 16, we journeyed to Fieldon where we were guests of the Fieldon Fire Department and spent the afternoon touring the fire station, checking out the equipment and were instructed on Fire Safety and the importance of the Vial of Life availability to the emergency responders.

Elizabeth A. Schwab
Publicity Director, Jersey County



Our generation is becoming so busy trying to prove that women can do what men can do, that women are losing their uniqueness.

Women weren't created to do everything a man can do. Women were created to do everything a man can't do..

DISTRICT NEWS

MACOUPIN.....

Hope you are enjoying the summer! Keep cool! May your celebrations be happy and safe ones.

The Spring Retreat of Macoupin, Jersey and Christian Counties was held April 21 and all enjoyed the program given by Christian County Coroner Amy Calvert Winans and her presentation "A Look into Coroner's Office". After a lunch the afternoon was spent learning all about Orchids.

It was great seeing so many attend the Annual Meeting May 26. Everyone enjoyed the program on Support Dogs. Congratulations to all the members who received awards for Volunteer Hours. Great work! A lot of members brought items for the silent auction and all were generous in bidding on items. The proceeds help with our county expenses.

Southern Macoupin County Head Start children were the recipient of a project by the Mt. Olive HCE Unit. The group donated books, coloring books and crayons and filled bags to give to the children to take home on the last day of school. Hope this will encourage the children to read and also something to do this summer. They were very happy to get these and were anxiously checking the bag to see what was in it as you can see on the picture below! The picture below shows one of the classes of the 47 children receiving these bags attending this center.



*Joyce Duelm
Mt. Olive Unit
handing out
gift bags*

Projects of other Units in Macoupin County:

Bird Unit

Donated to Macoupin County 4-H Foundation.
Donated clothing for school children.

Nilwood Unit

Wrote cards for veterans (Sponsor - Daughters of the American Revolution)
Made donation to person who lost home in fire
Made 12 card holders for residents of Morse Farms (These are to enable residents to hold playing cards.)

Do More

Made donation to food pantries in Girard and Virden

The Macoupin County Board gave two awards for 4-H Club Winners at the Macoupin County Fair.

The County has a craft day each month. The past month T-shirt bags were made, microwave holders for bowls and aprons made from men's shirts.

Our lessons for the past three months were "New Ways to cut your Electricity Bill", "Learn How to Identify and Maintain our Wild Flowers" and "Simplify your Life by Clearing Clutter". A lot of discussion on this lesson. We all seem to have a lot of "clutter"! Lots of ideas were presented! Now we need to get busy!

Joyce Duelm

Public Relations/CVH, Macoupin County

MADISON.....

I cannot believe it is July already. The year is flying by and it is hot in Madison County. We had a wonderful Annual Meeting on April 25th. We appreciated that Marilyn Schaefer installed our officers.

Kathy Staroba from Collinsville is our new President. Vi Huebner is our Community Outreach; Candy Huckleberry and Emily McDowell took over the Public Relations position. So this will be my last article as Public Relations. We had the 60's Chicks from Edwardsville YMCA perform songs from the 60's.

Chip Shaffer, pictured left, talked to us about HOPE FOR HEROES and his appreciation for MCAHCE's part in donating items and money.



The 60's Chicks perform at the Madison County Annual Meeting

DISTRICT NEWS

On May 10th, Priscilla Plocher and MCAHCE 2nd Vice Chairs put on a lovely membership brunch for the new members and their sponsors. They decorated the tables with the "Rollin' on the River" theme. There was a delicious assortment of finger foods for everyone to try. Thanks to Priscilla and her team for a pleasant evening. It makes us all want to get a new member to join so we get invited to the party.



Emily McDowell and Candy Huckleberry, Public Relations Co-Directors for 2016-17.

Registration Table



New members that attended the membership brunch. The picture is only a partial of all the new members invited to the brunch.

On May 24th we took our county tour rollin' down the river to St. Genevieve, Missouri. We got a warm reception at the Visitor's Center and a preview of what St. Genevieve had to offer to its visitors. We visited two historic properties and the museum, had lunch at The Brick House and did some shopping at the quaint shops in the afternoon.

We welcomed our new board members at our June meeting. The board is looking forward to the District 6 & 7 meeting in August.



Board: L-R: Marilyn Schaefer, Gloria Hartmann, (after the meeting, special nomination of Candy Huckleberry and Emily McDowell for PR) Eleanor Gregory, Vi Huebner, Beth James, Maureen Betts, Connie Grapperhaus, Priscilla Plocher, Carol Chappel, Kathy Staroba and Claudia Harju.

We will hand out packets to the unit officers at the Board Luncheon on August 23rd. Also, on Saturday, August 6th we will be holding our Summer Cool Down at the Senior Services Plus Center in Alton. If anyone would like to receive a brochure as to the classes offered, contact Claudia Harju at 618-433-1907 (you may not get this info in time to participate, but we will be doing a Winter Warm Up in February, 2017).

Eleanor Gregory, International Director, is planning our International Night, Ecuador for Monday evening, October 10th. On Thursday, November 3rd we will have our Christmas In November--Christmas on the River. If you'd like more information, contact Kathy at 345-6684 or Vi at 254-0368. Enjoy the Summer!

Gloria Hartmann
Public Relations, Madison County



This year our Project in Common with the National Volunteer Outreach Network (NVON) is

“Eat Local, Eat Healthy.”

DISTRICT NEWS

MARION.....

At the April meeting, Board members answered roll call with "What would you be doing if you weren't here?" Several agreed they would be outdoors enjoying the good weather or traveling. Plans were finalized for the Annual Meeting. It will be our 70th. One of our Marion County Units, Young at Heart, recently celebrated 60 years and will be honored along with our two remaining Charter members. Plans also continued for the "George Portz and the Friends of Bluegrass" fundraising event to be held in June. Flyers will be printed in time to share at the Annual Meeting.

The Marion County Training presented in April was "How to Collect Seeds" by Marion County Master Gardner Cyndee Harness who is also a member of the Town and Country HCE. How to collect seeds for both vegetables and flowers was shared as was information about the Master Gardening Program. This completes our lessons for this program year. Following this event on Thursday, a two-day Annual Book Sale which benefits the Marion County HCE Scholarship Fund was held on Friday and Saturday. Thanks to long-time Chairperson Sue Swartzel and her volunteers, a wide selection of books was offered including hardback, paperback, children's books, and Christian authors. Recently published as well as beloved authors and donation to the Marion County HCE Scholarship Fund. During this program year, Marion County has distributed \$1500.00 in scholarships.

The 70th Annual Meeting of the Marion County AHCE was held Thursday, April 28, at the Marion County Extension Office in Salem. The Illinois HCE Theme, Rollin' On the River, was chosen for the celebration.

Marilyn Schaefer installed the Officers of the Marion County Board for the upcoming 2016-2017 year. In keeping with the theme, she used nautical flags to denote and explain the duties of each Officer.



Officers (pictured above) are: Dorothy Bruce Co-Chairman, Ruth Jones 2nd Vice-Chairman, Phyllis Henson Co-Chairman, Connie Williams 1st Vice-Chairman, Carrol Murray Secretary, Pat Young Treasurer. Not shown are Betty Eutsler Financial Officer and Directors Paula Barksdale, Margaret Parsons, and Donna Schwartz.

Recognition was made of the following members: Ruby Shaffer and Wilma Vandever for being 70 year Charter members; Wanda Keele and Jean Monical for being 60 year members; Rosalie Maxey for being a 50 year member; Mary Bushue, Karil Garrett, and Jeanie Searby for being 25 year members. The Young at Heart Unit was recognized for celebrating their 60th year and one of their members, Margaret Parsons, was named Homemaker of the Year. Cartter was recognized as a Blue Ribbon Unit. Greenbriar, Kinmundy, Meacham, Town & Country, and Young at Heart were recognized as Red Ribbon Units. Steve Smith presented a very informative program telling us about the gift boxes packed and shipped to soldiers, a program we supported with a fundraiser last year. His site can be visited at www.stevescarepackages.org. Fun was had by all as the door prizes provided by each unit were distributed and tea and cookies were enjoyed.

Tickets for the "George Portz and the Friends of Bluegrass" Concert to be held at the Salem Community Theatre at 110 South Broadway in Salem on Saturday, June 25, at 7:00 pm went on sale at the Annual Meeting. They can be purchased by calling the Marion County Extension Office at 618-548-1446. Tickets for adults are \$10, kids 12 and under are \$3. Proceeds will benefit the Marion County HCE and help fund events, programs, sponsorships, and scholarships for members and within the community.

It was announced at the May Board meeting that an informational meeting will be held Thursday, May 19, at the Marion County Extension Office for those who expressed interest earlier in the spring about forming a new group. Those attending will have questions answered by current HCE members and a planning meeting will be held by the new club in June to organize their meeting dates and elect officers. Important summer dates were noted and Board members were encouraged to submit Pulse Recipes for the Cookbook to be distributed at the August District meeting.

At the June meeting, Board members were saddened to hear of the upcoming retirement of long-time Marion County 4-H Program Coordinator, Marilyn Thompson. She is a valuable and beloved member of the staff in Marion County. HCE has enjoyed having her as a speaker regarding current 4-H programming and working with her to select the recipient of the annual Marion County HCE 4-H Award. We wish her all the best. Reminders were made regarding the upcoming Fundraiser as well as information that needs to be returned to the office for the new year. Programming for the new year is complete and Program Books as well as Minor Lessons for the new year will be distributed at the July Board meeting.

Connie Williams
Public Relations, Marion County

DISTRICT NEWS

DISTRICT 7 DIRECTOR Janel Kassing



Ahoy Mateys,

Having just returned from State Board meeting, we are now gearing up for August district meetings. Looking forward to seeing you all again in Oglesby, Springfield, or Effingham.

Also planning for a great state conference in March, 2017. In August we will reveal our new theme and logo for conference. We will once again be in E. Peoria March 14-16.

I enjoyed attending 8 Annual Meetings in my district during April. They are all so diverse that it is always interesting going and meeting our members. We have such a great organization-Let's try to get the word out-IAHCE should not be a "best kept secret".

Our board will lose 4 super ladies whose office terms are up so we're looking for some more super ladies who wish to join us for fun, work and great friendships. We work hard when it's time but enjoy lots of giggles and comradery. Turn in your application soon.

We had many more scholarship and support fund applications this year by spreading the word. Great job to everyone who applied for either.

See you in August to learn our new theme and logo. It is so hard to keep the secret-can't wait to share. We are hoping to sell even more ads for next year's conference booklet. Won't your county please purchase an ad to try to offset the printing cost of the booklets? We will have information for you at August District meetings. We have some new ideas to share!

Set Sail, Adventures Await,

Janel Kassing



HAMILTON.....

Summer has finally arrived in southern Illinois along with quite a lot of rain. All the spring flowers and shrubs have been really beautiful.

We seem to keep busy in Hamilton County. Our annual Taco Lunch and Bake Sale went well. Our April lesson "Oh, Where Did I Put That?" was held at Heritage Woods Assisted Living facility. It was very interesting

and enjoyed by all who attended. It is amazing how many things we misplace.

Our Annual Day, held on April 28, was fantastic and well attended. Our ladies did a great job with the theme, "Rollin' on the River." Decorations and games were perfect for the theme. We enjoyed a delicious catered meal after the business meeting, followed by games and entertainment by some of our talented members. It was just a great day for all who attended.

We played riverboat games. Ike & Tina & backup singers did a performance of Proud Mary.



The Piopolis Busy Bees 4-H club did a flag folding demonstration along with an explanation of what each fold Represents.



Blue Ribbon Award Winner — Twilight Unit

Continued on next page

DISTRICT NEWS

Hamilton County, continued

Our annual picnic was held at Dolan Lake on June 6th. It was a beautiful day, perfect for a picnic. We had a crowd of more than 50, including some from a local nursing home and the assisted living facility. Everyone enjoyed the picnic lunch, followed by Bingo and crafts. This activity is a great way to make our organization known in the community.

Several residents from Heritage Woods and McLeansboro Rehab and Nursing Center joined us and playing Bingo.

*Below:
In keeping with the theme, Rollin' on the River, we made paper boats.*



Jane Chapman visited with Marie Sadler, Hamilton County HEA's only living charter member.



We hope that everyone is caught up on spring cleaning and gardening, and will be able to relax and enjoy the summer months.

Bernadine Drone with Becky Belcher and Karol Brown
Public Relations, Hamilton County

JEFFERSON.....

Ahoy!

We here in Jefferson County hope all of you are staying hydrated and coated with sunscreen. Summer is here to an unusual extent. The heat and humidity are not stopping JCHCE.

April 18, we held our 74th Annual Meeting, "Rollin down the River with JCHCE" The facility was decorated using nautical decorations. In addition, a receptacle for our food donations looked like a ship, we are so fortunate to have such creative members and just as fortunate to have members fill the ship up with food for the needy. The recipient of the JCHCE Memorial Scholarship was Rebekah Lynn Donoho, of Bluford, IL. She will attend Kaskaskia College, and major in Agronomy, the science of soil management and crop production. Everyone seemed to enjoy the musical entertainment and the lunch buffet. Our April lesson educated us on Herbs- medical and cooking. It was an informative lesson. Quite a few herbs had medicinal properties we had no idea about. We also had samples of herb plants to help us identify them.

In May, we learned to 'Simplify Life by Cleaning Clutter'. The number one thing told to us "If it doesn't bring you 'joy', you should pass it on, in a yard sale, or donate it to a facility that could use it. We received two very heartfelt thank you notes from the food pantries we donated our food collection to. These past few years the need has escalated, and they do appreciate the added support from JCHCE. We also started thinking ahead to HCE Week, it will not be long before we need to get the information out to members.

With all the rain we had been experiencing the June lesson on 'Weed control for your garden' came at the perfect time. Our gardening members may have picked up and a few different ideas. It is hard to believe that 1/2 of the year is already over. Our members have signed up to judge in the 4-H Project Show, it astonishes us the projects that are presented by the 4-H Youth.

As we roll on down the river into the next three months, we continue to increase our membership and work on projects to help our community and provide lessons for living.

Have a safe and blessed summer.

Janice Wagner
JCHCE PR



"Add-a-New Member, Add-a-Pearl!"

DISTRICT NEWS

JOHNSON.....

Once again the Johnson County HCE held an elaborate luncheon for area ladies, as the fundraiser for their scholarship project.

The Mother's Day Luncheon was held on Saturday, May 7, at the Community of Christ Church near Tunnel Hill.

HCE Board President Faye Mize welcomed the full house to the gourmet luncheon that included: tossed spinach salad, chicken casserole, glazed carrots, rolls, beverages, and a choice of layered desserts, all made by members. Each table for eight was covered with a floor-length tablecloth, and decorated with silver, glassware, cloth napkins and china place settings of members. Providing the tablescapes were: Irene Webb, Ann Stachowiak, Faye Mize, Marsha Jackson, Phyllis Webb, Cara Webb, Beverly Bishop, and Diane Leslie, who also provided the peony centerpieces.



The invocation was provided by Phyllis Webb. Cara Webb provided the taped background music. Themed gift baskets were provided by the four county units and individuals, for the silent auction.

President Mize introduced Rosemary O'Keefe, a local columnist and speaker. Her inimitable presentation was a tribute to all women, especially the mothers, with humorous highlights of her experience through the decades, as a wife, mother and grandmother. Her special guest was her 14-year-old granddaughter, Callie Rose, of Kentucky.

Another special guest and speaker was Carla Hunter, Goreville, proud mother of the county's famed artist, Abraham Hunter. He had been invited to speak to the ladies, but had been called to New York City, where his latest exhibit was taking place.

The county HCE is especially proud of the young artist's success, and that his first public showing was at the HCE "Art in the Park," another of our community projects. We have watched his career expand and grow, with his art now being shown all over our country.

Door prizes were provided by the generosity of area businesses and individuals, with each guest taking home a prize.

The ticket sales, at \$5 and \$10, brought in \$715 and the silent auction netted \$531.

This year's scholarships were presented on May 3, at a luncheon by the HCE board at The Vienna Diner, for recipients, Bailey Edwards, Goreville High, and Shawna Oliver, Vienna High, with both their dads attending.

Dixie Terry
Publicity Chair, Johnson County

PULASKI-ALEXANDER.....

The Pulaski-Alexander IAHCE recently hosted a scholarship fundraiser at Shawnee Community College in Ullin, Illinois. It was a great success, funding 4 scholarships of \$500 apiece. A country ham 'n beans supper with all trimmings, including homemade desserts started the evening.

Special thanks go to the K & I Drifters who provided fun, foolishness, and musical entertainment for the evening. Cakewalks and raffles provided extra income in addition to the supper meal tickets. Many patrons also donated generously.



Volunteer auctioneer Brent Miller was assisted by Kalynn Crain at the live auction of gifts donated by area businesses and Community members. →



Net proceeds from the event help fund the scholarship program for Pulaski-Alexander HCE.



Joe Bierbaum, left, Clown, musician, and potato fryer, served seconds to those attending the scholarship event.

DISTRICT NEWS

Pulaski-Alexander, continued

Sue Johnson, right, and Marilyn Kerr, both HCE members, represent the 25 Pulaski-Alexander HCE members.



All members contributed food and manned work stations as assigned by co-chairpersons Flora Helman and Mary Jo King under the direction of board Chairman June Badgley. The scholarship winners will be given their awards at their school's senior award programs.

"betty shumaker" <bshumaker13@gmail.com>
Pulaski-Alexander

RANDOLPH.....

Members of the Randolph County Association for Home and Community Education (HCE) held their annual meeting in April.



Carl Nowak of Columbia was the guest speaker at the annual Meeting of the Randolph County HCE. He spoke on the country of Latvia. With him were his daughter, Hannah and Levi. The family adopted Levi and his sister, Sophia, from Latvia.

MASSAC.....



UPCOMING EVENTS

Massac County Youth Fair,
July 15-23: Go out and see what the youth in our community are doing for their projects.

District 6/7 HCE Workshop, August 11 at Effingham:

If you have never attended, this is a worthwhile day to learn more about the different offices you might hold in your units and county.

International night is September 22th. 6:30 p. m. We will study the country of Ecuador with June Sielbeck as our guest. She has made several trips with Habitat for Humanity to Ecuador.

October 5, Massac County HCE Salad Luncheon,

serving 11:00 a.m. to 1:00 p.m. at the Metropolis Community Center.

AJMPU Mini Conference, October 10th at Shawnee College.

Recognizing Local Emergency 911 on September 9.

Thank you Massac County HCE members for you donations to Ronald McDonald House! Thank you to Don and Judy Parr for taking these items and 65 lbs. of tabs to Nashville, TN.

Norma Korte
Public Information, Massac County

President Janel Kissing of Red Bud presided at the business meeting and introduced the members of the board. They are Charlene Woods of Red Bud, first vice, Judy Pour of Red Bud, second vice, Gertrude Helmer's of Steeleville, secretary, Donna Wetzell of Red Bud, treasurer, Shirley Hohgreffe of Chester, family issues chair, Ruth Nagel of Red Bud, community outreach chair, Joan Wiegand of Red Bud, cultural arts chair. Cheryn Sutton of Steeleville, ways and means chair, Jane Lucht of Red Bud, public relations chair and Shirley McCormick of Ellis Grove, international chair.

They invited the Nowak family of Columbia who have adopted two children from Latvia. They had to go and live there for a month and chose to stay in Riga, the capital of Latvia, during their month-long stay to get acquainted with the children. Riga is the oldest existing medieval city and was founded in 1201. Nearly one-third of Latvia's population lives in Riga.

Their biological daughter, Hannah, developed an impressive power point presentation of their stay in Latvia for her second grade class, and it was shown at the meeting.

Awards were presented to members who reached their goals for volunteering. Also demonstrated was the folding and meaning of the American flag.

Members are in the process of assembling Linus blankets and lap blankets for veterans. They are engaging the 4-H members and other children to help with the project.

Jane Lucht
Public Relations, Randolph County

DISTRICT NEWS

WAYNE.....

2016 has been a very busy first half of the year for the Wayne County HCE. In February each year University of Illinois Extension. The Fairfield National Bank and, with HCE lending a hand, host Women's Winter Shop. The day is filled with many interesting topics and, of course, a great lunch plus door prizes. The kicks being if you win a prize, you serve on the following years committee. The shop is well attended by Wayne and surrounding counties.

When the weather has cooperated, the craft club has been busy making many beautiful items.

Our Community Outreach has been collecting non-perishable food items to be donated to WADI food pantry. Box tops and pill bottles are collected to be donated to schools. Donations of needed items for Nursing Homes, Pregnancy Center, Wabash Area Development, hospitals, and other local agencies are ongoing.

Three Wayne County HCE board members attended the Jefferson County HCE in March. The two exchange ladies from Estonia told the group of their Illinois visit. The group learned more about what "Pennies for Friendship" is used for around the world.

The entire county has been busy this winter and spring with major fund raising projects. Each year a beautiful quilt is made by members and tickets are sold throughout the year. This years quilt was won by our own Past-president, Pat Vaughan.

In April, we held our annual pork chop and bake sale in the parking lot of the Methodist Church in Wayne City. The chops were prepared by Steven Ehrhart in his large smoker. The county HCE members donate homemade pies as well as other yummy baked items. We have a long line of customers — nothing left over.

Our annual meeting was held April 25th on the Frontier Community Campus. The hall was beautifully decorated by our International Chairperson—our now new County President. Each year a delicious baked potato bar is provided by the county board. A wonderful buffet of potatoes, toppings for the potatoes, plus a choice of salads and many delicious desserts to choose from. This is a tradition enjoyed by all.

An interesting program was presented by Andrea Shupe and Becky Vaughan on Essential Oils.

A book fair was held with member's donating books. This year many books were available donations.

After the great meal and interesting program, new 2016-2017 officers were installed by Janel Kassing, District VII Director.

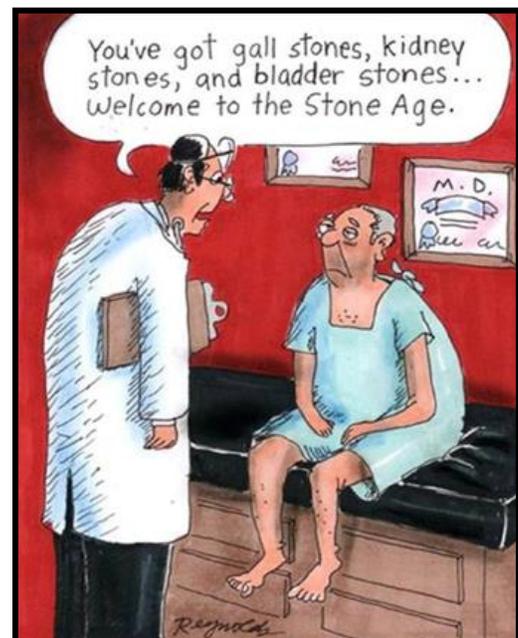
We are proud to announce our new Wayne County Board:



Wayne County HCE Board Mary Lou Simmons, Cultural Arts; Dixie Woods, Secretary/Treasurer; Rosalee Pearch, 1st Vice President; Louise Rodatz, President; June Auvil, 2nd Vice President; Karen Mayfield, Family/Community Issues; Sheila Walker, Intercultural. Rusty Grogan, Public Relation was not present.

The Wayne County HCE Board is looking forward to several new challenges this year. To gain new members or start new units are some of our goals, along with working with the 4-H groups. We always welcome new members. If you want information on membership, please contact the University of Illinois Extension office at 618-842-3702.

Louise Rodatz, President
Rusty Grogan, Public Relations, Wayne County



DISTRICT NEWS

WHITE.....

White County HCE member's have made a difference in the lives of others thru our community activities this year. We participated in White County Relay for Life Cancer Crusade with a bake sale and a bingo fund raiser. Thanks to all who donated and gave time and talents to honor our HCE member we lost to cancer and also our family members.



Our Style Show and Luncheon was a great success with lots of good food, fun with family and friends. The models and fashions were great. Thanks to Kerston Land for modeling a dress from the Civil War era. She stated the women's styles changed over the years, but the men's styles didn't change much. It was interesting to see how styles changed over the years.

Left: Kerston Land

Annual Day was well attended and a good day was had by all. As always Ludene Taylor made our tables look beautiful and we thank her for the time and donation she puts in to all of our activities. At this time we would like to say thank you to our Chairman Ruth Norris for another year of interesting activities and the hard work she puts into those activities.



(Note the clever way to recognize volunteers, board members, award winners...for all their hard work during the year!!)

Last but not least we had our end of the year picnic with lots of food, fun, and games for all. We are now busy planning for a great year ahead with new membership in mind. Even the smallest act of kindness makes a huge impact! We as HCE Volunteers helps us create an impact on our community!



Don't forget July is 4-H month, so do something for 4-H.



White County HCE Board members

Thanks for a great year,

Fran Matheny
Public Relations, White County



DISTRICT NEWS

WILLIAMSON.....

Williamson Co. HCE is on the move. We have a new office in Marion at 101B East DeYoung. The board will meet July 7 in the new location.

Other events include the Care & Share unit preparing and serving a 5th Saturday lunch for the Lighthouse Homeless Shelter on April 30. In addition, that unit has a semi-annual bingo event for veterans at the Marion VA Nursing Home section of the hospital. The most recent bingo event resulted in \$109 in winnings for the veterans there. Crab Orchard unit prepared and sold crafts and baked goods May 14-15 at the Art Fair held at the Williamson Co. Fairgrounds sponsored by a local art group, LEAA. On Sunday chili and hot dogs were sold in their booth to help with their efforts to raise money for a scholarship for a Crab Orchard High School student. The board also wants to raise money for a county scholarship and a committee has been formed to plan this community outreach project. The annual meeting will be October 27 in Marion at the 3rd Baptist Church. We will have our annual Bazaar at the Lion's Depot in Marion on November 19.

Several board members are looking forward to the mini-district meeting in Benton on June 28. Our International Luncheon was a success with several speakers including a student from SIU who spoke about her country and enjoyed the recipes from Ecuador and food provided.



Shown above is the raffle quilt for this years HCE Bazaar in November. Barbara Eastwood, center, pieced the quilt top. Barbara has donated several quilts to Williamson County HCE.

Marie Samuel
Public Relations, Williamson County

SANGAMON..... (District 5)

Our winter into Spring kind of skipped and went directly into Summer-like weather. It gave us all an opportunity to tour historical sites, eat good food, craft, quilt, eat more good food and enjoy the good company of our members through the various events. At our Annual Meeting, we had the great pleasure of famous guests like our HCE President Jane Chapman and District 4 President Mary Eustace who both gave us inspiring and motivating words for continued growth.

We were also joined by three former US Presidents' wives who gave an enactment of life during their times. We learned about the historic values of people gone before us to encourage us in going forward in the promotion of importance of our involvement of Home, Community, Education efforts.



Above: President's Wives from the Auburn Chatham Unit . Members from L-R: Elaine Murray, Jody Harden, Judy Campbell and Jane King.



Left: 4-H Sewing II— Capitol Unit members (L-R) Stella Taft and Ann Dabbs getting everything ready for the kids

Below: 4-H Sewing I— Sewing a pillowcase



So many members "step up" to lead and support our County organization. One member organized a session to teach several 4-Hers different skills in sewing. Most of the sessions saw more members present to assist in teaching these young people than young people. Several members led the charge for developing a co-county event. Other upcoming events will be our annual picnic in July, co-County event in August and our annual Fall Festival in September. If anyone is planning on traveling to Sangamon County at the end of September stop by for great bargains on wonderful items, food and a chance to win a beautiful Amish-made red, white and blue quilt.

Mary Johnson and Kathy Roman
Public Relations, Sangamon County

IAHCE SCHOLARSHIP AWARD WINNERS



JOHN COOK

JOHN I. COOK

Vermilion County

University of Illinois/Springfield

Family member an IAHCE member for 50 years

“I am an active member of Phi Kappa Tau, which crafts persons of character, credit, and ethics; I hold these values closely and I aim to perpetuate them through my Phi Kappa Tau membership. My plans are to graduate from the UI, Springfield in Spring of 2018 as a Capital Honors Scholars Student with a Bachelor’s degree in Computer Science. To acquire pertinent experience within the field, I have been working for Watchfire Signs, as a Software Engineering interns, 40 hours each week every summer since I graduated from Catlin High School. Watchfire has invited me to continue to work for them until I graduate and they are considering me for employment afterwards. This scholarship would be a great advantage to be financially. I have many bills I must pay on a regular basis and this scholarship will allow me to allocate less time toward working and more time toward my coursework.”



MARIE HART

MARIE HART

Rock Island County

United Township High School, East Moline

Family member an IAHCE member for 25 years

“My educational goal is to attend Iowa State University and obtain a bachelor’s degree in Engineering. I chose Iowa State University because I believe it will give me the best education and knowledge to obtain a career in the engineering field. I will have to pay out-of-state tuition to attend Iowa State University so by receiving this scholarship it will definitely help lessen my debt. After looking into lots of Universities Iowa State University seems to be the best fit for in accomplishing my goals. I am looking forward to college, obtaining my degree and securing a job in engineering. At Iowa State University I will have an opportunity to do an internship that will hopefully help me secure a job that I love. I will have a student loan after graduating so this scholarship would help a lot.”



LEIGHANNE HILDEBRAND

LEIGHANNE CLARE HILDEBRAND

Clark County

University of Illinois/Champaign-Urbana

Family member an IAHCE member for 39 years

“My goal upon graduation from the University of Illinois is to attend the U of I for one more year to get a master’s degree in accounting, and then obtain my CPA (Certified Public Accountant) designation. This scholarship will help offset the cost of attending the University of Illinois, a school ranked number two in the country for accountancy. This coming year, I plan to study abroad in England for a semester. I have completed a job shadow and want to complete more my sophomore year. Money for both of these experiences comes straight out of pocket. This scholarship will help me afford the career building experience that I hope to complete in the next year in addition to the extra expense of a fifth year for a master’s degree.”



SHANAE JONES

SHANAE NICOLE JONES

Jefferson County

Waltonville High School

Family member an IAHCE member for 6 years

“I had many experiences with children in abusive situations while volunteering at Crossroads Hospital. I have a desire to be a child protective attorney. Many children are being returned home to the unsafe situations. I believe God gave the passion for community service so I can stand up for abused children. I will major in Political science with a Pre-Law minor at University of Southern Indiana. I am convinced the USI will give me the knowledge to be able to pass the LSAT and get into law school. This scholarship would be appreciated as it would help to ease the financial burden of college. My parents have helped me to realize I can achieve any goal I set; however, sometimes financial business can get in the way of big aspirations. Obtaining this scholarship will be one step closer to reaching educational goals”.

INTERNATIONAL — ESTONIA



You'll see from the copy of the recent e-mail below, that Rutt is very busy with farm and hosting activities. Ene is working through most of July at her college employer to make up the time she spent in Illinois. The flowers shown are from Ene Pak's garden.

NOTE: email from Estonia visitor to Pat Weitzmann

From: **Rutt Tuvike**

Date: Tue, Jun 14, 2016 at 1:21 PM

To: Patricia Weitzmann <pweitzmann5@gmail.com>

Hello,

Today is mourning day in Estonia. Today in 1941, 75 years ago, was ruined lot of homes, lot of people was sent to Siberia. Today we visited cemetery, put some flowers on the parents and grandparents graves.

Every time when I open your email I catch a guilt-feeling. But the time is flying by, so many things to do. By evening I am very tired. I have been doing a lot of gardening lately. But I am afraid that the seeds won't grow as they should. This spring have been extremely dry and warm, so the soil has dried out completely.

On the beginning of July our women will host the Latvian women. We have this tradition that we visit each other from time to time. To see what others have been up to. For example, we are showing our handicraft and some farms to them at this visit. Hopefully it all goes well and smoothly.

Soon it is Midsummer day, when we celebrate the beginning of summer with huge bonfire and BBQ outside. Those who have swings will definitely swing. In Estonia swinging is a big deal especially at the midsummer day.

Best wishes to you and all Illinois women.

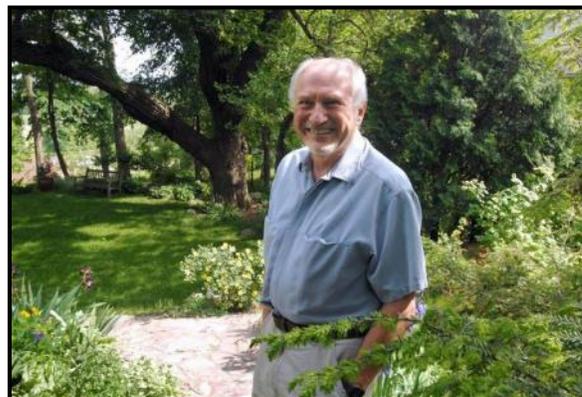
Best regards,
Rutt

Rutt sent July 4 greetings to us and mentioned the weather problems surrounding getting her raspberries to market.

Clipping sent by former International Director, Peoria HCE,
Mary Ann Smith.

Journal Star, Peoria, IL Sunday, June 26, 2016

Excerpts from article written by Leslie Renken.
Contact: irenken@pjstar.com



Dr. Michael Ihlenfeldt recently made a donation to the Catherine Museum in Tallin, Estonia of a valuable 18th century painting of his Estonian ancestor, Natalia von Buxhoeveden. She was a member of the Estonian aristocracy and lady in waiting to two Russian empresses. The woman in the painting was only recently identified even though the painting by a famous Russian portrait artist had been in his family for six generations.

A retired anesthesiologist, Michael Ihlenfeldt inherited the painting from his mother. It was shipped to Peoria from her home in South Africa. Ihlenfeldt's earliest memories of the painting were when it hung in his childhood home in Germany. She was his confident as long as he can remember. Ihlenfeldt fondly named the painting "The Lady in Waiting". It was a sad day for him when she was packed up and taken away by a company specializing in the shipping of fine art.

Ihlenfeldt's grandmother was born in Estonia. Her father was the mayor of Tallinn in the late 1800s before the family fled to Germany to escape political unrest.

Ihlenfeldt searched for several years for the painting. His quest had become more important in recent years as he has gotten older. Last year, he received an answer from the Estonian embassy in Washington, D.C. with an answer.



"The Lady in Waiting" is currently hanging in the Estonian Embassy in Washington, D.C., and soon will make the journey to Tallin.

Ihlenfeldt says, "She has traveled for 120 years on three continents-- Europe, Africa and America-- and it's time to go home."

(To read the entire article, click on

<http://www.pjstar.com/entertainmentlife/20160624/peorian-donates-valuable-family-paintings-to-Estonia>

PENNIES FOR FRIENDSHIP

DONATIONS EXPANDED

Pat Weitzmann
IAHCE International Director

A change to the IAHCE Bylaws in March 2015 allowed for a 10% increase in the percentage of Pennies for Friendship monies IAHCE administers for use in Illinois. Happily there was enough money to expand our donations to include local non-profit organizations nominated by HCE/HEA county organizations. New nominations will be accepted until December 31, 2016. A Nomination Form/Application will be available at the August District Meetings.

At the June 2016 IAHCE Board meeting \$1,700 in donations was approved:

\$400 for IFYE

5 Illinois 4-H Youth Exchange participants to a foreign country this summer:

- Gwendolen McDaniel – Peoria County – Japan
- Sophia Loiacano – McHenry County – Japan
- Susanne Russo – Winnebago County – Korea
- Lana Fitzgerald – Champaign County – Korea
- Lydia Fulton – Macoupin County – Costa Rica

\$400 for LABO inbound program - 54 Japanese youth and their chaperones staying at host homes in Illinois mid July – mid August

\$300 for Homes of Hope - Bloomington/Normal, IL - residences for developmentally disabled adults in Normal – nominated by McLean County HCE

\$300 for Women’s Care Clinic – Danville, IL – counseling and support involving pregnancy options, including adoption - nominated by Vermilion County HCE

\$300 for Rainbow Riders – Monmouth, IL - therapeutic horseback riding services (many recipients have autism) – nominated by Warren County HEA.

Because of the generosity of IAHCE members this past year, these donations could be made.

Thank you.



BOARD NOTE

THANKS TO THESE VOLUNTEERS

The IAHCE Board met in June in Galesburg. To be able to get more work done in a shorter time frame, Mercer County and Warren County HCE members brought in a couple meals for the Board members...good food and good conversation is a combination that is hard to beat! Thanks to all of you who helped!



Mercer County HCE: (L to R) Susan DeBlock, Elene Waters, Marcia Duncan, Judy West, Donna Pinger.



Warren County HCE: (L to R) Diane Carlson, Dola Boles, Peg Chambers, Diane (Skip) Federow

*Life is full of give and takes
Give thanks
and take nothing for granted*

NEWS AND NOTES



IT'S SOCIAL MEDIA TIME

*Sharon Middleton maintains the IAHCE website:
www.iahce.org

*Sharon Davis has begun a Facebook page:
[State iahce](#)

Please feel free to post any pictures or events concerning HCE that you have done on the **Facebook** page. What a great way of promoting HCE and getting new ideas.

Many counties have started their own county Facebook pages be sure to check those out also.

—Sharon Davis



“Add-a-New Member, Add-a-Pearl”!

Ladies,

For the 2017 conference, we are not going to use goodie bags.

We have appreciated your participation in the past but would like to try something new. We will have giveaways to all attendees at each meal on Tuesday and Wednesday.

If your county would like to sponsor any of the items, please let us know. Any dollar amount is helpful and your county will be acknowledged verbally and in print in the conference booklet.

Please call or email Janel Kassing, Sharon Davis or your district director. Our phone numbers and emails are in the front of the booklet.

Janel, Conference Chair
 Sharon, Conference Co-chair

DATES TO REMEMBER

IAHCE DISTRICT WORKSHOPS

Districts 1 and 2/3 August 9, 2016
 Illinois Valley Community College
 Oglesby, IL 61348

Districts 4 and 5 August 10, 2016
 Southern View Chapel
 4500 S. Second Street,
 Springfield, IL 62703

Districts 6 and 7 August 11, 2016
 St. Johns Lutheran Church
 903 W. Jefferson,
 Effingham, IL 62401

Deadline for Pennies for Friendship
 Send to treasurer, Bev Combs November 20, 2016

Deadline for sending dues
 Send to treasurer, Bev Combs December 30, 2016

Deadline for Membership Report
 Send to District Directors January 5, 2017

IAHCE Annual Conference March 14-16, 2017
 Embassy Suites, E. Peoria, IL

SUPPORT FUND GRANTS

Yes, seven grant applications were received this year.

The Support Fund Advisory Committee will be meeting via a conference call on Thursday, August 18, to make the decisions of which applications receive a grant and for how much money.

Applicants will then be notified by September 1 of the Advisory Committee decision.

Bev Combs
 Advisory Comm. Chair

**ILLINOIS ASSOCIATION FOR
HOME & COMMUNITY EDUCATION**
1190 Chelsea Way
Decatur, IL 62526

Non Profit Org
U.S. Postage
PAID
Decatur, IL
Permit No 180



.....clip and send with check.....

Subscription to IAHCE Newsletter
1 Year Subscription - \$9.00 - Three Issues

Mailed in May - August - December

Deadlines for Articles- April 1, July 1, November 1



Name _____
Address _____
City _____ Zip _____
Telephone w/Area Code _____
County _____ District _____
New ___ Renewal ___ Address Change _____
e-mail _____

Mail to:
Pat Hildebrand
302 N. Hutton Drive
Newton, IL 62448
E-mail:
normpat4@yahoo.com
Checks to: IAHCE